Rural Childhood Cancer in Arizona: A Needs Assessment

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Abstract

Childhood cancer affects nearly eleven-thousand children under the age of fifteen years each year, which launches families into a treatment trajectory of unforeseen complexities in several domains. As pediatric oncology healthcare providers tailor family-centered care for these highly fragile children, it is vital to understand the family's lifestyle and available community resources. Children residing in remote areas may experience more burdensome needs as they progress in the cancer treatment trajectory, which healthcare providers may not be aware of unless the information is specifically solicited or incidentally discovered. Use of an evidence-based needs assessment for families who reside in remote zip codes will aid in identification of unique needs and assist the multi-disciplinary care team to specifically tailor interventions to the family. Forty semi-structured interviews were conducted with parents of childhood cancer survivors using an expert-validated needs assessment tool. The purpose of this Doctor of Nursing Practice (DNP) project is to develop a needs assessment for children with cancer in order to identify which needs are amplified in a remote community in order to match and create resources to meet those needs. *Keywords: Pediatric oncology, needs assessment, rural residence, health*

Rural Childhood Cancer in Arizona: A Needs Assessment

Children and families affected by a childhood cancer diagnosis will face a myriad of needs that may be largely unforeseen to the family. These include socioeconomic, psychosocial, educational, and psychological needs. Children residing in rural or remote areas may experience these needs uniquely as their cancer diagnosis creates demand for multidisciplinary sub-specialty care that is not widely available in rural or remote areas. Knowledge, awareness, and definition of these needs aids in developing interventions and creates opportunity for interdisciplinary provider to support children and families in their childhood cancer journey.

Problem Statement

Childhood cancer is defined as the presence of either solid tumor or liquid neoplasm in a patient under eighteen years of age (American Cancer Society, 2021). Cancer under the age of eighteen years is a relatively rare but a serious incidence, comprising approximately 1% of all cancers diagnosed (American Cancer Society, 2021). A projected 10,500 children under the age of 15 years will receive a cancer diagnosis nationwide in the year 2021 alone and of those diagnosed, nearly 1200 children will die from their disease (American Cancer Society, 2021). The most commonly diagnosed childhood cancer is leukemia (28%), followed by brain cancers (26%). Specifically in Arizona, over 300 children are diagnosed with cancer per year (Arizona Cancer Registry, 2019). While predicted five-year survival is respective to the type of cancer diagnosed, the American Cancer Society (2021) data on five-year survival from a childhood cancer diagnosis is approximately 84%.

Childhood cancer affects patients of diverse socioeconomic and ethnic groups, subsequently creating a variety of unforeseen needs which correlate with the patient's culture, geographic location, socioeconomic status, and family unit arrangement (Delvar, Feng, & Johnson, 2019). Children with cancer residing in rural and remote areas are widely understudied, as the population is small due to rarity of disease. Interestingly, Gila County in Arizona has the highest rate of childhood cancer diagnoses

per capita each year, and is designated as rural county according to the Health Resources and Services Administration (HRSA). This data further demonstrates the vital need to understand how families residing in rural and remote areas can best be supported during their cancer treatment trajectory. Other counties designated as "rural" in Arizona, according to the HRSA, include Apache County, Graham County, La Paz County, Navajo County, and Santa Cruz County.

Purpose and Rationale

Robust knowledge about children with cancer living in rural areas can positively affect the quality of healthcare provided on both micro and macro scales. The gap of knowledge pertaining to the care of rural childhood cancer patients is known in a specific tertiary care facility serving these children in Arizona, however this gap is present at the state level as well. The Arizona Department of Health Services (ADHS), Cancer Control Plan is a document that is edited and updated every four years and published for healthcare professionals and the public in order to better understand cancer in Arizona. Historically, this document has neither reported nor discussed any childhood cancer related data or topics. An addendum to the 2014-2018 Arizona Department of Health Cancer Control Plan included the first community report on childhood cancer. Increased knowledge of the needs of children facing a cancer diagnosis while residing in a rural area would aid in a robust and accurate understanding of the current state of childhood cancer in Arizona. This information will aid in developing targeted interventions to best support childhood cancer patients and their families through treatment. The data collected in this project can aid the ADHS Childhood Cancer Coalition workgroup in identifying ways to better serve this patient population in addition to creating further awareness of childhood cancer and acting as a voice for a patient population who is too young to speak for themselves.

The purpose of this DNP project is to use a systematic and exhaustive literature review to create and implement an evidence-based needs assessment which will accurately identify the multi-faceted and unique needs of pediatric oncology patients residing in a rural or remote setting.

Background & Significance

The body of evidence surrounding needs specifically associated with childhood cancer is limited; and even more limited when the search is narrowed to specifically rurally-residing children. Through synthesis of evidence, the impact of unforeseen needs affecting childhood cancer patients are wellidentified. These include psychosocial functioning, lack of financial resources, psychological impacts, and increased parental/sibling general needs. The general needs of pediatric oncology patients are relatively easily identified in the literature as is the incidence of extended burden on rurally-residing families. Identification of specific comprehensive healthcare needs unique to pediatric oncology patients and families residing in rural areas is scarce in the literature.

Sample

Unique to children who live outside of urban areas, a new cancer diagnosis and subsequent treatment will likely require either relocation or frequent transportation to a tertiary care center, which may potentiate changes in home and family structure. Fluchel et al. (2014) found that social and financial burdens of caring for a childhood cancer are compounded by residing rurally, specifically among children who lived two hours or further from a pediatric oncology specialty care facility. A study performed by Walling (2019) also identified that distance to both emergent care and specialty care was a unique burden to families, affecting socioeconomic factors and psychosocial coping factors. Daniel et al. (2013) found that patients residing in rural locations needed the most assistance with arranging for lodging accommodations surrounding tertiary care facilities. Of note, children residing in rural areas are more likely to live in low-income homes and there is high-quality evidence indicating that these children often experience worse health outcomes than urban-residing peers (Peltz et al., 2018).

Intervention

Due to the relatively small incidence of childhood cancer and, specifically, rurally-residing children, current evidence is widely outdated and very limited in quantity. While specific surveys found

in the literature are varied, the general consensus of collected current information pertains to parental presence, employment status, and income level (Daniel et al., 2013; Fluchel et al., 2014; Hall & Gardner, 2019; Karlson et al., 2013; Ramsey et al., 2019, Roser et al., 2019). Additionally, familial support structures, identifying who else is residing with the child, and potential barriers the family foresees are also widely studied. A study by Kerr and colleagues (2007) identified that needs could be well-defined by a multi-question paper survey supplemented by personal interviews with families. Another study by Wakefield et al. (2013) found success in assessing rural needs pertaining to accommodation specifically via telephone. A study by Qi et al. (2017) used a questionnaire known as the Cancer Patient Needs Questionnaire which was completed by parents of pediatric oncology patients. A study by Karlson et al. (2013) was able to accurately identify needs of pediatric oncology patients by utilizing the Psychosocial Assessment Tool 2.0 during routine clinic visits.

Current Practice

Evidence-based standards for psychosocial care during the pediatric oncology treatment process are well-studied, but are not specific or explicitly inclusive of children living geographically removed from a tertiary care facility. A study by Kazak et al. (2015) indicated that psychosocial screening of pediatric oncology patients and families is commonly not standardized or considered to be up to expectations with evidence-based psychosocial care. Scialla and colleagues (2017), used a healthcare provider survey to assess perceived level of psychosocial care success. The results indicated that while provider perception indicated that psychosocial care in the facility met standards of care, there were gaps in care standards for psychosocial and risk assessment of pediatric oncology patients (Scialla et al., 2017).

Outcome

The body of evidence supports identification and definition of pediatric oncology-patient needs through use of a standardized needs-assessment tool via questionnaire, interview, or phone (Kerry,

2007; Qingying et al., 2017; Wakefield, 2013). Knowledge of needs aids in more family-centered care as education and resource allocation is tailored to what is necessary to support the family as a unit (Daniel et al., 2013; Fluchel et al., 2014; Hall & Gardner, 2019; Karlson et al., 2013; Ramsey et al., 2019).

Internal Evidence

In a large urban, metropolitan city in the Southwestern United States, a free-standing pediatric academic medical center serves children and families facing an oncologic diagnosis from the entire southwestern region of the United States. This includes children residing locally and in surrounding urban areas, children residing in rural regions of the state, and children residing on neighboring Native reservations.

A multidisciplinary subspecialty team routinely addresses needs the patient's cancer journey may elicit during their inpatient hospital stays and outpatient clinic appointments, including physical daily needs, mental health needs, health literacy-needs, educational needs, and coordination of followup throughout the cancer treatment process. The child and family's needs are typically assessed by a social worker using a standardized assessment at the time of diagnosis, and later the child and family are followed by a social worker assigned by diagnosis throughout the child's oncology journey. The existing tool screens families for many risk factors such as living situation, method of transportation, insurance status, school support, family mental health needs, and existing support systems. This psychosocial screening tool is not designed to capture needs specific to families traveling to Phoenix for treatment from a remote or rural location.

Use of standardized social work assessments may or may not capture needs unique to families residing outside of the urban area, further augmenting the need for this project. Currently, social workers, nurses, and physicians who educate patients prior to hospital discharge must synthesize information collected during the family's care to ascertain readiness and resource availability in the home setting as a trajectory for long-term care success.

PICOT Question

The specific needs of rurally-residing pediatric oncology patients in Arizona are widely unknown. This gap in our knowledge has led to the PICOT question: Among rurally-residing pediatric oncology patients, what intervention could be used to accurately identify needs that municipally-residing children may not experience?

Search Strategy

In order to answer the aforementioned PICOT question, an exhaustive literature search was performed, including databases and thorough searches of pertinent scholarly journals. Four databases were searched: PsycInfo, Medline, and PubMed, and CINAHL. These specific databases were chosen for their pertinence to the topic and availability of high-level studies. The databases were searched by each keyword in the PICOT question, including *pediatric oncology, childhood cancer, pediatric cancer, rural, rural-residence, needs-assessment, and psychosocial needs*.

Due to limited amount of research on the topic, other search terms included *pediatric medically fragile needs, complex childhood illness needs, rural residence and chronic pediatric illness*. MeSH terms were utilized to widen the search. Exclusion criteria included articles older than 2005, lack of peer review, articles whose interventions focused on cancer survivors, and articles not written in English. Inclusion criteria for the literature search focused on needs assessments of children affected by cancer or children residing rurally with a chronic illness requiring ongoing support and supervision by a tertiary health facility.

In PubMed, an initial search of "pediatric OR childhood" and "cancer OR oncology" and "needs assessment" resulted in 502 articles. Narrowing the search terms to "pediatric or childhood" and "cancer OR oncology" and "rural" within the last five years resulted in 209 articles. A search of "pediatric or childhood" and "cancer OR oncology" and "needs assessment" and "rural" resulted in 15 articles.

The initial search in CINAHL included the terms "pediatric oncology OR pediatric cancer OR childhood cancer OR children with cancer" and was limited to the last five years, resulting in 5550 articles. That search was narrowed by the addition of "needs assessment OR needs analysis" which resulted in 63 results, still limited to the past five years. Further adding "rural or remote OR isolated OR regional" narrowed the results down to seven articles.

The PsycInfo database search was limited to the past five years of literature and the initial search using keywords or phrases of "pediatric OR childhood" and "oncology OR cancer" and "needs" resulted in 507 articles. Using the keywords or phrases "Pediatric OR childhood" and "oncology OR cancer" in addition to "needs assessment" resulted in 109 articles. The search was narrowed with the addition of "rural" which resulted in 30 articles.

Medline database initial search using the keywords or phrases of "pediatric OR childhood" and "oncology OR cancer" and "needs assessment" resulted in 678 articles. The second search consisted of "pediatric OR childhood" and "oncology OR cancer" and "rural" and "needs" and resulted in 58 articles. Data search saturation was reached as the several of the same articles appeared across the databases.

In addition, grey literature was searched from Arizona State Department of Health and Center for Disease Control and Prevention well as assimilated epidemiological data. Ancestral literature search was performed on the ten articles selected for synthesis and several others throughout the search. The highest-level studies were selected from quantitative literature, and the most recent and relevant qualitative literature. Each article was critically appraised and placed in evaluation and synthesis tables (Appendix A, B and C).

Critical Appraisal & Synthesis of Evidence

In order to review the body of evidence, a rapid critical appraisal checklist was used to evaluate quality and level of evidence of each article utilized. The majority of studies were low level evidence and studies were a heterogenous mix of quantitative and qualitative data, with primarily qualitative data.

Study designs included mixed-method research and cross-sectional analysis, one systematic review, and one randomized-controlled trial. Qualitative designs used to examine the phenomena included ethnography, phenomenology, and grounded theory.

Measurement tools commonly utilized included in-person semi-structured interviews, openended interviews with parents or key informants, questionnaires completed by parents at varying appointments throughout cancer treatment and use of telephonic questionnaires. Validated and evidence-based questionnaires utilized were the Psychosocial Assessment Tool (PAT) and Cancer Patients Needs Questionnaire (CPNQ). Other interventions included a Distress Scale (DS) tool, and research study specific tools interviews with parents (Appendix B).

Several pertinent common themes were identified throughout the literature synthesis, including incidence of disproportionate burden for rural families due to travel, loss of financial stability/income potential, and challenge in ability for the parent to be physically present when the child received treatment or was hospitalized. Among families with a childhood cancer diagnosis, regardless of geographic location, highest needs were consistently seen between educational needs and emotional support needs. While this trend in research results was not localized to rurally-residing families, it could also be reasonably inferred as an increased burden due to distance traveled and lack of local support system (Appendix A & B).

The samples in each study were heterogenous, including variations in parent education, marital status, gender of parent participating, distance of residence from the tertiary care facility overseeing care, and age/gender of the pediatric oncology patient. Additionally, there is heterogeneity of assessed needs whether the data was collected retrospectively during a later phase of the cancer treatment trajectory, or initially at onset of new diagnosis.

The most commonly identified theoretical framework used in the critically appraised research studies was the Pediatric Psychosocial Preventative Model (Kazak et al., 2016; Walling et al., 2019;

Warner et al., 2015) with additional articles applying the Shared Care Model (Daniel et al., 2013), Chronic Care Model (Martinez-Donate et al., 2013; Thewes et al., 2016;), Orem's Theory of Self Care (Fluchel et al., 2014), Supportive Care Framework for Cancer Care (Kerr et al., 2007; Ugalde et al., 2019) and the Health Belief Model (Graves et al., 2015). Qualitative studies grouped findings by common and recurring themes within several domains of need – including psychosocial, emotional/coping, health literacy/education needs, and financial needs.

Analysis of Evidence

Childhood cancer is a rare diagnosis, and children residing rurally with a childhood cancer diagnosis are even rarer. This presents a challenge to healthcare providers of all disciplines as these children and their families may commute for treatment, may choose to reside locally for treatment, and do experience compounded complexities related to rural residence. While there is limited research available pertaining to these children and the needs they face as they fight cancer, they often present to tertiary clinic care centers or regional care centers for unforeseen medical needs. This incidence demands that the healthcare team identify their needs and consequently develop interventions and processes to alleviate burdens throughout the cancer treatment process, thus reducing rural health disparities for this vulnerable population.

Use of methods based on the best evidence for the development of a rural needs assessment will require cultural humility, a large time investment, physical and emotional presence, and willingness to empathize, hear and understand the family's needs. Use of qualitative and quantitative research strategies such as semi-structured interviews, self-administered questionnaires, and telephonic data collection are effective in capturing, defining, and categorizing needs of highest incidence in families who face a childhood cancer diagnosis in a distant location.

Theoretical Framework

The Pediatric Psychosocial Preventative Health Model (PPPHM) was originally designed by Kazak in 2006 for the purpose of general pediatric psychosocial needs assessments in social work. It was then adapted by Kazak and Noll (2015) to focus specifically on the needs of pediatric oncology patients (Appendix D). This framework was selected to guide this DNP project because it identifies that universal psychosocial screening is indicated, but as risk factors are identified (such as rural residence, low literacy, or socioeconomic struggles), the care allocated and care delivery is honed-in and targeted specifically to the needs of the family. The PPPHM is a triangular framework which allows the family to move fluidly between groups as their risk factors change throughout the treatment trajectory (Kazak & Noll, 2015). This framework has successfully been utilized in several pediatric oncology-specific studies, allowing familial needs to be identified as they evolve and change due to compounding effects of cancer treatment. Utilizing this framework for rurally-residing children allows for equitable identification of risk factors for the purpose of allocating resources maximally for the best interest of the patient. The results from this needs assessment will also help the organization and the state of Arizona develop interventions to meet needs that may be presently unknown or unaddressed.

Implementation Framework

Within the guiding theoretical framework of the PPPHM, Lean Six Sigma can be utilized to implement an evidence-based quality improvement project. Lean Six Sigma (Carreira, 2006) framework operates to define needs through the data collection process, measure the incidence and prevalence of identified needs, analyze the needs assessment process and subsequently make improvements. The ultimate goal is to improve efficacy and cultural humility in serving children in rural areas throughout the trajectory of their cancer treatment (Appendix E). Lean Six Sigma allows for each step to fluidly flow into the next in a unidirectional fashion, allowing the process to be repeated in order to best quantify and define the gap of knowledge pertaining to pediatric oncology patients residing rurally. The steps are simple in concept and are directly transferrable to this project specifically. Lean Six Sigma could be utilized for staff education prior to launching the DNP project in order to unify team members, engage stakeholders, and promote personal investment in the success of developing this needs assessment. Should this initial process of developing a needs assessment be unsuccessful, Lean Six Sigma guides the user in a repeat process allowing room for improvement and re-implementation with evaluation and sustainability built into the model.

Implications for Practice Change

Synthesis of evidence supports implementation of a rural-specific needs assessment for children diagnosed with cancer, preferably within the first six months of diagnosis. The results of this needs assessment will serve as a model of a method to assess ongoing needs in this population. The results of the needs assessment, ultimately, may enhance an intervention to match needs to existing resources, or highlight areas where interventions require honing to best serve this fragile sample. By analyzing the results of semi-structured interviews and self-administered needs assessment questionnaires, most common needs can be defined and categorized to tailor interventions from all members of the multidisciplinary hematology/oncology treatment team. The results of the needs assessment will be examined for the highest prevalence of needs in specific domains (such as psychosocial, literacy, travel/accommodation), and parental perception of needs assessment adequacy.

Stakeholders for this intervention would include hematology/oncology physicians, bedside nurses, outpatient clinic nurses, nurse practitioners, social workers, and therapists of varying disciplines. Engaging stakeholders may require initial education and legwork to combat preexisting perceptions that needs are already assessed by social workers on a standardized basis, which would hypothetically require no further intervention. Stakeholder intervention is crucial to the success of this project as the manpower required to collect data is crucial in order to define needs, develop interventions and eventually allocate resources.

Methods

An evidence-based and expert-validated psychosocial screening tool was designed specifically to capture the unique needs and increased burden experienced by families traveling to Phoenix, Arizona for treatment (see Appendix G). Experts who validated the tool included a hematology/oncology social worker, psychologist, physician, two pediatric nurse practitioners, and an outpatient clinic nurse coordinator. The questionnaire was evaluated especially for cultural humility and sensitive handling of delicate topics contained within the survey. The questionnaire was designed to compare self-reported needs from both locally-residing familes and families residing in rural or remote areas. Rural areas were counties designated by the United States Health Resources and Services Administration (HRSA) and include the following counties: Apache, Greenlee, Graham, La Paz, Navajo, and Santa Cruz. In order to capture families who still traveled long distances for treatment but did not reside in a formal rural-designated county, families residing greater than 50 miles from the designated tertiary care facility were considered "remote" and included in the sample.

The sample was derived from an existing database of childhood cancer survivors whose guardians consented to future research when they were added to the ongoing database. The database has an existing Institutional Review Board (IRB) approved protocol at the project site, to which a modification was approved by the IRB for this project. The Arizona State University IRB deferred to the project site's IRB oversight (see Appendix G).

In order to capture accurate recall for this retroactive cross-sectional study, the sample of childhood cancer survivors studied completed active cancer treatment within the last seven years. Phone calls (n = 105) were made to parents of childhood cancer survivors. Forty interviews were completed for a response rate of 38%. Voicemails were left when able, and two follow-up phone calls were made if a voicemail was left. Completed phone interviews lasted between seven minutes and thirty-three minutes. Due to the small sample size, both patients in rural-designated counties and patients who live greater than 100 miles from the tertiary care facility overseeing their cancer treatment were included in the sample. Half of the 40 patients interviewed resided in Maricopa County, and half of the patents resided in either a rural-designated county or greater than 100 miles from the project site. Interestingly, approximately twice the number of telephone calls were made to metropolitan families in order to obtain at least twenty parents in the urban group. This included twice as many voicemails left for metropolitan families. Families residing in rural areas were more likely to answer on the first call and be willing to answer questions without scheduling an alternate time. Both groups of parents expressed eagerness to share their journey in hopes of helping other families gain support and resources.

Data collected was analyzed and aggregated using descriptive statistics, and Chi-square tests of independence to identify relationships between variables. Data analysis was specifically done to identify and define needs reported by parents of children residing in an urban area versus parents of children residing in a rural or remote area. There was no funding received for this project.

Results

Demographics

Captured data represents ten counties in the state of Arizona, including the rural counties of Navajo (10%), Apache (5%), Gila (2.5%), and remote residences in Coconino County (5%), Mohave County (5%), Pima County (7.5%), Yuma County (10%), and Yavapai County (5%) (See Appendix H, Table 1). Average travel distance to the tertiary care facility overseeing cancer treatment was 105 miles for the entire patient sample. Average patient age at diagnosis was nine years of age, and most common diagnosis was leukemia. Average patient age at the time of the survey was fourteen years of age. Most significant domains reported from the survey data analysis were financial burden, need for school support, relocation needs, travel/transport needs, regional healthcare use, changes of job for caregivers, and mental health needs. Fifty percent of patients in the sample were residing in a rural/remote area at diagnosis (N = 20), and the other fifty percent in metropolitan Phoenix (N = 20). Results from the needs assessment survey are detailed in Appendix H, Table H1-H24.

Survey Results

Quantitative Data Collection

Regional Healthcare Use

Regional healthcare use was statistically significant between groups (p <.001) based on residence location. Eighty five percent of families in remote/rural areas took their child to a local or regional medical facility during treatment while only 5% of metropolitan families took their child to a local or regional medical facility. Families in rural/remote areas lived an average of 20 miles from the closest healthcare facility (range 5 miles to 153 miles), whereas metropolitan families lived an average of five miles from a healthcare facility (range < 5 miles to 10 miles). Rural families who did utilize local and regional medical facilities were asked to rate their level of comfort in these facilities caring for their child on a Likert scale of zero "not at all comfortable" to five "extremely comfortable". The mean score on this item was a two, "uncomfortable" among families whose children did present to a regional medical facility. Specifically, families reported that the regional healthcare facilities were of neutropenic precautions for PPE/hand hygiene (n=3). By contrast, reported mean level of comfort with the urban families' tertiary care facility managing the cancer treatment was a 4.8, "very comfortable".

Emergent Transport and Medical Transport Use

Families in remote or rural areas were statistically more likely to use emergent transport (p <.001) via air or ambulance during treatment. Sixty percent of families residing in a rural or remote area did utilize emergent transport at least once during treatment. The average number of unplanned, emergent transports was two to three times during active treatment. Families in rural or remote areas were also more likely to use non-emergent medical transport, such as medical taxis or medical transport vans (p <.001) Families traveling for care from rural/remote locations reported concerns for the safety of their immunocompromised child during medical transport trips (10%), and long travel times due to

multiple stops picking up other patients (10%). Thirty seven percent of neighborhoods across the entire sample do not have public transportation.

Relocation

Relocation was not statistically significant in relationship to residence location between the urban and remote/rural families (p=0.73). Thirteen families relocated during cancer treatment (32.5%) across the entire sample, however rural/remote and metropolitan families reported different reasons for relocating. Families in rural/remote areas relocated to be closer to the hospital overseeing care or closer to family (35%), while families in metropolitan areas moved to be closer to the tertiary hospital (15%), to decrease financial burden (10%), and for environmental safety concerns (5%). Relocating permanently versus temporarily was also statistically significant by residence (p=0.002). Among families who did move or relocate, families in rural areas were much more likely to move temporarily (35%) as opposed to permanently (0%), while families in metropolitan Phoenix moved permanently (20%) as opposed to temporarily (5%).

Caregiver Employment Changes

Change or loss of employment for the patient's primary caregiver in both the metropolitan and rural/remote groups was extremely common in the sample with 70% of primary caregivers reporting loss or change of employment due to caregiving demands during treatment. Employment change or loss occurrence was not statistically significant based on location of residence (p=1.000). Change or loss of employment varied from resigning altogether (67%), significantly reducing hours (25%), or changing roles (8%). There is a statistically significant relationship between loss of caregiver employment and reported financial burden (p=.007) for families in rural/remote areas as opposed to metropolitan families. In metropolitan families, the relationship between loss of caregiver employment and reported financial burden was not statistically significant (p=.767).

Financial Burden

In order to assess financial burden, primary caregivers were asked to rate the amount of impact the cancer diagnosis had on their financial stability, with a score of zero being "not at all" and a score of five being "very much". The average reported score was four, and perceived needs in the financial domain did not differ between rural/remote families and metropolitan families (M = 4.0; p = 1.000). Families from both parent groups reported maxing out credit cards (7%) and taking out loans (5%) during active treatment. Additionally, there is a statistically significant relationship between distance traveled to tertiary care facility and reported financial burden (p < .001).

Academic Support

Lack of school support was statistically significant in relationship to geography of residence (p=0.038), with 30% of parents reporting a lack of adequate school support across the entire sample. Across the entire patient sample, 47.5% of children experienced an educational delay due to their diagnosis (i.e., repeated a grade, started school late, or graduated later than anticipated). Children across the entire sample (62.5%) have or had an Individualized Education Plan (IEP) or 504 plan for additional academic support. Parents in rural/remote areas reported that schools did not have adequate resources to assist their child during active treatment (44%), were not understanding of the demands that come with a childhood cancer diagnosis (22%), or were not able to provide extra accommodations due to chemotherapy schedules, surgical procedures, and trips to Phoenix for care (22%).

Mental Health Concerns

Mental health concerns were reported among 50% of caregivers across the entire sample. Of the 20 who reported mental health concerns, 55% reported new onset mental health concerns in themselves as a result of their child's diagnosis. Parent reported mental health concerns were not statistically related to location of residence (p= .527). As for the child, 50% of children have reported mental health conditions. Fifteen of those mental health conditions, according to the parents, were related to the childhood cancer diagnosis. The onset of the mental health condition occurred during or immediately after treatment. Of the caregivers interviewed, 37.5% of children in the sample currently see a mental health professional. There is no statistically significant relationship between use of mental health services and location of residence (p = .327) however parents in rural or remote areas did report difficulty finding mental health care in their areas (26%).

The burden and stress of the diagnosis also placed strain on intimate partner relationships between caregivers of pediatric oncology patients in both parent groups. At time of diagnosis, 27% of caregivers were single and did not have a partner. Twenty two percent of parents across the entire sample also had a change of spouse/partner during or immediately after the cancer diagnosis.

Discharge Education & Provider Accessibility

Seventy percent of patients across the entire sample utilized an on-call line to reach a provider when they were outside of the hospital setting, and caregivers reported they were able to talk with a provider 100% of the time without difficulty. Ninety percent of patients reported receiving discharge education in their primary language, and the 10% of patients who did not receive discharge education in their primary language spoke French, Thai, Romanian, and Spanish. Caregivers were asked to rate their ease of understanding on a Likert scale with zero being "not at all understandable" and five being "extremely understandable", and the mean score was 4.4 with no statistically significant relationship to geography of residence. Caregivers were also asked on the same Likert scale how comfortable they were taking their child home at diagnosis after discharge education, with a mean score of 3.7 and no relationship to geography of residence. The mean level of comfort in asking questions of the hematology/oncology team during inpatient stays was 4.97 across the entire patient sample where 5 indicated "extreme comfort".

Qualitative Results

Miscellaneous needs reported by families traveling for parents treatment included better care coordination to decrease trips between Phoenix and their home, assistance with grocery shopping/meal planning, childcare support for siblings who cannot be at the bedside, financial resources for housing and travel, and mental health resources for parents and counseling to improve caregiver relationships. During interviews, parents expressed difficulties and needs similar to the quantitative findings:

Care Coordination Needs

"Help with coordinating appointments between different doctors would have saved us several trips" – Mother of 6-year-old leukemia patient, rural

Financial Burden:

"Cost of treatment caused us to lose our house" –Father of 5-month-old ATRT patient

"We are still paying off credit card debt from maxing out our credit cards, six years later" – Father of 16month-old Leukemia patient, metropolitan

"We exhausted our savings, lost our 401Ks, and burned through a vehicle commuting to PCH" - Mother

of 13-year-old brain tumor patient, metropolitan

"Relocation funds were needed, we used \$80,000 in stock market assets in six months" – Father of 15-

month-old brain tumor patient, metropolitan

"We maxed out our credit cards and wish we would have shut down our business" –Mother of 4-year-old leukemia patient, rural

"We struggled a lot with resources being in Phoenix and we are in Yuma" –Mother of 12-year-old leukemia patient, remote

Education Needs

"The school didn't even pay attention to the 504, there are no resources for children with cancer" – Mother of 12 year old leukemia patient, remote "Teachers just didn't understand, they required excess proof of doctors notes and didn't believe us when she missed school" –Father of 13 year old Leukemia patient, remote

"_____ was bullied for having cancer at school, there was no cancer awareness for other kids at school" – Mother of 12 year old Leukemia patient, remote

Regional Hospital Use

"Regional hospital has no experience treating kids, they are not comfortable with ports" – Mother of 12 year old leukemia patient, remote

"The local facility would not even touch his port" – Mother of 4-year-old Leukemia patient, rural

"My kid was neutropenic, and they didn't know handwashing" – Mother of 12 year old leukemia patient, remote

"The regional facility was very uncomfortable, too scared to touch her, did not know how to access port and tried for 3 hours, we just decided to only use PCH instead." – Mother of 3-year-old patient, remote

Travel and Transport Use

"Medical transport was never concerned if my three-year-old had to stop and pee, they were always running late, and had multiple other patients on board" –Mother of 3-year-old Lymphoma patient, remote

"We took eight trips to Phoenix in two months over three hundred miles each way"—Mother of 10 year old Leukemia patient, rural

"His constipation was bad, he slept in the outhouse after we requested a septic tank and it wasn't able to be built...we ended up building it ourselves" –Mother of 23 year old Leukemia patient, rural

Housing Accommodations

"We were too far away from PCH to use a hotel or qualify for Ronald McDonald house, but the drive was still nearly an hour which was many miles and tanks of gas" –Father of 14 year old leukemia patient, remote

"We needed closer housing outside of Ronald McDonald due to the size of our family being too large for the space" – Mother of 6 year old Leukemia patient, rural

Mental Health

"We would have loved if someone checked in on us as parents for processing trauma of diagnosis" – Mother of Leukemia patient, remote

"We wait a month for any specialty services, psych especially" –Mother of 12 year old leukemia patient, remote.

Conclusions & Implications

Children and families residing in rural areas facing an oncologic diagnosis experience compounded burdens. There is a high cost to the family economically, educationally and emotionally. The results of this evidenced-based needs assessment aids the multidisciplinary team in targeting interventions to the unique needs families may face. By using a needs assessment questionnaire at time of diagnosis, time of first hospital admission, or time of social-work evaluation, interventions could be developed, processes enhanced and the allocation of resources could be better guided. If rural-specific needs are known and evaluated as families complete these assessments, the multidisciplinary team will be better able to target education and care-plan designs to be specifically centered to each family for children in the inpatient setting and home setting alike. The acquisition of the data for the needs assessment for families residing in rural areas can be implemented in a cost-effective manner utilizing existing resources within the tertiary care center, such as social workers, medical assistants, or registered nurses.

Data could be provided to charitable organizations and hospital administration and government organizations who oversee funding allocation and budgeting. Knowledge of the needs families are experiencing can also impact policy changes which would affect accessibility and program eligibility for families in need.

Discussion

Identifying and defining needs for these families is only the initial step in the comprehensive care continuum for children with cancer. The results indicate that there is need to identify existing resources that could be matched to the needs families are experiencing. After existing resources are exhausted, this data could be utilized to support the need for additional resource creation by private sector and government organizations alike.

Data collection for this project was limited greatly by the COVID-19 pandemic, which prevented all in-person research from occurring. Additionally, data collection was limited by a small database to draw potential participants. It was difficult to reach families by phone and the obtained data was biased due to caregiver difficulty in recalling events surrounding the initial and ongoing treatments of their child due to length of time since cancer diagnosis. For this initial data collection, only English speaking caregivers were surveyed. To overcome language barriers, the needs assessment survey would need to be translated into Spanish and a Spanish-speaking team member would need to administer the survey. Strengths for this DNP project included strong site support, stakeholder investment, creation of an expert-validated and transferrable needs assessment survey, and eagerness by survey participants to contribute data which may help other families.

Findings from this project are complimentary to other findings in the literature. A literature review Roser et al. (2019) found a high rate of job loss among primary caregivers, and also found an inverse relationship between geographic residence and reported financial burden. Peikert and colleagues (2020) found that approximately 25% of parents had interruptions in intimate partner relationships due to a childhood cancer diagnosis, and that 70% of parents reported difficulties surrounding work and finances during childhood cancer treatment. Ugalde et al. (2019) found a high need for an affordable and accessible housing accommodation plan for familes of cancer patients when living geographically isolated from the hospital.

Recommendations for future research would be to utilize this needs assessment survey at the beginning of treatment in order to meet the child's and family's needs in an anticipatory nature, as opposed to retroactively. There is also need to revise the needs assessment survey for efficiency, ease of use, and to increase reliability. The survey needs to be adapted to a Spanish version and would require a bilingual clinician or use of clinical interpreter to broaden the use of the survey to include the Spanish-speaking sample in Arizona. Additionally, the survey could be utilized in other pediatric patient populations who experience chronic and complex illness in order to identify if similar identified needs are present beyond pediatric oncology patients.

This needs assessment has provided a more robust understanding of day-to-day life for children facing a cancer diagnosis in the rural or remote setting and provided valuable data that can be utilized by the tertiary facility whose patients were included in this survey. Additionally, this data can be shared with the Arizona Cancer Coalition's Childhood Cancer workgroup in order to begin to represent childhood cancer at the state level.

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Appendix A

Table 1

Qualitative Evaluation Table

Citation	Theory/ Conceptual Framework	Design, Method, & Sampling	Sample & Setting	Major Themes Studied & Definitions	Measurement & Instruments	Data Analysis	Findings & Themes	Level of Evidence Application to practice Generalization Feasibility Limitations
Daniel et	Shared	Method:	N=42 parents of	Major	Instrumentat	Statistical	Major Findings	LOE: VI
al.,(2013) Accommoda	Care Model	Cross- sectional	POPs. 23 mothers, 19	Themes: Accommodati	ion: SSI occurred	Analysis	-FB associated w DT and	ATP: This study di-
tion		study design:	fathers	ons used by	and were	Themes	accommodation	rectly answers the PI-
in pediatric		Semi-	parents from 25	RR POPs and	coded line by	were	s were major	COT and identifies
oncology:		structured	families.	their families.	line, and	numerically	concern.	that SSI are an effec-
parental		interviews	iunnes.	-Assess FB of	categorized	assessed to	-Most families	tive needs assessment
experiences,		with parents	Demographics:	accommodatio	based on RR	reduce	did not receive	strategy. Feasible but
preferences		of POPs	Marital status -	n, DT, and	as	likelihood of	aid money for	requires manpower.
and		treated at	87% mothers	mode of	categorized	researcher	accommoda-	
unmet need		TCC within	married, 94%	transportation	by DT.	bias.	tions.	Generalization/Feasib
S		the past five	fathers married				-Parents felt	ility:
		years.	Education level-	-Parents	Areas		that better de-	Able to be reproduced
Country:		Selected by	, 50% with	accommodatio	Assessed:		cisions were	without difficulty.
Australia		DT and RR.	college	n needs and	MOT, Travel		made by medi-	Requires man power
			education,	assessment of	time in hours,		cal staff when	and ability to
Funding:		Purpose	Employment	bedside/com	location of		families were in	contact/see families
Sydney		-Explore	status – 73%	munal fa ailiteira	accommodati		closer proxim-	during clinic
Children's		accommodati	employed full	facilities.	ons for other		ity.	encounters to carry
Hospital		ons utilized by RR	time.		family members,			out interview.

Bias:		POPs/families	MOT: 95% of		cost of travel		-There is a need	
None			families		between		for greater ac-	Limitations:
None Declared		-Assess financial burden of travel, travel time, MOT. -Understand parents preferences for staying at bedside/in alternate accommodati on.	families traveled by car.		between home/TCC.		for greater ac- cess to accom- modation for rural families. -Data suggests that close prox- imity for family & POP recovery can decrease LOS. -Symptoms re- lated to CTT ex- acerbated by travel. -RR causes sep- aration from family mem- bers, loss of home environ-	Limitations: -Minimal statistical analysis -Single study, single sample
Fluchel, et al. (2014) Geography	Inferred: Orem's Theory of	Method: Cross- sectional SAS	N=356 caregivers of POPs who were	Major Themes: Identify	Instrumentat ion: 48-question	Multivariabl e regression models:	ment, loss of existing support network, loss of privacy. Approximately 1/3 of families relocated due	LOE: III ATP: This is a rural-
and the burden of care in pediatric	Self Care	to identify Phenomen- ology	diagnosed within the past three months.	Impact on family and FB based on >1 hr DT and >2	SAS in Eng/Span. Stratified by Dx to prevent	Comparison of geographic groups and	to cancer dx, 1/3 of caregivers quit or changed jobs	focused study that directly compares increased burden due to DT, cost of travel,
cancers		Purpose: Identify if RR and DT	Demographics 87% English speaking, 13%	hours DT from TCC.	confounding: ALL, AML,	POP demographi cs – two-	P <0.01, children residing rurally	loss of income potential. Fits PICOT seamlessly.

Country:		greatly	Spanish-	Measures:	brain tumors,	sample t	reporte	ed	General	ization/Feasib
USA		impacts FB	speaking	Relocation,	solid tumors.	test.	greater	FB as	ility: Mu	ist identify
		during CCT.	caregivers.	Employment,		Wilcoxo	n- well as	increase	sample	of children in
Funding:			Mean pt age:	Schooling		Mann-	in miss	ed	RR and i	non-RR for
NIH Grant			8.8 years	Finances		Whitney	school	days P =	sake of	comparison,
			1+hr DT: 39.3%			test for	0.01.		but targ	eted SAS is
Bias: None			of pts			categori	cal Use of		reasona	ble to
identified			2+hr DT: 25.7%			variables	s, emerge	ency or	complet	e needs
			of pts			chi-squa	re air tran	sport to	assessm	ent and
			20% Hispanic,			for non-	TCC		identify	unique needs
			82% Caucasian			ordered	was ne	arly 25%	to RR PC	OPs.
			Income level:			categori	cal in POPs	s living		
			Median of			variables	s. rurally.		Limitati	ons:
			\$20,000-				-Pts tra	veling 2+	Only on	e sample from
			\$39,000				hours		one clin	ic
			annually.				experie	enced	Only 18	.6% of
			Education: 42%				signific	ant	participa	ants in this
			reported				acaden	nic	study liv	ved
			college				delays	(28%) –	rurally/r	remotely
			education				includi	ng being	Study no	ot stratified by
			Insurance:				held ba	ick a year	phase o	f treatment
			Majority				or feeli	ng	which co	ould impact
			Medicaid-				unable	to keep	perceive	ed needs
			insured				up with	n peers.	Missing	
			MOT: 98% by						represe	ntation from
			car.						many m	inority groups.
Graves et al.,	Inferred:	Method:	Mixed – include	ed Major theme	s: Instrumer	ntation 1	No statistical	Valuable	findings	LOE: IV
Community-	Health	MM CBPR	774 randomize	•			analysis, data	from mu	0	
Based	Belief	randomized	community	health status	-		vas	experts,	•	ATP:
Participatory	Model	phone calls,	, members via	within the	, informant	sin i	ndependentl	including	g HCPs,	-Rural Focused
Research:		in person-	phone (random		communit		, evaluated	commur	-	-Identifies
Toward		interviews,	digit-dialing	perception of			lue to mixed-	member		difficulty w
Eliminating		,		biggest		r	nethod and			, follow through

Rural Health Disparities		survey of HCPs	within the rural area)	healthcare need in county,	774 randomized telephone calls,	small sample size.	Highlights difficulty with	of low- income/low
(2015)			,	perception of	disproportionate		attrition rates of	education
		Purpose:	9 key informant	biggest barrier	ly to white		rurally-residing	populations
Country: USA		Identify	interviews.	to health	females		individuals who	-Multimethod,
		perceptions		status.			have low	multi-
Funding: Not		and unique	Written HCP		Written survey		literacy.	informant
identified		needs of pts	surveys – 45		to HCPs, only			approach.
		who are RR	surveys returned		30% completion.			
Bias: None		both POP	of 150					Limitations:
		perspective	distributed					-Not pediatric
		and HCP						focused
		perspective.	Demographics:					-Very
								subjective, not
								standardized.
								-No statistical
								analysis
Martinez-	Chronic	Method:	N: 53 patients	Major Themes:	Instrumentation	Statistical	Findings:	LOE: VI
Donate et al.	Care Model	Mixed-	treated in 5	-Community	Interviews w	Analysis:	Patient findings:	ATP: Matches
(2013)		Method –	oncology clinics.	resources	patients and		Half of full-time	PICOT besides
		interviews,		-Self-	Short Test of	Descriptive	employed	being pediatric,
Identifying		health	N=41 HCPs	management	Functional	statistics	patients quit	but specifically
Health Literacy		literacy	Focus group with	support	Health Literacy	computer for	their jobs due to	analyzes gaps
and Health		assessments,	HCPs: 7	-Delivery	in Adults	demographic	diagnosis.	due to DT/RR.
System		phone	oncologists, 32	system design		data and	57% indicated	Generalizabilit
Navigation		surveys with	oncology nurses,	-Decision	Semi-structured	results were	that HCPs used	y/Feasibility:
Needs Among		cancer	5 other RNs, 2	support	interviews with	integrated	words they did	Labor intensive
Rural Cancer		patients.	Medical		HCPs.	with	not understand.	due to mixed-
Patients:		Purpose:	assistant.			qualitative	54% of patients	method and
Findings from			Average years			analyses.	signed a consent	multiple
the Rural			experience: 10				form they did	population
Oncology							not read or	data collection.
Literacy			Demographics:				understand.	
								Limitations:

Enhancement			Patients: 63%				Staff findings:	-Rural focused
Study (ROLES)			female, 96%				Patients would	but not
Country: USA			non-Hispanic,				rather not be	pediatric
-			71% married.				"needy" so	focused
Funding: NIH			49% high school				hesitant to	
& University of			education,				report needs.	
Wisconsin School of			Median income				Patients are too	
			level \$30,000-				overwhelmed to	
Medicine Bias: Declared			%50,000. 45%				know what to	
			full time				ask	
as none			employed prior				HCPs feel that	
			to cancer dx,				POP needs are	
			20% at time of				not routinely or	
			survey.				adequately	
							assessed.	
			HCPs: 90%				Disjointed care	
			female.				coordination	
Thewes et al.,	Inferred:	Method:	N=34 patients	Major Themes:	Instrumentation	Statistical	Findings:	LOE: VI
(2016)	Chronic	Brief SSI with	18+ years	-Physical and	Supportive Care	Analysis:	-Widespread	ATP: Directly
	Care Model	indigenous	Australian	psychological	Needs		distrust of	answers PICOT
Routine		oncology	indigenous POP	needs	Assessment Tool	Transcripts	medical	question,
Screening of		patients	<5 years from	-Hospital care	for Indigenous	coded and	community	elicits unique
Indigenous		treated at	diagnosis	needs	People	thematic	 Pts appreciated 	needs RR
cancer		one of four	Able to	-Practical and	administered by	analysis	needs	patients face.
patients'		sites.	understand	cultural needs	interviews.	performed.	assessment	Generalizabilit
unmet support		Purpose:	English	-Information			process as it	y/Feasibility:
needs: a		Identify the	Able to give	and	27-item open		links them to	Time
qualitative		role of	informed	communication	ended verbally		resources and	consuming and
study of		screening for	consent	needs	administered,		allows them to	requires man
patient and		unique needs			average length		be heard.	power and
clinician		in indigenous	Demographics:		of time 23		-Pts reported	time
attitudes		oncology	Mean age: 54		minutes.		that needs	before/after
		patients.	years				assessments	appointments
			68% female,				done at	

Location: Australia Funding: Lowitja Institute, Australia's National Institute for Aboriginal and Torres Strait Islander Health Research Bias: None declared							beginning of treatment was most helpful. -High staff satisfaction due to knowledge of needs	for data collection. Limitations: -Not pediatric focused -Single study/sample -Some POP struggled to interpret questions
Ugalde et al., (2019)	Supportive Care	Method SSI with	N=21 caregivers. 16 female, 5	Major Themes Rural culture	Instrumentation SSI which was	Statistical	Major Findings: Caregivers feel	LOE: VI
Understanding	Framework	caregivers of	male of cancer	and community	audio-recorded,	Analysis	geographic	ATP:
Rural	for Cancer	oncology	patients who	Life	average length	Descriptive	isolation.	Understanding
Caregivers'	Care	patients and	lived 60+ miles	adjustments	32 minutes.	statistics	Caregivers	needs of RR
Experiences of	Care	oncology	from TCC. Also	and available	Caregiver areas	were used to	reported that	patients &
Cancer Care		social	included 5 social	support	assessed:	code pt's	long DT required	families is the
when		workers.	workers.	Support	-MOT, DT	based on	lots of	PICOT, so while
accessing					-How travel	sociodemogr	coordination/hig	this study is
metropolitan		Purpose: To	Demographics:		impacts care	aphic data	h cost. Some	not pediatric-
qualitative		understand	76% caregivers		-Information and	and results	needed	focused the
study		experiences	were patient's		support given for	were	assistance	findings are
		of caregivers	spouse, 19%		trips/travel	analyzed and	finding a MOT.	transferrable.
Country:		who travel to	patient's		expectations	grouped by	Accommoda-	
Australia		TCC to access	son/daughter,			theme by	tions were an	Generalizabilit
		cancer	and 5% patient's		Social Worker	author.	additional	y/Feasibility:
Funding: a		treatment.	parent. 90%		questions: what		burden of	SSI can be time
Victorian			lived with the		needs are		availability and	intensive and
Cancer Agency			patient. Time		expressed by RR		cost.	require

Early Career			spent as a		patients as			extensive
Seed Grant			caregiver was an		opposed to		-Early screening	manpower,
			average of 1-2		urban residents?		is key to tailor	however it is a
Bias: Declared			years.		What is the		interventions to	valid strategy
as none			Social workers:		impact of		the patients	for needs
			100% female,		traveling?		need.	assessments.
			median age 45,		Do you feel			
			average of 5		caregivers have			Limitations:
			years of		adequate			Not specifically
			experience as		information/kno			pediatric
			social worker.		wledge of travel			focused.
					expectations.			Very small
								sample size.
Walling et al.,	Inferred:	Method:	N=16 caregivers)	Major Themes:	Instrumentation	Patient	Major Findings:	LOE: IV
Challenges	Pediatric	Interviews	of POP who lived	-Experience at	SSI w OE	responses	-Increased FB	
Associated	Psychosoci	with	in a rural area 2+	RCC hospital	questions (12	and	related to DT	ATP:
With Living	al	caregivers of	hours from TCC	-Interaction	with mothers, 6	sociodemogr	and relocation	-Can be
Remotely	Preventativ	POPs over a	overseeing CCT.	between RCC	with fathers),	aphic details	-Loss of income	feasibly
From a	e Health	16 week		and TCC.	majority in	were	potential due to	reproduced to
Pediatric	Model	period, once	14 were married	-Impact on	person and a	presented	increased work	accurately
Cancer Center:		saturation of	and 14 reported	Family	small percentage	using	absenteeism	identify the
A Qualitative		data was	an income of	-Family/Pt	by phone.	descriptive	-Increase in	needs of
Study (2019)		reached	<\$80000 per	relationship		statistics.	stress due to	children
		interviews	year.	with cancer			receiving	residing in
Country: USA		were		center		Participants	emergent care	rural areas.
		discontinued.		-General CCT		were not	by RCC hospitals	
Funding: NIH				management		stratified, but	with limited	Generalizabilit
Grant		Purpose:				interviews	resources.	y/Feasibility:
		Assess				were coded	-Increased stress	Low cost, but
Bias: Declared		incidence of				by two	secondary to	requires
no conflict of		increased				authors	TCC and RCC	manpower
interest		burden due				separately.	communicating	
		to RR.					-Perceived	Limitations:
							increase in	Small, single

						Thematic analysis was performed.	suffering to the child due to aforementioned finding.	clinic sample size.
Warner et al.,	Pediatric	Method:	N=254	Major themes:	48-item SAS to	Multivariable	Caregivers in RR	LOE: VI
2015	Psychosoci	Single-site,		Financial	evaluate burden	linear	reported higher	
Financial	al	cross-	Demographics	burden	of cancer care.	regressions	financial burden	ATP: Use of an
Burden of	Preventativ	sectional	Mean POP age:	outcome		were utilized	than caregivers	SAS is an
Pediatric	e Health	study	8.9 years of age.	Socioeconomic		to determine	residing in urban	evidence-
Cancer for	Model	surveying	Mean time since	factors –		the outcome	areas.	based way to
Patients &		parents of	diagnosis: 1.6	Insurance		variable.		collect,
Their Families		POPs who	years	status			Loss of income	analyze, and
		were less	Race: 90.3%	Rural residence			potential due to	determine
Country: USA		than five	non-Hispanic,	status			unexpected	relationships
		years post	9.7% Hispanic.	Parental			hospitalizations,	between
Funding:		diagnosis.	9.1% with just	employment			increased	variables –
Translational			high school	issues related			appointment,	including rural
Comparative		Purpose:	education,	to CTT			32% of	residence and
Effectiveness		Evaluate	90.9% with some	Healthcare use			caregivers have	financial
Research		caregiver	college, Median	 unexpected 			changed/quit	burden in
Grant,		burden in	household	hospitalizations			jobs during CTT.	addition to
Huntsman		relation to	income: 40,000-					unexpected
Cancer		socioeconom	59,000 annually.					hospitalization
Institute,		ic and	16.8% RR, 83.2%					S.
Hyundai Hope		healthcare	urban residents.					
on Wheels		utilization	75% private					Generalization
Foundation,		factors.	insurance					/Feasibility:
NIH through								Questionnaires
grant.								can be
								provided to
Bias: Declared								families at
as none								appointments.
								Limitations:

-This study was
not solely
focused on
POPs In RR,
however there
is valuable
information
about
increased
financial
burden.
-No name of
survey/tool or
details about
what specific
questions were
asked

Appendix B

Table 2

Quantitative Evaluation Table

Citation	Theory, Conceptu Framewo	ial Metho	d, & Sett	=	& & Instrumen	Batan	-	ndings & Themes	Level of Evidence Application to practice Generaliza- tion Feasibility Limitations
Kazak et al., (2016) Psychosocial assessment as a standard of care in pe- diatric can- cer: Psycho- social assess- ment stand- ard.	Pediatric Preventa- tive Psychoso- cial Health Model	Method: Lit- erature search by pediatric oncology psycholo- gists, social workers, psychia- trists, coun- selors, & one parent	N= 149 stud- ies based on a systematic, comprehen- sive literature review.	Major themes: -Child/Family psy- chosocial adjust- ment -Family resources -Fami- ly/Psychosocial support -Previous his- tory/premorbid functioning -Family structure	Instrumenta- tion: This study iden- tified 2 evi- denced-based psychosocial assessments: Distress Ther- mometer ques- tionnaire – LS assessment of	No spe- cific sta- tistical data re- ported for this litera- ture re- view, but statistics of re- viewed literature	-Children and families facing onco- logic dx re- port in- creased dis- tress, poorer quality of life, and hardships in psychoso-	for two w psychoso tools. Limitatio study dio identify f rurally, t and feas translate	rong evidence well-validated ocial assessment ons: While this d not specifically families residing his could easily ibly be ed to assessing is of those
Country: USA Funding: Mattie Mira-		of POP. IV: PAT, Dis- tress ther- mometer DV: distress, quality of		and function	general distress level. Psychosocial Assessment Tool – parent	are well- analyzed and evi- dence ta- ble makes strong	cial arenas. -Family voice in psy- chosocial assessment	captured families	This study likely d some of those without Ily identifying

cle Founda-		life, psycho-			report, identi-	case for	aids in iden-	
tion & NIH		social hard-			fies level of risk	studies	tifying that	
		ships due to			in multiple ar-	chosen.	stress of dx	
Bias: None		cancer diag-			eas.		peaks in ini-	
identified		nosis.					tial months	
		Purpose:					and de-	
		Identify					creases as	
		standard-					disease tra-	
		ized use of					jectory con-	
		psychosocial					tinues.	
		screening					-Major con-	
		for POPs.					clusion:	
							Children	
							and families	
							facing can-	
							cer dx	
							should rou-	
							tinely re-	
							ceive sys-	
							tematic psy-	
							chosocial	
							assess-	
							ments.	
Kerr et al.,	Supportive	Method:	Sample:	Major Themes:	Instrumentatio	Reliability	Major	LOE: III
(2007)	Care	CPNQ was	Sample of	5 themes:	n:	establishe	Findings:	ATP: This study is directly
	Framework	baseline	parents	-Psychosocial	Cancer Patient	d using		applicable to the PICOT
Understandi	for Cancer	assessment,	whose	needs	Needs	Cronbach'	½ of	Feasible due to low-cost,
ng the	Care	followed	children were	-Health	Questionnaire	s alpha	parents	low required man power
Supportive		with	treated at a	information	(CPNQ) – 76	coefficien	reported a	to provide a
Care Needs		interview ~3	TCC serving	needs	item	t (.90 to	moderate	questionnaire.
of Parents of		months	urban and	-Physical and	questionnaire	.78)	or high	Generalizability/Feasibi
Children		later.	rural POPs	daily living needs	(terms were		need on the	ty: Interviews will
With Cancer:				-Patient care and	modified to fit		CPNQ,	require more manpower
An Approach		Purpose:	N=15. 20	support needs	pediatric pt		emotional	but aid in family feeling

to Local	Identify	eligible	-Interpersonal	needs filled out	and	like needs are
Needs	which	parents	communication	be caregiver –	information	seen/heard/addressed.
Assessment	domain	identified, 15	need	Pediatric	al needs	
	needs are	participated		Oncology	ranking	Limitations:
Country:	most	(75%)		Patient Survey)	highest.	-Only Eng speaking
Canada	prevalent in,					patients were included
	and identify	Demographic		LS of 1 "no	1/3 of	-Not specifically rural
Funding:	which needs	s:		need for help"	parents	focused, but RR POPs
Ministry of	were most	80% married,		to 5 "high need	were most	were captured at an
Health in	important	73% full time		for help" . in	concerned	unknown percentage of
Ontario	to the	employed		addition to one	about	the sample.
	families.	60% high		OES question	practical	
Bias: None		school		for parents to	needs, most	
identified or	IV: CPNQ	education or		fill in any	specifically	
declare	DV:	higher		additional un-	FB of CCT.	
	Identified	Average age		addressed		
	needs –	of child: 10-		needs.		
	health	11 years.				
	education,					
	physical					
	needs,					
	psychosocial					
	needs					

Appendix C

Table 2

Synthesis Table

	Daniel	Fluchel	Graves	Kazak	Kerr	Martinez-	Thewes et	Ugalde et	Walling	Warner
	et al.	et al.	et al.	et al.	eal.	Donate et al.	al.	al.		
Year	2013	2014	2015	2016	2007	2013	2016	2019	2019	2015
LOE	VI	III	IV	I	III	VI	VI	VI		VI
Country	Australia	USA	USA	USA	Canada	USA	Australia	Australia	USA	USA
Demographics								•		
Ν	42	356	774/9 KIs 45 HCPs	149	15	53 Pt/41 HCPs	34	21 pt/5 SW	16	254
Mean Pt Age	-	8.8 years	-	-	10	62 years	54.4 years	-	7 years	8.9
					years					years
Majority High School or Higher education	Х	Х	Х	-	Х	Х	-	-	Х	
Majority married	Х	-	-	-	Х	Х			Х	
Average level of Income <\$50k	-	Х	Х	Х		Х				Х
Pediatric-Focused Study	Х	Х	Х	х	х				Х	х
Adult-Focused Study						Х	Х	Х		
Setting	•			•				•	•	
Inpatient Setting				-						
Outpatient Setting	Х	Х		-	Х	Х	Х	Х	Х	Х
Other/Home			Х	-						
Independent variable										
SSI	Х		Х			Х	Х	Х	Х	
SAS		Х		Х	Х		Х			Х
Telephonic Survey			Х							
OES			Х		Х			Х		
HCP/Key informant interviews			Х			Х		Х		

Dependent Variables									
Financial Burden	Х	Х	Х		Х		Х		Х
个 Isolation	Х			Х	Х		Х		
↑ Psychosocial distress	Х	Х	Х	Х	Х		Х	Х	Х
↑ Relocation		Х	Х					Х	
Change in parental employment due to dx		Х	X		х			х	х
Stressors related to cost of travel/accommodations	X	Х	X		Х			х	х
Educational burden/need						Х		Х	

Appendix D

Theoretical Framework

Pediatric Psychosocial Preventative Health Model

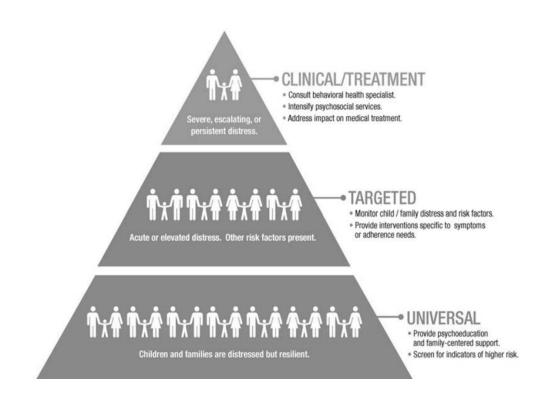


Figure 1. A graphic representation of the Pediatric Psychosocial Preventative Health Model (Kazak, 2006)

Appendix E

Implementation Framework

Lean Six Sigma

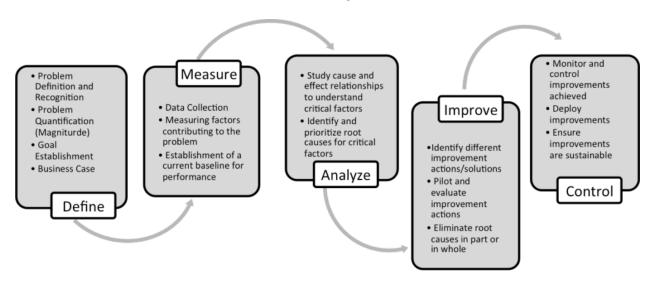


Figure 2. Graphic representation of the Lean Six Sigma Framework for Quality Improvement (Carreria, 2006).

Appendix F IRB Outcome Notification



February 25, 2021

Alexandra M Walsh, MD Phoenix Children's Hospital Hematology/Oncology 1919 E. Thomas Road Phoenix, AZ 85016

PCH IRB # IRB-09-089: Establishment of a Survivor Program Registry

Dear Dr. Walsh:

On February 25, 2021 the modification request form dated 02/18/2021 01:57:58 PM MST for the above mentioned project received approval by the Phoenix Children's Hospital Institutional Review Board by expedited review under 21 CFR 56.110(b) (2); 45 CFR 46.110(b) (2) because it involves minor changes in previously approved research during the period (of one year or less) for which approval is authorized.

This Expedited Review of Modification request provides an investigator-initiated change to add Lauren Harrell, RN to the study person nel. In addition, a need's assessment questionnaire to be conducted via telephone is being submitted for approval.

This approval includes:

Submission Component	S	
Form Name		Version
Phoenix Children's Modification Form		Version 12.0
Phoenix Children's Pre-Review Correction Form	Version 2.0	
Phoenix Children's Pre-Review Correction Form		Version 1.0
Study Document		
Title	Version #	Version Date
Rural Cancer Needs Assessment Tool Final_V1_Clean_02.18.21	Version 1.0	02/18/2021
Rural Cancer Needs Assessment Tool Final_V1_Clean_02.18.21	Version 1.0	02/18/2021
Rural Cancer Needs Assessment Tool Final_V1_Tracked_02.18.21	Version 1.0	02/18/2021
DOA updated 18FEB2021	Version 1.0	02/18/2021
Rural Cancer Needs Assessment Tool Final_V1_Clean_02.08.21	Version 1.0	02/08/2021
Rural Cancer Needs Assessment Tool Final_V1_Tracked_02.08.21	Version 1.0	02/08/2021
Rural Cancer Needs Assessment Tool Final_V1_28JAN2021	Version 1.0	01/28/2021
Survivor Protocol_V5_Clean_01_28_21_T	Version 5.0	01/28/2021
Survivor Protocol_V5_Tracked_01_28_21_T	Version 1.0	01/28/2021
Survivor DOA 29JAN2021_Harrell	Version 1.0	01/29/2021



Please note that any changes to the study as approved must be promptly reported and approved. Some changes may be approved by expedited others require full board review. If any adverse events occur, please report them at once to the IRB. The study must be submitted for continuing review approval on or before 02/07/2022 unless closed before that date.

If you have any questions or require further information please contact Shy Walker at swalker@phoenixchildrens.com.

Sincerely,



Signature applied by Mitchell Shub on 02/25/2021 04:26:16 PM MST

Mitchell Shub, MD Chair, PCH Institutional Review Board #1

cc: Dresden Whiteh ead, Jodie Greenberg

Appendix G

Needs Assessment Tool

Code #:

Rural vs. Non-Rural Needs Assessment Tool

Chart Review

- Pt Gender:
- Race:
- Ethnicity:
- Patient Primary Language:
- Caregiver Primary Language:
- Pt current age:
- Pt age at diagnosis:
- Date of initial diagnosis:
- Diagnosis:
- Zip code at time of diagnosis:
- Current zip code:
- Distance (mi) traveled to tertiary care (PCH) at time of diagnosis
- Distance (mi) traveled to tertiary care (PCH) at current
- Distance (mi) to local/tertiary medical center
- Use of additional services:
 - o Psychology
 - o PT:
 - o OT:
 - o Speech:
 - o Endo:
 - o Ortho:
 - o Neuro:
 - o Other specialties:

Parent Telephone Interview

"Hi, my name is Lauren Harrell and I am a registered nurse at Phoenix Children's Hospital (PCH) and a pediatric nurse practitioner student at Arizona State University, Edson College of Nursing and Health Innovation. I am working with Dr. Walsh and Kathy Hinkle and the survivorship program at PCH. I am conducting interviews with parents of children who were treated for a cancer in order to better understand the needs and experiences of families during this period of your lives. The goal of this interview is to assist PCH and the Arizona Department of Health to better care for families during and after childhood cancer treatment especially for patients who live in different area of the state. If you are willing, I would like to ask you some questions about your child's cancer treatment. You can answer in as little or as much detail as you feel comfortable with. The interview will take approximately 30 minutes. Is this a good time for you or should be arrange a better time?

Demographic Data:

- □ What race/ethnicity do you identify with? Repeat with child's race/ethnicity.
 - a. Black or African American
 - b. Asian or Pacific Islander
 - c. White or Caucasian
 - d. Native American or Alaskan Native
 - e. Multiracial or Biracial
 - f. A race/ethnicity not listed here
- Who lives at home with you and your child?
- □ What is your level of education?
 - -Some high school
 - -High school graduate
 - -Some college
 - -College graduate)

Travel/Regional Health Use:

- □ During treatment, did your child start to have any new mental health concerns or did their existing mental health concerns worsen? Y/N
- □ If yes, please list:
- □ At present does your child have a history of any mental health concerns? Y/N
- □ If yes, please list:
- □ If yes, have you tried to find a mental health provider in your local area? Y/N
- □ If yes, were you able to obtain care in your local area? Y/N
- □ If yes, does your child continue to see a mental health provider? Y/N
- Of the following, which providers did your child see during their initial cancer treatment?
 Occupational therapy
 Physical therapy
 Developmental specialists
 - -Speech therapy -Other:
- Of the following, which providers does your child see now?
 Occupational therapy
 Physical therapy
 Developmental specialists
 Speech therapy
 Other:
- □ Of the providers your child sees, where are services provided? (PCH, local clinic)
- □ Have you ever used the PCH on-call hem/onc line? Y/N
- When using the PCH on-call hem/onc line, do you experience any difficulty in reaching a provider? LIKERT (0 none at all, 5 unable to reach provider)
 Table 3

0	1	2	3	4	5			
None at all	Not very much difficulty	A little bit of difficulty	Some difficulty	Very much difficulty	Unable to reach provider			

How well did the team assess or incorporate cultural and spiritual beliefs or home traditions during your child's care? LIKERT (0 – not at all, 5- very well) Table 4

0	1	2	3	4	5				
Did not incorporate cultural & spiritual beliefs	Infrequently incorporated	Sometimes incorporated	Frequently incorporated	Many times incorporated	Incorporated cultural & spiritual needs at every encounter				

Health Literacy: Education at time of discharge

□ After receiving PCH discharge education at time of your child's cancer diagnosis, what was your comfort level in caring for your child at home? LIKERT (0 – not comfortable at all, 5 – completely comfortable)

		Ti	able 1		
0	1	2	3	4	5
Not at all	Not very	A little bit	Comfortable	Very	Completely
comfortable	comfortable	comfortable		comfortable	comfortable

_ ...

Code #:

47

Code #:

How easy or difficult was PCH discharge education for you to understand? LIKERT (0 – not at all understandable, 5 – completely understandable)

	lable 5						
0	1	2	3	4	5		
Not at all	Not very	A little bit	Mostly	Very	Extremely		
understandable	understandable	understandable	understandable	understandable	understandable		

- Did you receive discharge education in your primary language? Y/N
- What comfort level did you feel in asking questions of the health care team? LIKERT (0 not comfortable at all, 5 – completely comfortable)

		Та	ible 1		
0	1	2	3	4	5
Not at all comfortable	Not very comfortable	A little bit comfortable	Comfortable	Very comfortable	Completely comfortable

School: Education at present time

- Does your child have a 504 plan or IEP at school? Y/N
- Do you feel that your child's school provides adequate support based on your child's needs? Y/N
- Did your child experience educational delay due to cancer treatment? Y/N
- □ If so, describe:

Home:

- Does your home and neighborhood have reliable electricity? Y/N
- Does your home neighborhood have reliable running water? Y/N
- Does your neighborhood have reliable public transportation? Y/N
- □ If yes, explain:

Miscellaneous:

- □ At diagnosis, was there anything you wish the oncology team was aware of in order to better care for your child?
- U What additional ways could we have helped during your child's treatment?
 - -Transportation (bus fares, taxi coordination, gas money)
 - -Local housing accommodations
 - -Food, dietary supplements
 - -Cleaning/sanitation supplies
 - -Other Assistance with bills, child care for siblings
 - At present, is there anything you wish the oncology team was aware of in order to better care for your
- child?

Are there additional ways the team could have supported your family during your child's treatment?

"Thank you so much for your time and for answering these questions. Your time and experience may help inform and improve the care of children going through cancer treatment. I appreciate your time today."

Appendix H

Results

Table H1 Descriptive Data

Yuma** 4 10.0 Pima** 3 7.5 Navajo* 4 10.0 Gila* 1 2.5 Coconino** 2 5.0 Apache* 2 5.0 Maricopa 20 50.0 Mohave** 2 5.0 Yavapai** 2 5.0 City of residence at diagnosis 2 5.0 Show Low 1 2.5 Yuma 2 5.0 Kaibito 1 2.5 Tucson 2 5.0 Chinle 1 2.5 New Hampshire 1 2.5 Kayenta 2 5.0 Payson 1 2.5 Somerton 1 2.5 Vernon 1 2.5 Kingman 1 2.5 Flagstaff 1 2.5 Casa Grande 1 2.5 Phoenix 2 2.5 Mesa 1 2.5 Lake Havasu City <td< th=""><th>Variable</th><th>n</th><th>%</th></td<>	Variable	n	%
Pima** 3 7.5 Navajo* 4 10.0 Gila* 1 2.5 Coconino** 2 5.0 Apache* 2 5.0 Maricopa 20 50.0 Mohave** 2 5.0 Yavapai** 2 5.0 City of residence at diagnosis 2 5.0 Show Low 1 2.5 Yuma 2 5.0 Kaibito 1 2.5 Tucson 2 5.0 Chinle 1 2.5 New Hampshire 1 2.5 Kayenta 2 5.0 Payson 1 2.5 Somerton 1 2.5 Vernon 1 2.5 Kingman 1 2.5 Flagstaff 1 2.5 Casa Grande 1 2.5 Phoenix 2 2.5 Anthem 1 2.5	County		
Navajo* 4 10.0 Gila* 1 2.5 Coconino** 2 5.0 Apache* 2 5.0 Maricopa 20 50.0 Mohave** 2 5.0 Yavapai** 2 5.0 City of residence at diagnosis 2 5.0 Show Low 1 2.5 Yuma 2 5.0 Kaibito 1 2.5 Tucson 2 5.0 Chinle 1 2.5 New Hampshire 1 2.5 Kayenta 2 5.0 Payson 1 2.5 Somerton 1 2.5 Somerton 1 2.5 Kingman 1 2.5 Flagstaff 1 2.5 Casa Grande 1 2.5 Phoenix 9 2.5 Anthem 1 2.5 Lake Havasu City 1 <td< td=""><td>Yuma**</td><td>4</td><td>10.00</td></td<>	Yuma**	4	10.00
Gila* 1 2.5 Coconino** 2 5.0 Apache* 2 5.0 Maricopa 20 50.0 Mohave** 2 5.0 Yavapai** 2 5.0 City of residence at diagnosis 2 5.0 Show Low 1 2.5 Yuma 2 5.0 Kaibito 1 2.5 Tucson 2 5.0 Chinle 1 2.5 New Hampshire 1 2.5 Kayenta 2 5.0 Payson 1 2.5 Scottsdale 3 7.5 Fort Defiance 1 2.5 Somerton 1 2.5 Kingman 1 2.5 Flagstaff 1 2.5 Phoenix 9 22.5 Anthem 1 2.5 Lake Havasu City 1 2.5 Clarkdale 1 2.5	Pima**	3	7.50
Coconino** 2 5.0 Apache* 2 5.0 Maricopa 20 500 Mohave** 2 5.0 Yavapai** 2 5.0 City of residence at diagnosis 2 5.0 Yuma 2 5.0 Kaibito 1 2.5 Tucson 2 5.0 Chinle 1 2.5 New Hampshire 1 2.5 Kayenta 2 5.0 Payson 1 2.5 Scottsdale 3 7.5 Fort Defiance 1 2.5 Vernon 1 2.5 Kingman 1 2.5 Flagstaff 1 2.5 Phoenix 9 22.5 Anthem 1 2.5 Iake Havasu City 1 2.5 Clarkdale 1 2.5	Navajo*	4	10.00
Apache* 2 5.0 Maricopa 20 5.0 Mohave** 2 5.0 Yavapai** 2 5.0 City of residence at diagnosis 2 5.0 Yuma 2 5.0 Yuma 2 5.0 Kaibito 1 2.5 Tucson 2 5.0 Chinle 1 2.5 New Hampshire 1 2.5 Kayenta 2 5.0 Payson 1 2.5 Somerton 1 2.5 Vernon 1 2.5 Kingman 1 2.5 Flagstaff 1 2.5 Phoenix 9 2.5 Anthem 1 2.5 Mesa 1 2.5 Lake Havasu City 1 2.5 Clarkdale 1 2.5 Clarkdale 1 2.5 Clarkdale 1 2.5	Gila*	1	2.50
Maricopa 20 50.0 Mohave** 2 50.0 Yavapai** 2 50.0 Show Low 1 2.5 Yuma 2 50.0 Kaibito 1 2.5 Tucson 2 50.0 Chinle 1 2.5 New Hampshire 1 2.5 Kayenta 2 50.0 Payson 1 2.5 Somerton 1 2.5 Kingman 1 2.5 Flagstaff 1 2.5 Phoenix 9 2.5 Anthem 1 2.5 Lake Havasu City 1 2.5 Clarkdale 1 2.5	Coconino**	2	5.00
Mohave**25.0Yavapai**25.0Show Low12.5Yuma25.0Kaibito12.5Tucson25.0Chinle12.5New Hampshire12.5Kayenta25.0Payson12.5Somerton12.5Vernon12.5Fort Defiance12.5Somerton12.5Kingman12.5Flagstaff12.5Casa Grande12.5Phoenix92.5Anthem12.5Lake Havasu City12.5Clarkdale12.5Clarkdale12.5Clarkdale12.5Clarkdale12.5Clarkdale12.5Clarkdale12.5Clarkdale12.5Clarkdale12.5Clarkdale12.5Clarke12.5Clarke12.5Clarke12.5Clarke12.5Clarke12.5Clarke12.5Clarke12.5Clarke12.5Clarke12.5Clarke12.5Clarke12.5Clarke12.5Clarke12.5Clarke12	Apache*	2	5.00
Yavapai** 2 5.0 City of residence at diagnosis 1 2.5 Show Low 1 2.5 Yuma 2 5.0 Kaibito 1 2.5 Tucson 2 5.0 Chinle 1 2.5 New Hampshire 1 2.5 Kayenta 2 5.0 Payson 1 2.5 Scottsdale 3 7.5 Fort Defiance 1 2.5 Somerton 1 2.5 Vernon 1 2.5 Kingman 1 2.5 Flagstaff 1 2.5 Casa Grande 1 2.5 Phoenix 9 22.5 Anthem 1 2.5 Lake Havasu City 1 2.5 Clarkdale 1 2.5	Maricopa	20	50.00
Show Low 1 2.5 Yuma 2 5.0 Kaibito 1 2.5 Tucson 2 5.0 Chinle 1 2.5 New Hampshire 1 2.5 Kayenta 2 5.0 Payson 1 2.5 Scottsdale 3 7.5 Fort Defiance 1 2.5 Somerton 1 2.5 Kingman 1 2.5 Flagstaff 1 2.5 Phoenix 9 22.5 Anthem 1 2.5 Lake Havasu City 1 2.5 Clarkdale 1 2.5	Mohave**	2	5.00
Show Low 1 2.5 Yuma 2 5.0 Kaibito 1 2.5 Tucson 2 5.0 Chinle 1 2.5 New Hampshire 1 2.5 New Hampshire 1 2.5 Kayenta 2 5.0 Payson 1 2.5 Scottsdale 3 7.5 Fort Defiance 1 2.5 Somerton 1 2.5 Kingman 1 2.5 Flagstaff 1 2.5 Casa Grande 1 2.5 Phoenix 9 22.5 Anthem 1 2.5 Kesa 1 2.5 Clarkdale 1 2.5	Yavapai**	2	5.00
Yuma 2 5.0 Kaibito 1 2.5 Tucson 2 5.0 Chinle 1 2.5 New Hampshire 1 2.5 New Hampshire 1 2.5 Kayenta 2 5.0 Payson 1 2.5 Scottsdale 3 7.5 Fort Defiance 1 2.5 Somerton 1 2.5 Kingman 1 2.5 Flagstaff 1 2.5 Casa Grande 1 2.5 Phoenix 9 22.5 Anthem 1 2.5 Izake Havasu City 1 2.5 Clarkdale 1 2.5	City of residence at diagnosis		
Kaibito 1 2 5 Tucson 2 5 5 Chinle 1 2 5 New Hampshire 1 2 5 New Hampshire 2 5 5 Kayenta 2 5 5 Payson 1 2 5 Scottsdale 3 7 5 Fort Defiance 1 2 5 Somerton 1 2 5 Vernon 1 2 5 Kingman 1 2 5 Phoenix 9 2 5 Phoenix 9 2 5 Mesa 1 2 5 Lake Havasu City 1 2 5 Clarkdale 1 2 5	Show Low	1	2.50
Tucson 2 5.0 Chinle 1 2.5 New Hampshire 1 2.5 New Hampshire 2 5.0 Kayenta 2 5.0 Payson 1 2.5 Scottsdale 3 7.5 Scottsdale 1 2.5 Somerton 1 2.5 Vernon 1 2.5 Kingman 1 2.5 Flagstaff 1 2.5 Phoenix 9 2.5 Mesa 1 2.5 Lake Havasu City 1 2.5 Clarkdale 1 2.5	Yuma	2	5.0
Chinle 1 2.5 New Hampshire 1 2.5 Kayenta 2 5.0 Payson 1 2.5 Scottsdale 3 7.5 Fort Defiance 1 2.5 Somerton 1 2.5 Vernon 1 2.5 Kingman 1 2.5 Flagstaff 1 2.5 Phoenix 9 2.5 Anthem 1 2.5 Lake Havasu City 1 2.5 Clarkdale 1 2.5	Kaibito	1	2.5
New Hampshire 1 2.5 Kayenta 2 5.0 Payson 1 2.5 Scottsdale 3 7.5 Scottsdale 3 7.5 Fort Defiance 1 2.5 Somerton 1 2.5 Vernon 1 2.5 Kingman 1 2.5 Flagstaff 1 2.5 Phoenix 9 2.5 Mesa 1 2.5 Lake Havasu City 1 2.5 Clarkdale 1 2.5	Tucson	2	5.0
Kayenta 2 5.0 Payson 1 2.5 Scottsdale 3 7.5 Fort Defiance 1 2.5 Somerton 1 2.5 Vernon 1 2.5 Kingman 1 2.5 Flagstaff 1 2.5 Phoenix 1 2.5 Mesa 1 2.5 Lake Havasu City 1 2.5 Clarkdale 1 2.5	Chinle	1	2.5
Payson12.5Scottsdale37.5Fort Defiance12.5Somerton12.5Vernon12.5Kingman12.5Flagstaff12.5Casa Grande12.5Phoenix922.5Anthem12.5Lake Havasu City12.5Clarkdale12.5	New Hampshire	1	2.5
Scottsdale37.5Fort Defiance12.5Somerton12.5Vernon12.5Kingman12.5Flagstaff12.5Casa Grande12.5Phoenix922.5Anthem12.5Lake Havasu City12.5Clarkdale12.5	Kayenta	2	5.0
Fort Defiance12.5Somerton12.5Vernon12.5Kingman12.5Flagstaff12.5Casa Grande12.5Phoenix922.5Anthem12.5Lake Havasu City12.5Clarkdale12.5	Payson	1	2.5
Somerton12.5Vernon12.5Kingman12.5Flagstaff12.5Casa Grande12.5Phoenix922.5Anthem12.5Mesa12.5Lake Havasu City12.5Clarkdale12.5	Scottsdale	3	7.5
Vernon12.5Kingman12.5Flagstaff12.5Casa Grande12.5Phoenix922.5Anthem12.5Mesa12.5Lake Havasu City12.5Clarkdale12.5	Fort Defiance	1	2.5
Kingman12.5Flagstaff12.5Casa Grande12.5Phoenix922.5Anthem12.5Mesa12.5Lake Havasu City12.5Clarkdale12.5	Somerton	1	2.5
Flagstaff12.5Casa Grande12.5Phoenix922.5Anthem12.5Mesa12.5Lake Havasu City12.5Clarkdale12.5	Vernon	1	2.5
Casa Grande12.5Phoenix922.5Anthem12.5Mesa12.5Lake Havasu City12.5Clarkdale12.5	Kingman	1	2.5
Phoenix922.5Anthem12.5Mesa12.5Lake Havasu City12.5Clarkdale12.5	Flagstaff	1	2.5
Anthem12.5Mesa12.5Lake Havasu City12.5Clarkdale12.5	Casa Grande	1	2.5
Mesa12.5Lake Havasu City12.5Clarkdale12.5	Phoenix	9	22.5
Lake Havasu City12.5Clarkdale12.5	Anthem	1	2.5
Clarkdale 1 2.5	Mesa	1	2.5
	Lake Havasu City	1	2.5
Prescott 1 2.5	-	1	2.5
	Prescott	1	2.5

Glendale	1	2.50
Gilbert	3	7.50
Chandler	1	2.50
Maricopa	1	2.50
Diagnosis		
Leukemia	20	50.00
Lymphoma	4	10.00
LCH	2	5.00
Medulloblastoma	6	15.00
Rhabdomyosarcomaa	1	2.50
Ewing's Sarcoma	1	2.50
Wilm's Tumor	2	5.00
Germinoma	1	2.50
Pineoblastoma	1	2.50
Anaplastic ependymoma	1	2.50
Pituitary Tumor	1	2.50
Patient Gender		
Μ	19	47
F	21	52
Highest Level of Caregiver Education		
Some college	13	32.50
College graduate	17	42.50
High school graduate	10	25.00

*Indicates rural counties

** indicates remote location

Table H2 Descriptive Data

Variable	п	%
Caregiver Primary Language		
English	31	77.50
Span	6	15.00
Thai	1	2.50
French	1	2.50
Romanian	1	2.50
Patient Primary Language		
English	35	87.50
Thai	1	2.50
Span	3	7.50
French	1	2.50

Primary Language

Table H3 Descriptive Data

Highest Level of Caregiver Education

	n	%
Some college	13	32.50
College graduate	17	42.50
High school graduate	10	25.00
Missing	0	0.00

Table H4 Descriptive Data – Remote/Rural

How do you travel to your child's appointments?	n	%
POV	18	90.00
POV, Medical Transport	0	0.00
POV, Taxi, Medical Transport	1	5.00
Medical Transport	1	5.00

Table H5 Descriptive Data – Metropolitan

How do you travel to your child's appointments?		
POV only	17	85.00
POV, Medical Transport	3	15.00
POV, Taxi, Medical Transport	0	0.00
Medical Transport only	0	0.00

Care at Regional Health Facilities vs. Care at Tertiary Facility – Likert Scale

Variable	М	SD	n	
How comfortable did you feel that regional medical facility staff were in caring for your child?	2.28	1.99	18	
How comfortable did you feel that tertiary facility staff were in caring for your child?	4.88	0.33	40	

Chi Square Test of Independence

Has Your Child Used Emergent Medical Transport?

Rural/Remote Vs. Metropolitan	Ν	Y	χ ²	df	p
Metropolitan	20[14.00]	0[6.00]	17.14	1	< .001
Rural/Remote	8[14.00]	12[6.00]			

Table H8

Chi Square Test of Independence

Did any primary caregivers lose or change jobs due to diagnosis?

Rural/Remote vs Metropolitan	Y	Ν	χ^2	df	p
Metropolitan	14[14.00]	6[6.00]	0.00	1	1.000
Rural/Remote	14[14.00]	6[6.00]			

Two-Tailed Mann-Whitney Test for Effect on Financial Stability During Treatment Remote vs Non-Remote

	Mear	n Rank			
Variable	Metropolitan	Rural/Remote	U	z	р
Effect on Financial Stability During Treatment	20.50	20.50	200.00	0	1.000

	Variable	М	SD	n	р
Effect on Financial Stability During Treatment – Metropolitan3.701.8920	Effect on Financial Stability During Treatment – Metropolitan		1.89	20	0.42

Variable	М	SD	n	р
Effect on Financial Stability During Treatment – Rural/Remote	3.95	1.43	20	0.32

Chi Square Test of Independence

Did you relocate or change residences due to the diagnosis?

Rural/Remote vs Metropolitan	Ν	Y	χ ²	df	p
Metropolitan	14[13.50]	6[6.50]	0.11	1	.736
Rural/Remote	13[13.50]	7[6.50]			

Table H11

Chi Square Test of Independence

Did you move permanently or temporarily?

Rural/Remote vs. Metropolitan	Temporarily	Permanently	χ^2	df	р
Metropolitan	1[3.69]	5[2.31]	9.48	1	.002
Rural/Remote	7[4.31]	0[2.69]			

Table H12

Chi Square Test of Independence

Did you stay at RMH/Hotel/With Family during treatment?

Remote vs. Non-Remote	Y	Ν	χ ²	df	p
Metropolitan	4[11.28]	16[8.72]	22.13	1	< .001
Rural/Remote	18[10.72]	1[8.28]			

Descriptive Statistics – Travel

Rural/Remote	n	%
Did you stay in RMH/Hotel/with family during treatment?		
Υ	19	95.00
Ν	1	5.00
Primary Reason for Moving:		
Closer to PCH	7	35.00
Environmental safety concerns	0	0.00
Finances	0	0.00
Did not move	13	65.00
Did you relocate or change residence due to diagnosis?		
Ν	13	65.00
Υ	7	35.00
Missing	0	0.00

Descriptive Statistics – Travel

Metropolitan	n	%
Did you stay in RMH/Hotel/with family during treatment?		
Υ	4	20.00
Ν	16	80.00
Primary Reason for Moving		
Closer to PCH	3	15.00
Environmental safety concerns	1	5.00
Finances	2	10.00
Did not Move	14	70.00
Did you relocate or change residence due to diagnosis?		
Ν	14	70.00
γ	6	30.00

Descriptive Data

Variable	n	%
At the time of diagnosis did you have mental health concerns (primary caregiver)?		
Ν	31	77.50
Υ	9	22.50
At present do you have mental health concerns (primary caregiver)?		
Υ	20	50.00
Ν	20	50.00
At the time of diagnosis, did you have a spouse or partner?		
Υ	29	72.50
Ν	11	27.50
At present, do you have the same spouse or partner?		
Υ	31	77.50
Ν	9	22.50
Missing	0	0.00
Does your child see a mental health professional?		
Ν	25	62.50
Y	15	37.50
At present, does child have mental health concerns?		
Ν	20	50.00
Y	20	50.00
Prior to the diagnosis, did child have mental health concerns?		
Ν	35	87.50
Y	5	12.50
Missing	0	0.00

Mental Health Concerns—Entire Population

Descriptive Data

Rural/Remote	n	%
At the time of diagnosis did you have mental health concerns (prim	ary caregiver)?	
Ν	16	80
Υ	4	20
At present do you have mental health concerns (primary caregiver)	?	
Υ	11	55
Ν	9	45
At the time of diagnosis, did you have a spouse or partner?		
Υ	15	75
Ν	5	25
At present, do you have the same spouse or partner?		
Υ	16	80
Ν	4	20
Does your child see a mental health professional?		
Ν	11	55
Y	9	45
At present, does child have mental health concerns?		
Ν	8	40
Y	12	60
Prior to the diagnosis, did child have mental health concerns?		
Ν	18	90
Y	2	10

Mental Health Concerns

Descriptive Data

Metropolitan	n	%
At the time of diagnosis did you have mental health concerns (primary caregiver)?		
Ν	15	75
Υ	5	25
At present do you have mental health concerns (primary caregiver)?		
Υ	9	45
Ν	11	55
At the time of diagnosis, did you have a spouse or partner?		
Υ	14	70
Ν	6	30
At present, do you have the same spouse or partner?		
Υ	15	75
Ν	5	25
Does your child see a mental health professional?		
Ν	14	70
Y	6	30
At present, does child have mental health concerns?		
Ν	12	60
Υ	8	40
Prior to the diagnosis, did child have mental health concerns?		
Ν	17	85
Y	3	15

Table H17

Discharge Readiness and Cultural Care – Entire Population

Variable	М	SD	n
Comfort level taking child home at time of discharge after education	3.70	1.74	40
Comfort level asking questions of the hem/oncology team	4.97	0.16	40
Integration of spiritual/cultural beliefs during care	3.63	2.09	35

Provider Line Access – Entire Population

	п	%
Have you ever used the hematology/oncology provider on-call line?		
Ν	8	40
Y	12	60
Have you ever had difficulty reaching a provider?		
N	12	100
Y	0	
N/A	8	

Did you receive discharge education in your primary language?

	n	%
γ	36	90
N	4	10

Chi Square Test of Independence

Do you feel that your child's school provides adequate support?

Rural/Remote Vs. Metropolitan	Y	Ν	χ ²	df	р
Metropolitan	17[14.00]	3[6.00]	4.29	1	.038
Remote	11[14.00]	9[6.00]			

Chi-square Test of Independence

Did the child experience educational delay due to treatment?

Rural/Remote vs Metropolitan	N	Y	χ ²	df	р
Metropolitan	12[10.50]	8[9.50]	0.90	1	.342
Rural/Remote	9[10.50]	11[9.50]			

Access

Metropolitan	n	%
Does your neighborhood have public transportation?		
N	5	25.00
Y	15	75.00
Does your neighborhood have reliable electricity and running water?		
Y	20	100.00
Т	0	0.00
Ν	0	0.00

Access

Remote/Rural	n	%
Does your neighborhood have public transportation?		
N	10	50.00
Y	10	50.00
Does your neighborhood have reliable electricity and running water?		
Υ	18	90.00
T	1	5.00
N	1	5.00