

1 Genotype effect on lifespan following *vitellogenin* knockdown

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32 **Abstract**

33 Honey bee workers display remarkable flexibility in the aging process.  
34 This plasticity is closely tied to behavioral maturation. Workers who initiate  
35 foraging behavior at earlier ages have shorter lifespans, and much of the  
36 variation in total lifespan can be explained by differences in pre-foraging lifespan.  
37 Vitellogenin (Vg), a yolk precursor protein, influences worker lifespan both as a  
38 regulator of behavioral maturation and through anti-oxidant and immune  
39 functions. Experimental reduction of *Vg* mRNA, and thus Vg protein levels, in  
40 wild-type bees results in precocious foraging behavior, decreased lifespan, and  
41 increased susceptibility to oxidative damage. We sought to separate the effects  
42 of Vg on lifespan due to behavioral maturation from those due to immune and  
43 antioxidant function using two selected strains of honey bees that differ in their  
44 phenotypic responsiveness to *Vg* gene knockdown. Surprisingly, we found that  
45 lifespans lengthen in the strain described as behaviorally and hormonally  
46 insensitive to *Vg* reduction. We then performed targeted gene expression  
47 analyses on genes hypothesized to mediate aging and lifespan: the *insulin-like*  
48 *peptides* (*Ilp1* and *2*) and *manganese superoxide dismutase* (*mnSOD*). The two  
49 honey bee *Ilps* are the most upstream components in the insulin-signaling  
50 pathway, which influences lifespan in *Drosophila melanogaster* and other  
51 organisms., while *manganese superoxide dismutase* encodes an enzyme with  
52 antioxidant functions in animals. We found expression differences in the *Ilps* in fat  
53 body related to behavior (*Ilp1 and 2*) and genetic background (*Ilp2*), but did not  
54 find strain by treatment effects. Expression of *mnSOD* was also affected by  
55 behavior and genetic background. Additionally, we observed a differential  
56 response to *Vg* knockdown in fat body expression of *mnSOD*, suggesting that  
57 antioxidant pathways may partially explain the strain-specific lifespan responses  
58 to *Vg* knockdown.

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60 **Keywords:** vitellogenin, RNA-interference, *Apis mellifera*, foraging, longevity

61

62 **Abbreviations:** vitellogenin (Vg), insulin/insulin-like signaling (IIS), insulin-like  
63 peptide 1 (Ilp1), insulin-like peptide 2 (Ilp2), manganese superoxide dismutase  
64 (mnSOD), RNA-interference (RNAi), juvenile hormone (JH), double-stranded  
65 RNA (dsRNA), injected control treatment (injC), non-injected control treatment  
66 (noREF), *vitellogenin* knockdown treatment (*vgRNAi*)  
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## 68 **1. Introduction**

69 The extraordinarily plastic nature of honey bee life history and aging has  
70 recently made this eusocial insect a model organism for the study of senescence  
71 (Amdam et al., 2005; Remolina et al., 2007; Corona et al., 2007). From a single  
72 genome, female honey bees can develop along three very different aging  
73 trajectories triggered by environmental conditions: queens, which typically live  
74 between 1-2 years (Page and Peng, 2001); spring and summer workers, which  
75 live between 15-60 days (Fukuda and Sekiguchi, 1966); and diutinus workers  
76 (winter bees), which emerge in the late summer and early autumn in temperate  
77 regions and can live 6-8 months (Maurizio, 1950). Additionally, worker aging is  
78 not entirely chronological. Instead, senescence in workers appears to also be  
79 closely tied to behavioral maturation (Neukirch, 1982; Seehuus et al., 2006a;  
80 Behrends et al., 2007; Rueppell et al., 2007; Baker et al., 2012).

81 Honey bee workers exhibit an age-associated division of labor in which  
82 young (nurse) bees perform in-hive tasks such as brood care and food storage  
83 while older bees leave the nest to forage (Winston, 1987). The age at which a  
84 worker initiates foraging is strongly correlated with lifespan: the earlier a worker  
85 leaves the nest to forage, the shorter her lifespan is likely to be (Neukirch, 1982;  
86 Robinson et al., 1992a; Rueppell et al., 2007). This age-related behavioral  
87 progression can be slowed, accelerated, or even reversed based on internal,  
88 social, and environment factors (Robinson et al., 1992b; Huang et al., 1998;  
89 Pankiw and Page, 2001). The dynamic nature of the aging process in honey  
90 bees has enabled targeted studies on the physiological and molecular pathways  
91 involved in their aging and senescence (Münch and Amdam, 2010; Amdam,  
92 2011).

93 Aging and lifespan in honey bees are affected in several ways by  
94 Vitellogenin (Vg), a yolk precursor protein. Vg is the most abundant protein in the  
95 hemolymph of nurse bees, comprising 30-50% of total protein (Engels and  
96 Fahrenhorst, 1974), and impacts both anti-oxidant and immune function (Amdam  
97 et al., 2004; Seehuus et al., 2006b; Corona et al., 2007). In honey bees, Vg  
98 appears to be the primary zinc carrier, and hemolymph zinc levels are closely

99 tied to fluctuations in Vg titer (Amdam et al., 2004). In foragers, a behavioral  
100 stage with low Vg titers, zinc levels fall so low that apoptosis is induced in  
101 hemocytes, cells that function in the innate immune response of insects (Amdam  
102 et al., 2005). Additionally, Vg itself has anti-oxidant properties and is  
103 preferentially carbonylated in response to oxidative damage induced via paraquat  
104 injection (Seehuus et al., 2006b). When faced with an oxidative challenge,  
105 caged workers with experimentally reduced Vg expression have higher mortality  
106 than control workers (Seehuus et al., 2006b).

107 Vg also impacts honey bee lifespan and aging by mediating the pacing of  
108 behavioral maturation in concert with juvenile hormone (JH). In insects JH is  
109 typically a gonadotropin associated with high titers of Vg (Flanagan and  
110 Hagedorn, 1977; Chen et al., 1979; Flatt et al., 2005). In honey bees, however,  
111 Vg and JH function in a mutually repressive feedback loop (Ramamurty and  
112 Engles, 1977; Pinto et al., 2000; Guidugli et al., 2005). Nurse bees have high Vg  
113 titers and low JH titers, while foragers have low Vg titers and high JH levels (Rutz  
114 and Lüscher, 1974; Rutz et al., 1976; Engels and Fahrenhorst, 1974; Robinson  
115 et al., 1991). Vg knockdown in the fat body induces early onset of foraging  
116 behavior and decreased JH titers (Guidugli et al., 2005; Nelson et al., 2007;  
117 Marco Antonio et al., 2008). Likewise, treatment with JH and its analogues  
118 induces early foraging and decreased Vg titers (Ramamurty and Engles, 1977;  
119 Robinson, 1987; Robinson et al., 1992a). In free-flying workers, Vg knockdown in  
120 the fat body decreases lifespan, likely through a combination effects on behavior,  
121 immunity and oxidative stress resistance (Nelson et al., 2007).

122 Studies using two selected lines of honey bees demonstrated that the  
123 measured physiological and behavioral responses to Vg knockdown are  
124 genotype dependent (Amdam et al., 2007; Ihle et al., 2010). The high and low  
125 pollen hoarding strains were bidirectionally selected for colony levels of pollen  
126 stores, but also exhibit a variety of differences at the level of behavior,  
127 physiology, and gene expression (reviewed in Page and Fondrk, 1995; Page et  
128 al., 2012; Page 2013). The sensitivity of the Vg/JH feedback loop is one such  
129 trait that differs between the strains (Amdam et al., 2007; Ihle et al., 2010). High

130 strain bees have higher peak titers of *Vg* that decline faster at the onset of  
131 foraging, relative to low strain bees (Amdam et al., 2007). Experimental  
132 manipulations suggest that this could be due to a stronger coupling of the *Vg*/JH  
133 feedback relationship in the high strain: in response to *Vg* knockdown, high strain  
134 bees exhibit an increase in JH titers while the low strain does not (Amdam et al.,  
135 2007). High strain workers, like wild-type, forage earlier in response to *Vg*  
136 knockdown in the fat body, while behavioral maturation was not affected by *Vg*  
137 knockdown in the low strain (Ihle et al., 2010).

138 We investigated how *Vg* influences lifespan in the genetic background of  
139 the high and low strains to separate its effects on lifespan due to behavioral  
140 maturation from those due to antioxidant and immunological functions. In the *Vg*-  
141 responsive high strain, we predicted that *Vg* knockdown would decrease lifespan  
142 consistent with results in wild-type bees. In the low strain, where *Vg* knockdown  
143 does not appear to affect behavioral maturation and JH dynamics, we predicted  
144 either no response or a decreased lifespan reflecting reduced protection from  
145 oxidative and immune challenges.

146 Lifespan of high strain workers was not significantly affected by *Vg*  
147 knockdown. Contrary to our prediction, *Vg* knockdown increased lifespan in the  
148 low strain. We hypothesized that the observed genotype-specific differences in  
149 lifespan after *Vg* knockdown could be traced to differentially effective  
150 compensatory mechanisms between the strains. We then performed targeted  
151 expression analysis on same age nurses and foragers of both strains to  
152 investigate pathways associated with lifespan and oxidative damage.

153 The conserved insulin/insulin-like signaling (IIS) pathway is known to  
154 influence many important biological processes including aging, reproduction, and  
155 nutrition in both insects and vertebrates, (reviewed in Wu and Brown, 2006). The  
156 functions of the IIS pathway in honey bees are less well understood, but it has  
157 been shown to be associated with behavior (Ament et al., 2008; Wang et al.,  
158 2010), nutritional status (Ament et al., 2011; Nilsen et al., 2011; Ihle et al., 2014),  
159 and lifespan (Corona et al., 2007). Interestingly, the IIS pathway appears to be a  
160 central regulator of the divergent phenotypes of the high and low strains (Page et

161 al., 2012).

162 The most upstream components of the IIS pathway in honey bees, insulin-  
163 like peptides (*Ilp1* and 2), in particular have been linked to Vg and JH levels  
164 (Corona et al., 2007; Nilsen et al., 2011). Peripheral *Ilp1* expression is positively  
165 correlated with Vg expression (Nilsen et al., 2011), while expression of *Ilp1* in the  
166 head is increased by JH-analogue treatment (Corona et al., 2007). *Ilp1*  
167 expression increases in response to sugar and amino acid supplementation  
168 (Ament et al., 2011; Nilsen et al., 2011; Ihle et al., 2014) and has been implicated  
169 in the extended lifespan phenotype of queens (Corona et al., 2007). In contrast,  
170 *Ilp2* expression is correlated with JH titer (Nilsen et al., 2011), and does not  
171 respond to nutrient manipulation (Ament et al., 2011; Nilsen et al., 2011; Ihle et  
172 al., 2014). Expression of both peptides appears to be sensitive to behavioral  
173 maturation or age (Corona et al., 2007; Ament et al., 2011). Thus, we  
174 hypothesized that *Ilp1* and *Ilp2* could mediate the divergent lifespan responses to  
175 Vg knockdown observed in the high and low strains.

176 As Vg may affect lifespan by mitigating oxidative damage, we further  
177 reasoned that low strain workers may have compensatory mechanisms that  
178 shield them from some of the potential deleterious effects of naturally low Vg  
179 expression, which may be particularly sensitive to Vg knockdown. We targeted  
180 *manganese superoxide dismutase* (mnSOD), because as a mitochondrial  
181 antioxidant important during aerobic respiration, its activity may be especially key  
182 during the aerobically challenging flight of honey bee foragers (Fridovich, 1995).  
183 Expression dynamics of *mnSOD* differ between queens and workers and can be  
184 associated with aging (Corona et al., 2005).

185 Bidirectional selection has demonstrated that some honey bees can  
186 respond to reduced Vg levels with increased lifespan, perhaps via alternative  
187 mechanisms of self-maintenance. This low strain phenotype is associated with  
188 severely reduced Vg sensitivity in behavioral and hormonal regulation, and may  
189 be uncommon in wild type that relies on intact Vg functions.

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## 192 **2. Materials and Methods**

193

### 194 *2.1. Bees*

195 Worker progeny were derived from queens in the 33rd generation of selection.  
196 High pollen strain colonies stored nearly 7 times the amount of low pollen strain  
197 colonies. Mean area of pollen for highs (n=16) was 173.2 square inches and the  
198 mean for low colonies (n=17) was 24.8 square inches (Mann-Whitney: U=2,  
199 Z=4.74, p>0.0001). Queens from two source high and low strain colonies were  
200 caged over night to allow easy collection of same-aged bees for both the lifespan  
201 and gene expression trails. After 20 days, frames were removed from the  
202 colonies and worker bees were emerged in an incubator set at 34°C with  
203 approximately 70% relative humidity. Newly emerged bees were randomly  
204 assigned to one of three groups: vgRNAi, the experimental dsRNA injected  
205 group, the double control groups of noREF, a non-handled reference group; and  
206 injC, a control group injected with vehicle, according to established protocols,  
207 e.g. (Guidugli et al., 2005; Nelson et al., 2007). Bees to be used in the longevity  
208 experiment (below) were individually tagged (BeeWorks, Orillia, Ontario,  
209 Canada) while bees used in the gene expression study were marked with paint  
210 (Testors Enamel; Testor Corporation, Rockford, Illinois, United States) to indicate  
211 treatment group.

212

### 213 *2.2. dsRNA preparation and injection*

214 Double stranded RNA (dsRNA) toward *Vg* was prepared according to the RNA  
215 interference (RNAi) protocol of Amdam et al. (Amdam et al., 2003; Amdam et al.,  
216 2006). The cDNA clone AP4a5 was used as template (GenBank accession #:  
217 AJ517411), and primers were fused to T7 promoter sequence (underlined): Fw:  
218 5'-TAATACGACTCACTATAGGGCGAACGACTCGACCAACGACTT-3', Re: 5'-  
219 TAATACGACTCACTATAGGGCGAAACGAAAGGAACGGTCAATTCC-3'. PCR  
220 product was purified using the QIAquick PCR purification kit (Qiagen, Valencia,  
221 California, United States), and RNA was prepared with the Promega RiboMax T7  
222 system (Promega, Madison, Wisconsin, United States). RNA was extracted by



223 TRIzol LS reagent (GIBCO-BRL, San Diego, California, United States),  
224 resuspended in nuclease-free water, heated at 96°C for 2 min, and left to cool at  
225 room temperature for 20 min. dsRNA products were brought to a final  
226 concentration of 5 µg/µl in nuclease-free water (Qiagen) (Amdam et al., 2003).

227 Before injection bees were cold anaesthetized, and secured to wax covered  
228 plates by crossing pins between the thorax and abdomen. Injections were  
229 performed between the fifth and sixth tergites using Hamilton syringes with G30  
230 disposable needles (BD, Palo Alto, California, United States). Injection volume  
231 was 2 µl for both vgRNAi and injC groups.

232

### 233 *2.3. Lifespan*

234 Injections took place over three days for each colony. Treated bees (n = 200  
235 bees per treatment, per genotype, per colony) were individually tagged, and  
236 placed into each of two, three-framed, glass-walled observation colonies with a  
237 wild-type background population. Colonies were surveyed in the evening after all  
238 foragers had returned for the night. Each frame was scanned twice per side, and  
239 all ID tags were recorded to determine surviving individuals. Age of death was  
240 considered to be the day after the last sighting of an individual (Nelson et al.,  
241 2007).

242 We determined which bees had initiated foraging during our study window  
243 by monitoring glass-topped runways into the colonies during peak foraging  
244 windows. The ID tags of all returning foragers were recorded. Individuals  
245 observed returning from foraging trips more than once were considered  
246 confirmed foragers in our analyses. We determined total lifespan for the  
247 experimental population as a whole as well as for confirmed foragers.  
248 Additionally, we divided total lifespan into pre- and post-foraging initiation  
249 components. Pre-foraging lifespan was determined by age of foraging initiation or  
250 age of death if death occurred before the onset of foraging behaviour. Post-  
251 foraging lifespan was considered to be the span between foraging initiation and  
252 death.

253

254 *2.4. Gene expression*

255 Injections took place on a single day for each colony. Treated bees (n = 100 bees  
256 per treatment, per genotype, per colony) were paint marked to indicate treatment  
257 group (*Vg*RNAi or injC) and introduced into one of two five-frame nuclear  
258 colonies with a wild-type background population. Treated bees were allowed to  
259 mature inside the host colonies for 10 days. 10-day old bees were collected from  
260 the colonies at 8:00am to avoid the circadian fluctuations of antioxidant gene  
261 expression observed previously (Williams et al., 2008; Elekonich, 2009) and to  
262 enable collection of both nurses and foragers. Bees identified as foragers were  
263 collected as they alighted on the colony entrance after returning from a flight.  
264 Nurses were identified as bees that had been observed to put their heads into  
265 cells containing young brood. Fat body and brain were dissected as described  
266 before (Nelson et al., 2007; Nunes et al., 2013). Briefly, fat body tissue was  
267 harvested by removing the gut tract, leaving fat body tissue clinging to the  
268 abdominal carcass.

269 RNA was extracted from fat body tissue using a combined Trizol  
270 (Invitrogen) and RNeasy Kit (Qiagen) method according (Amdam et al., 2003).  
271 Brain RNA was obtained through phenol:chloroform extraction. We measured  
272 RNA quality and concentration using a NanoDrop ND-1000 (NanoDrop  
273 Technologies, Wilmington, DE, USA) and diluted all samples to 25 µg/µL.  
274 Relative gene expression levels were determined by one-step reverse  
275 transcription- polymerase chain reaction (RT-qPCR) using QuantiTect SYBR  
276 Green RT-PCR Master Mix kit (Qiagen) and ABI Prism 7500 (Applied  
277 Biosystems, Foster City, CA, USA). All samples were run in triplicate. Negative  
278 controls, samples run without the addition of the RT enzyme, confirmed the  
279 absence of genomic DNA contamination. Knockdown of *Vg* in fat body was  
280 verified relative to injected controls as previous work has demonstrated that  
281 injected controls do not differ from the non-handled reference group (Amdam et  
282 al., 2007; Nelson et al., 2007). Transcript levels of *Vg* (accession # AJ517411),  
283 *Ilp1* (GB17332-PA), *Ilp2* (accession # GB10174\_PA) and *mnSOD* (accession #  
284 AY329356) were quantified relative to *β-actin* (accession # AB023025)

285 expression using real-time RT PCR as before e.g. (Amdam et al., 2004;  
286 Lourenco et al., 2008).  $\beta$ -*actin* is stably expressed in several tested honey bee  
287 tissues and has been demonstrated to be an effective control gene when  
288 measuring gene expression in adult honey bee fat body (Lourenco et al., 2008;  
289 Scharlaken et al., 2008). As such,  $\beta$ -*actin* is a commonly used reference in  
290 studies of honey bee gene expression (Chen et al., 2005). Primers are listed in  
291 Supplementary Table 1. Control reactions without reverse transcriptase were  
292 preformed for each sample to ensure reactions were not contaminated with  
293 genomic DNA.

294

### 295 *2.5. Statistical analysis*

296 Lifespan data were analyzed using Kaplan-Meier survival analysis (Amdam et al.  
297 2007). Planned pair-wise comparisons were made between the vgRNAi and injC  
298 groups as well as between the injC and noREF groups with the Cox-Mantel test  
299 (Nelson et al., 2007; Ihle et al., 2010). Gene expression data were log  
300 transformed to approximate a normal distribution, and analyzed by factorial  
301 ANOVA (Rieu and Powers, 2009; Wang et al., 2010). Post-hoc analysis was  
302 performed with Fisher's LSD test. All analyses were conducted using Statistica  
303 6.0 (StatSoft, Inc. Tulsa, Oklahoma, United States).

304

## 305 **3. Results**

306

### 307 *3.1. Knockdown verification*

308 We first confirmed *Vg* knockdown in fat body ( $F_{(1, 79)} = 67.20$ ,  $p < 0.0001$ ). *Vg*  
309 expression was significantly reduced by *Vg* dsRNA injection across strains and  
310 task group (LSD: high strain nurses  $p < 0.0001$ , high strain foragers  $p < 0.0001$ ,  
311 low strain nurses  $p = 0.0020$ , low strain foragers  $p = 0.0008$ ;  $df = 80$ ; Fig. 3A-D).

312

### 313 *3.2. Lifespan effects of *Vg* knockdown*

314 We tested the effects of *Vg* knockdown on the lifespan of all experimental bees  
315 as well as on the lifespan of confirmed foragers. When we considered the entire

316 experimental population, we found that in contrast to results from wild type  
317 (unselected) bees (Nelson et al., 2007), *Vg* knockdown had no effect on the  
318 lifespan of the high strain bees (Kaplan-Meier  $\chi^2 = 3.517$ ,  $df = 2$ ,  $p = 0.1723$ ;  $n =$   
319  $noREF:189$ ,  $injC:227$ , and  $VgRNAi:211$ ; Fig. 1A). There was a significant effect of  
320 treatment in the low strain (Kaplan-Meier  $\chi^2 = 30.576$ ,  $df = 2$ ,  $p < 0.0001$ ;  $n =$   
321  $noREF:233$ ,  $injC:210$ , and  $VgRNAi:212$ ; Fig. 1B). Intriguingly, *Vg* knockdown in  
322 the low strain increased lifespan relative to injected controls (Cox-Mantel  $U =$   
323  $25.4983$ ,  $p = 0.0067$ ).

324 Within the confirmed forager population, there was an overall effect of  
325 treatment in the high strain (Kaplan-Meier  $\chi^2 = 7.2342$ ,  $df = 2$ ,  $p = 0.0268$ ;  $n =$   
326  $noREF: 113$ ,  $injC:173$ , and  $VgRNAi:169$ ). The differences between treatment  
327 groups to be compared were not significant (Cox-Mantel:  $inC$  vs.  $VgRNAi$   $U =$   
328  $11.066$ ,  $p = 0.173$ ;  $injC$  vs  $noREF$   $U = -7.259$ ,  $p = 0.310$ ), but we observed a non-  
329 significant pattern mirroring that seen in wild-type bees with  $vgRNAi$  bees dying  
330 earlier than controls (Nelson et al., 2007). There was also an effect of treatment  
331 in low strain confirmed foragers (Kaplan-Meier  $\chi^2 = 17.7264$ ,  $df = 2$ ,  $p < 0.0001$ ;  
332  $n = noREF:128$ ,  $injC:91$ , and  $VgRNAi:107$ ). *Vg* knockdown resulted in increased  
333 lifespan in confirmed low strain foragers relative to the control (Cox-Mantel:  $injC$   
334 vs.  $VgRNAi$   $U = -16.92$ ,  $p = . 0.0052$ ). Additionally, there was a significant  
335 negative effect of handling on lifespan (Cox-Mantel:  $injC$  vs  $noREF$   $U = -23.02$ ,  $p$   
336  $< 0.0001$ ).

337 While *Vg* knockdown did not affect total lifespan in the high strain, it did  
338 affect both the pre-foraging (Kaplan-Meier  $\chi^2 = 13.898$ ,  $df = 2$ ,  $p < 0.001$ ) and  
339 post-foraging initiation (Kaplan-Meier  $\chi^2 = 7.323$ ,  $df = 2$ ,  $p = 0.0270$ ) lifespans,  
340 albeit in different directions. In the high strain, *Vg* knockdowns had significantly  
341 shorter pre-foraging lifespans than did injected controls (Cox-Mantel:  $injC$  vs.  
342  $vgRNAi$   $U = -28.596$ ,  $p < 0.01$ ; Fig 2A) consistent with their early foraging  
343 initiation (Ihle et al., 2010). Likewise, high strain  $vgRNAi$  bees had significantly  
344 longer post-foraging onset lifespans than the  $injC$  group (Cox-Mantel:  $inC$  vs.  
345  $VgRNAi$   $U = 13.899$ ,  $p = 0.0482$ ; Fig 2B), displaying an established negative  
346 correlation between pre- and post-foraging initiation components of lifespan

347 (Neukirch, 1982; Rueppell et al., 2007). In the low strain, there was no effect of  
348 treatment on either pre-foraging lifespan (Kaplan-Meier  $\chi^2 = 22.878$ ,  $df = 2$ ,  $p <$   
349  $0.0001$ ; Fig. 2C) or post-foraging initiation lifespan (Kaplan-Meier  $\chi^2 = 0.424$ ,  $df =$   
350  $2$ ,  $p = 0.8090$ ; Fig 2D), suggesting that the increase in overall lifespan is not an  
351 artifact of the age of foraging, a trait unaffected by *Vg* reduction in the low strain.  
352

### 353 3.2. Gene expression

354 *Vg* expression in fat body was significantly affected by strain ( $F_{(1, 79)} = 11.99$ ,  $p =$   
355  $0.0009$ ), treatment ( $F_{(1, 79)} = 67.20$ ,  $p < 0.0001$ ) and task ( $F_{(1, 79)} = 53.39$ ,  $p <$   
356  $0.0001$ ), but not colony ( $F_{(1, 79)} = 2.08$ ,  $p > 0.152$ ). Fat body *Vg* expression was  
357 not different between high and low strain injected control (LSD:  $p = 0.8670$ ,  $df =$   
358  $78$ ) or injected control foragers (LSD:  $p = 0.0886$ ,  $df = 78$ ). A significant strain x  
359 treatment effect ( $F_{(1, 79)} = 5.85$ ,  $p = 0.0178$ ) indicates that the knockdown was  
360 stronger in high strain bees. *Vg* expression in brain was upregulated in response  
361 to knockdown in abdominal fat body (Fig 3E-H). Expression of *Vg* in brain was  
362 affected by treatment ( $F_{(1, 73)} = 16.2737$ ,  $p < 0.0001$ ) and task ( $F_{(1, 73)} = 8.1764$ ,  $p$   
363  $= 0.0055$ ), but not by strain ( $F_{(1, 73)} = 1.3415$ ,  $p = 0.25$ ) or colony ( $F_{(1, 73)} = 3.5260$ ,  
364  $p = 0.0643$ ). Expression of *Vg* in brain is higher in foragers than it is in nurses  
365 (LSD:  $p = 0.0006$ ,  $df = 74$ ), and higher in the *vgRNAi* group than in injected  
366 controls (LSD:  $p < 0.0001$ ,  $df = 74$ ).

367 *Ilp1* expression in the abdominal fat body was influenced by task (Factorial  
368 ANOVA:  $F_{(1, 79)} = 28.93$ ,  $p < 0.0001$ ), but not by strain ( $F_{(1, 79)} = 0.126$ ,  $p =$   
369  $0.7240$ ), treatment ( $F_{(1, 79)} = 3.03$ ,  $P > 0.0854$ ), or colony ( $F_{(1, 79)} = 1.75$ ,  $P >$   
370  $0.189$ ). When the strains were considered separately, the effect of task was  
371 independently significant with nurses having higher expression than foragers in  
372 both high and low strains (LSD: high strain  $p < 0.0001$ ; low strain  $p < 0.0013$ ).  
373 There was no influence of strain ( $F_{(1, 69)} = 0.62$ ,  $p = 0.4354$ ), treatment ( $F_{(1, 69)} =$   
374  $1.28$ ,  $p = 0.2620$ ), task ( $F_{(1, 69)} = 0.63$ ,  $p = 0.4290$ ), or colony ( $F_{(1, 69)} = 0.49$ ,  $p =$   
375  $0.4840$ ) on *Ilp1* expression in brain.

376 As reported before, abdominal fat body expression of *Ilp2* was not affected  
377 by *Vg* knockdown (Factorial ANOVA:  $F_{(1, 67)} = 0.22$ ,  $p = 0.7730$ ) (Nilsen et al.

378 2011). However, strain ( $F_{(1, 67)} = 18.75$ ,  $p < 0.0001$ ) and task ( $F_{(1, 67)} = 11.82$ ,  $p <$   
379  $0.001$ ) did influence *Iip2* expression. The low strain has higher *Iip2* expression  
380 than the high strain, (LSD:  $p < 0.0001$ ,  $df = 68$ ) and nurses have higher  
381 expression than foragers ( $p < 0.0009$ ,  $df = 68$ ). Brain *Iip2* expression was not  
382 influenced by strain (Factorial ANOVA:  $F_{(1, 78)} = 0.076$ ,  $p = 0.783$ ), treatment ( $F_{(1,$   
383  $78)} = 0.86$ ,  $p = 0.358$ ), or task ( $F_{(1, 78)} = 2.47$ ,  $p = 0.120$ ).

384 *mnSOD* expression in abdominal fat body was affected by strain (Factorial  
385 ANOVA:  $F_{(1, 79)} = 6.81$ ,  $p = 0.011$ ) and task ( $F_{(1, 79)} = 16.85$ ,  $p < 0.0001$ ), but not  
386 by colony ( $F_{(1, 79)} = 1.23$ ,  $p = 0.271$ ) or treatment ( $F_{(1, 79)} = 0.07$ ,  $p = 0.7832$ ). Low  
387 strain bees had higher *mnSOD* expression than high strain bees (LSD:  $p <$   
388  $0.0034$ ,  $df = 80$ ), and nurses had higher expression than foragers ( $p < 0.0001$ ,  $df$   
389  $= 80$ ). Additionally, there was a significant interaction effect between strain and  
390 treatment ( $F_{(1, 79)} = 7.77$ ,  $p = 0.0066$ ), revealing that the strains responded  
391 differently to *Vg* knockdown (Fig 6A-D). While the effects of treatment were not  
392 independently significant for either strain (LSD: high strain  $p = 0.1150$ ,  $df = 80$ ;  
393 low strain  $p = 0.1470$ ,  $df = 80$ ), there was a non-significant trend in the high strain  
394 for *Vg* knockdown to decrease *mnSOD* expression in abdominal fat body and a  
395 non-significant increase in the low strain. In brain tissue, *mnSOD* expression is  
396 influenced by task (Factorial ANOVA:  $F_{(1, 78)} = 8.29$ ,  $p = 0.0051$ ), but not strain  
397 ( $F_{(1, 78)} = 1.48$ ,  $p = 0.226$ ) or treatment ( $F_{(1, 78)} = 1.20$ ,  $p = 0.276$ ). In contrast to  
398 expression patterns in abdomen, foragers had higher expression *mnSOD*  
399 expression in head tissue than did nurses. However, when these results are  
400 broken down by strain, the effect was only significant in the low strain (LSD: low  
401 strain  $p = 0.0122$ ; high strain  $p = 0.607$ ,  $df = 80$ ; Fig 6E-H).

402

#### 403 **4. Discussion**

404 Using two divergently selected strains of honey bees that differ in the strength of  
405 their *Vg*/*JH* feedback relationships, we were able to uncover lifespan responses  
406 to *Vg* knockdown not observed in a previous study on wild-type bees (Nelson et  
407 al., 2007). In the total population of treated bees, lifespan was not significantly  
408 different between high strain *Vg* knockdowns and controls. Intriguingly, in the low

409 strain, in which *Vg* knockdown does not affect behavioral maturation, *Vg*  
410 knockdown resulted in increased lifespan relative to injected controls. We  
411 predicted that the lifespan effects of *Vg* knockdown would be more pronounced  
412 in the sub-population of confirmed foragers. Foraging honey bees have among  
413 the highest metabolic rates measured (Harrison et al., 1996). Therefore, foraging  
414 represents a major metabolic and oxidative challenge for worker bees. While  
415 foragers have lower hemolymph titers of *Vg* than nurses, RNAi against *Vg* further  
416 reduces expression levels in the fat bodies of both high and low strains,  
417 potentially exposing *Vg* knockdowns to increased oxidative damage (Seehuus et  
418 al. 2006). There was no significant effect of *Vg* knockdown in confirmed high  
419 strain foragers, but they did display a non-significant trend toward decreased  
420 lifespan in response to *Vg* knockdown, similar to results from wild-type  
421 (unselected) honey bees (Nelson et al., 2007). In the low strain, we again  
422 observed an increase in total lifespan in the *vg*RNAi group.

423 We initially hypothesized that the *Vg* knockdown-induced increase in  
424 lifespan observed in low strain workers could be the result of delayed foraging  
425 onset, as age of foraging initiation has been shown to be strongly correlated with  
426 lifespan (Neukirch, 1982; Robinson et al., 1992a; Rueppell et al., 2007).  
427 However, in the low strain we found no effect of *Vg* knockdown on either pre-  
428 foraging or post-foraging initiation lifespan. This suggests that the overall lifespan  
429 increases observed in low strain *Vg* knockdowns occur throughout both general  
430 life stages, but were not statistically significant within either component of total  
431 lifespan. In the high strain, *Vg* knockdowns initiated foraging earlier in life (Ihle et  
432 al., 2010) and had longer foraging lifespans than did controls, consistent with  
433 previous work demonstrating a strong negative relationship between pre-foraging  
434 and post-foraging onset lifespans (Rueppell et al., 2007).

435 As the increased lifespan in the low strain *Vg* knockdown group could not  
436 be explained by behavioral ontogeny, we hypothesized that it may instead be  
437 due to differential *Vg* response to knockdown or compensatory signaling from  
438 pathways that intersect *Vg* action and which are associated with aging and  
439 senescence. While RNAi-induced *Vg* knockdown in the fat body is effective in

440 both strains, the high strain experiences a greater reduction in *Vg* expression in  
441 the fat body than the low strain. This reflects the *Vg* dynamics in untreated low  
442 strain bees that naturally have slower declines in *Vg* titer than do high strain bees  
443 (Amdam et al., 2007). The slower *Vg* decline observed in the low strain is likely  
444 due to a weak *Vg*/JH relationship in this strain. We did not find the previously  
445 observed strain differences in *Vg* expression in the fat body (Amdam et al.,  
446 2007). However, at 10 days of age, the bees in this study were likely past peak  
447 expression, after which expression of *Vg* decreases faster in the high strain.

448 In brain, we found that *Vg* expression is upregulated in response to both  
449 natural (*injC* foragers relative to nurses) and experimental (*vgRNAi* nurses and  
450 foragers relative to *injC* nurses and foragers respectively) declines in fat body-  
451 produced *Vg*. Our results are in contrast to those of a recent study using wild-  
452 type bees which found that brain *Vg* expression decreased in response to  
453 injection of dsRNA against *Vg* into the hemolymph (Nunes et al. 2013). However,  
454 these bees were collected at 15 days of age while our sample came from 10 day  
455 old bees. It is possible that we observed a short-lived phenotype present only  
456 immediately after foraging initiation or that, despite care, different dissectors  
457 produced samples containing different tissue types. The mechanism by which *Vg*  
458 affects behavior is not yet clear, nor are the relative contributions of fat body and  
459 brain expression levels. Further study is needed to determine which cell types  
460 can express *Vg* in honey bees, and how fat body and brain expression of *Vg* are  
461 related.

462 We found no evidence that *Ilp1* or *Ilp2* expression mediates the strain-  
463 specific, *Vg* knockdown induced differences in lifespan. There were no strain or  
464 strain-by-treatment effects on *Ilp1* expression. In same-age nurses and foragers,  
465 we found that nurse bees have higher fat body *Ilp1* expression than do foragers.  
466 In caged bees, fat body *Ilp1* expression increases in response to available amino  
467 acids and carbohydrates demonstrating a nutrient signaling function for *Ilp1*  
468 independent of behavioral phenotype (Nilsen et al., 2011; Ihle et al., 2014). Our  
469 results support these findings and extend them to free-flying bees as nurses  
470 have high nutritional stores relative to foragers (Crailsheim, 1986; Toth and



471 Robinson, 2005). We did not find previously reported differences in brain *Ilp1*  
472 expression correlated with task (Ament et al., 2008). However, as chronological  
473 age was not controlled in that study (Ament et al., 2008), the forager group was  
474 likely older than the nurse group. Thus, the increased brain expression of *Ilp1*  
475 observed in foragers may be due to a positive correlation between *Ilp1*  
476 expression and age (Corona et al., 2007).

477 We found that fat body *Ilp2* expression is higher in nurses than in foragers,  
478 a result consistent with the hypothesis that *Ilp2* is a broad indicator of nutrient  
479 availability (Nilsen et al., 2011). Additionally, we found that fat body *Ilp2*  
480 expression is higher in low strain than in high strain workers. We have previously  
481 hypothesized that *Ilp2* may be an antagonist of the honey bee insulin receptors  
482 and may suppress the metabolic changes that accompany the transition to  
483 foraging, but this has yet to be tested experimentally (Nilsen et al., 2011). Here,  
484 high expression of *Ilp2* in the fat body would act remotely to suppress  
485 transduction of the IIS pathway in brain tissue and so inhibit synthesis of JH, a  
486 downstream target. It is possible that the high expression of *Ilp2* in low strain  
487 bees plays a role in the reduced sensitivity of their *Vg*/JH relationship, and may  
488 slow the transition to forager physiology. While these findings do not support a  
489 role of *Ilp2* expression in the strain-specific lifespan response to *Vg* reduction,  
490 they do suggest that the low strain bees may be a valuable tool in determining  
491 the mechanisms that underlie not only the behavioral transition from nursing to  
492 foraging behavior but also the metabolic changes that accompany it.

493 Our data indicate that one potential mechanism underlying the longer  
494 lifespans in the low strain following *Vg* knockdown is an up regulation of genes  
495 associated with defense against oxidative damage. Low strain workers have  
496 higher fat body expression of *mnSOD*, which encodes an enzyme active in the  
497 degradation of superoxide radicals in mitochondria (Fridovich, 1995). Expression  
498 of *mnSOD* between the strains is differentially affected by *Vg* knockdown:  
499 expression is decreased slightly in the high strain and slightly increased in the  
500 low strain following *Vg* suppression. In low strain workers, brain expression of  
501 *mnSOD* is higher in foragers than in nurses. The generally higher *mnSOD*

502 expression in low strain bees may mean that they invest more heavily in  
503 alternative pathways to combat oxidative damage when *Vg* expression is  
504 generally low. As such, in response to *Vg* knockdown, they may be exposed to  
505 less oxidative damage than is the high strain. Perhaps in low strain workers,  
506 expression patterns of *mnSOD*, and potentially other genes that mitigate  
507 oxidative damage, combined with increased local expression of *Vg* in the brain  
508 buffer the effects of senescence generally observed in the brains of foragers  
509 enough to significantly lengthen lifespan in response to *Vg* knockdown. However,  
510 while oxidative damage has been shown to correlate with aging in many  
511 organisms (Bokov et al., 2004), more recent work has called into question a  
512 causal role for oxidative stress in aging (Perez et al., 2009; Salmon et al., 2010).  
513 Future work is needed to quantify how *Vg* titer impacts oxidative damage in the  
514 brains and peripheral tissues of free-flying honey bees, and whether such  
515 damage translates to functional declines.

516 In this study, we found evidence to suggest that bidirectional selection on  
517 behavior has altered systems of self-maintenance: In the relative absence of *Vg*,  
518 alternative mechanisms extend worker life in the low but not the high pollen  
519 hoarding strain. This response occurred in the physiological context of severely  
520 reduced *Vg* sensitivity and generally low *Vg* levels that characterize low strain  
521 workers throughout life (Amdam et al. 2004a, 2007). This phenotype is likely  
522 uncommon in wild type bees, which rely on intact *Vg* functions in regulation of  
523 health and behavior. However, the low strain developed in an artificial selective  
524 context that favored *Vg* deficiency because it reduced pollen hoarding. *Vg*  
525 deficiency has negative consequences for bee health (Amdam et al. 2004b;  
526 Seehuus et al. 2006b), but for each generation only the healthiest colonies were  
527 used in breeding of the high and low strains. The low strain colonies that were  
528 used in breeding may, therefore, have represented genotypes that were able to  
529 recruit alternative self-maintenance systems to replace *Vg*.

530 We were unable to demonstrate a clear molecular explanation for the  
531 extended lifespans in the low strain after *Vg* knockdown. However, we feel this

532 paper provide strong data to support the use of bidirectional selection in the  
533 study of honey bee health and aging.

534

535

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731 **7. Figure Captions**

732

733 Fig 1. *Vg* expression in (a-d) fat body and brain (e-h). Relative expression by  
734 strain, task and treatment group. (a-d) Fat body RNAi against *Vg* (*vgRNAi*) was  
735 highly effective in both strains and across behavioral groups, but the knockdown  
736 was stronger in the high strain. (e-h) In brain, *Vg* expression is higher in foragers  
737 than in nurses and higher in the *vgRNAi* group than in the *injC* group. Asterisks  
738 indicate p-values < 0.05.

739

740 Fig 2. Effect of *vitellogenin* knockdown on total lifespan in (a) high and (b) low  
741 strain bees. Panels display the cumulative proportion of treated bees still alive at  
742 a given point in time. There was no effect of treatment in high strain workers. In  
743 low strain workers the *vgRNAi* group, bees in which *Vg* was experimentally  
744 reduced from emergence, lived significantly longer than did the *injC* group, bees  
745 that received a control injection of the vehicle. Injection stress also impacted  
746 lifespan in the low strain with the *noREF* group, non-injected control bees, lived  
747 significantly longer than the *injC* treatment group.

748

749 Fig 3. Total lifespan divided into pre- and post-foraging initiation components for  
750 both high and low strains. (a) high strain *vgRNAi* bees have significantly shorter  
751 pre-foraging lives than do the *injC* bees consistent with their earlier foraging  
752 onset (Ihle et al., 2010). (b) In contrast, the post-foraging onset lifespans of high  
753 strain *vgRNAi* bees are significantly longer than those of *injC* bees. (c) In the low  
754 strain, while there was an overall effect of treatment, there was no difference in  
755 pre-foraging lifespan between the *vgRNAi* and *injC* groups. (d) There was no  
756 effect of treatment on the post-foraging initiation lifespan in the low strain.

757

758 Fig 4. *Ilp1* expression in (a-d) fat body and brain (e-h). Relative expression by  
759 strain, task and treatment group. (a-d) Fat body expression of *Ilp1* is higher in  
760 nurses than in foragers, but was not influenced by strain or treatment. (e-h)

761 Expression of *Ilp1* in brain was not affected by any of the factors included in this  
762 study.

763

764 Fig 5. *Ilp2* expression in (a-d) fat body and brain (e-h). Relative expression by  
765 strain, task and treatment group. (a-d) Fat body expression of *Ilp2* is higher in  
766 nurses than in foragers and higher in low strain workers than in high strain  
767 workers. *Vg* knockdown did not affect fat body expression of *Ilp2*. (e-h)  
768 Expression of *Ilp2* in brain was not affected by any of the factors included in this  
769 study.

770

771 Fig 6. *mnSOD* expression in (a-d) fat body and brain (e-h). Relative expression  
772 by strain, task and treatment group. (a-d) Fat body expression of *mnSOD* is  
773 higher in nurses than in foragers and higher in low strain workers than in high  
774 strain workers. *mnSOD* expression was not affected by *Vg* knockdown. However,  
775 there was a significant strain by treatment response revealing that the low strain  
776 *vgRNAi* group had increased *mnSOD* expression relative to the high strain  
777 *vgRNAi* group. (e-h). Brain expression of *mnSOD* is higher in foragers than in  
778 nurses, but this effect is driven by differences in the low strain.

779

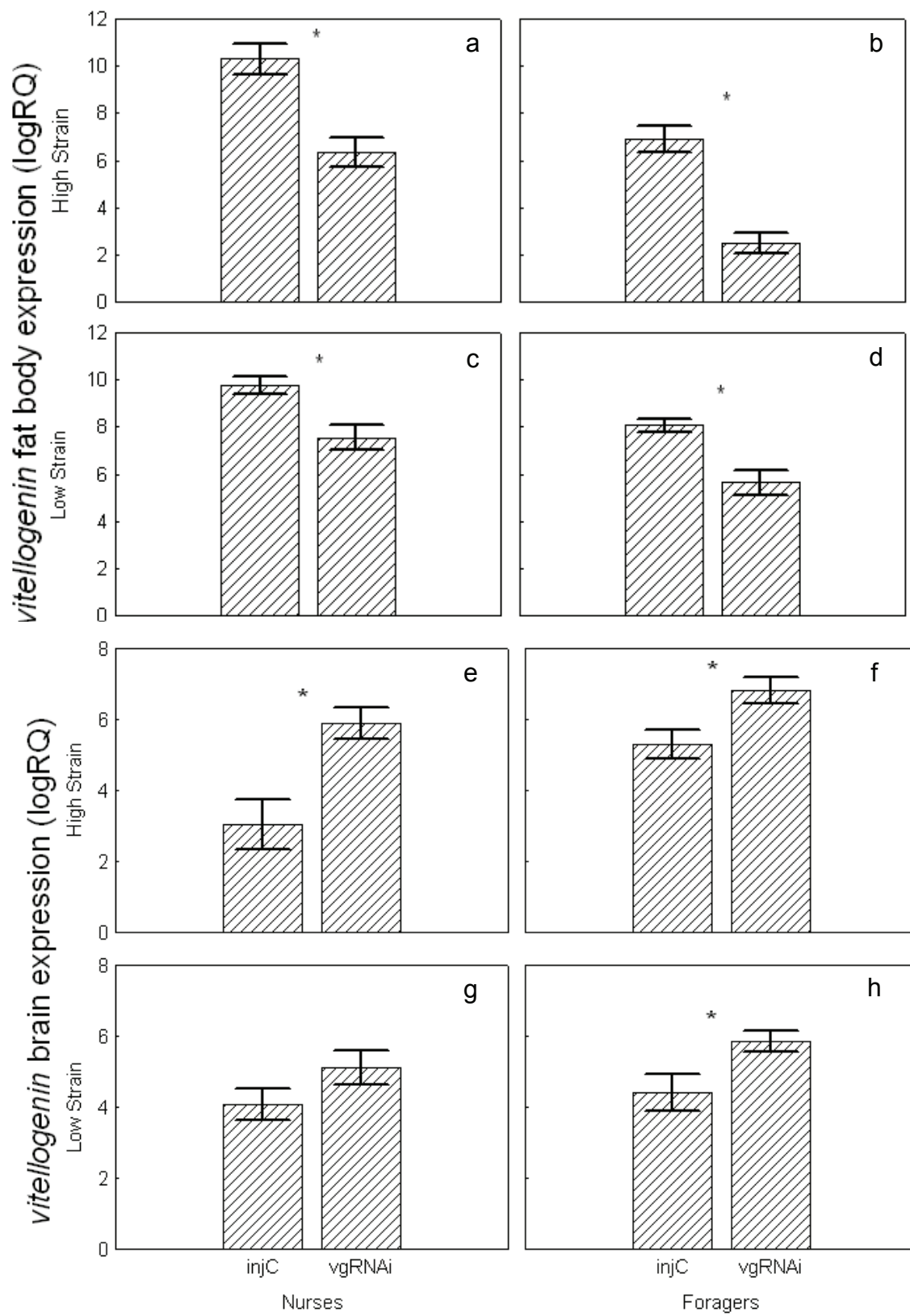


Figure 1

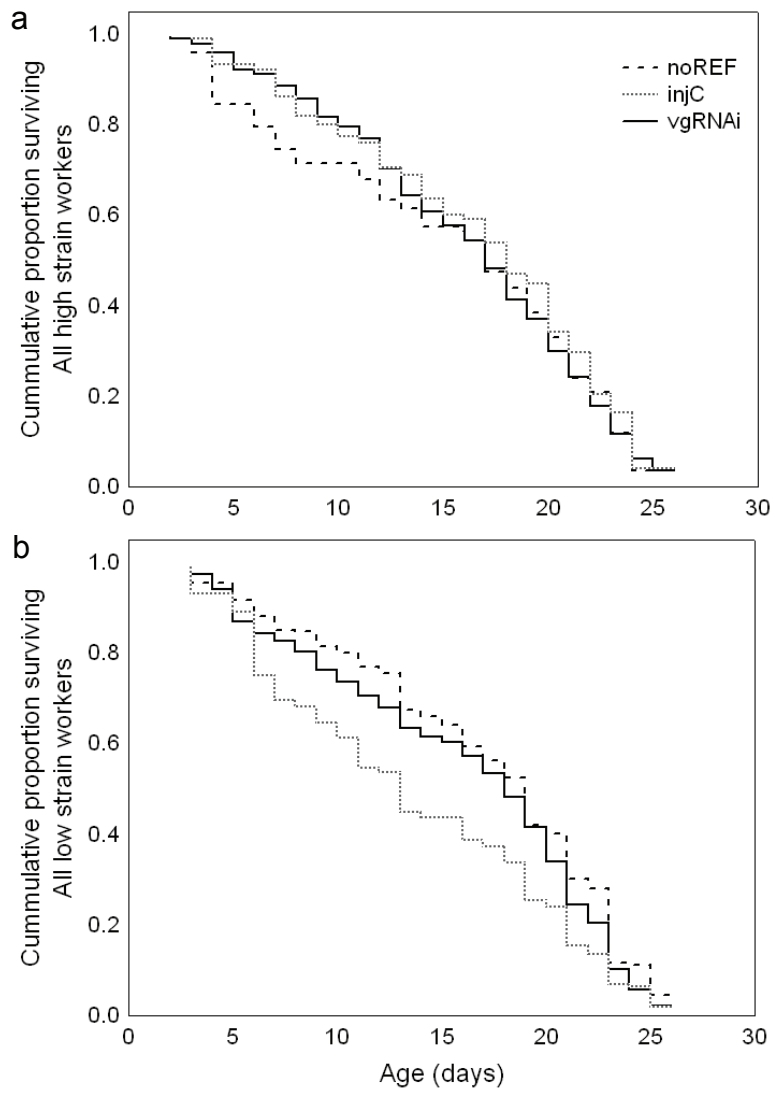


Figure 2

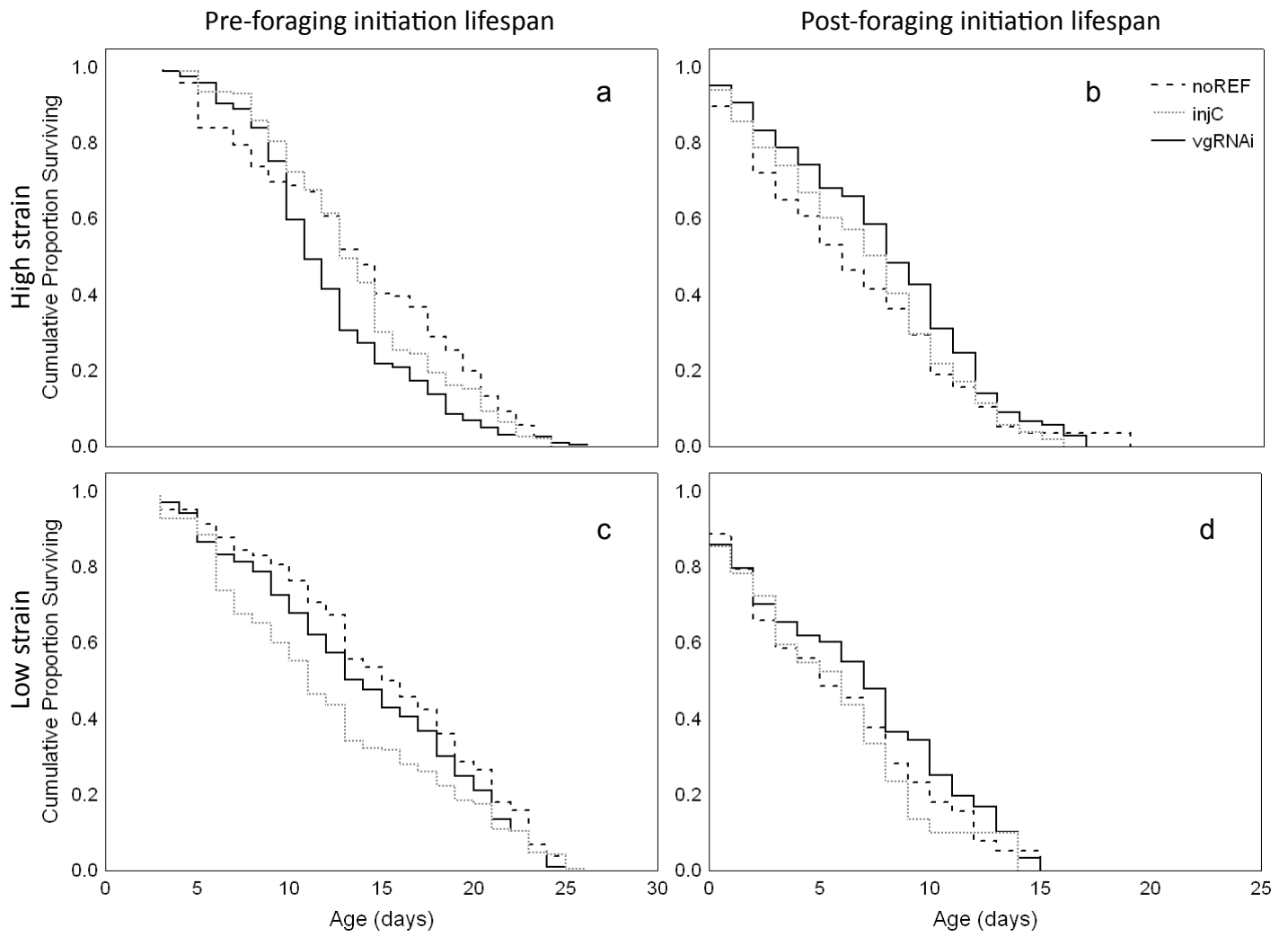


Figure 3

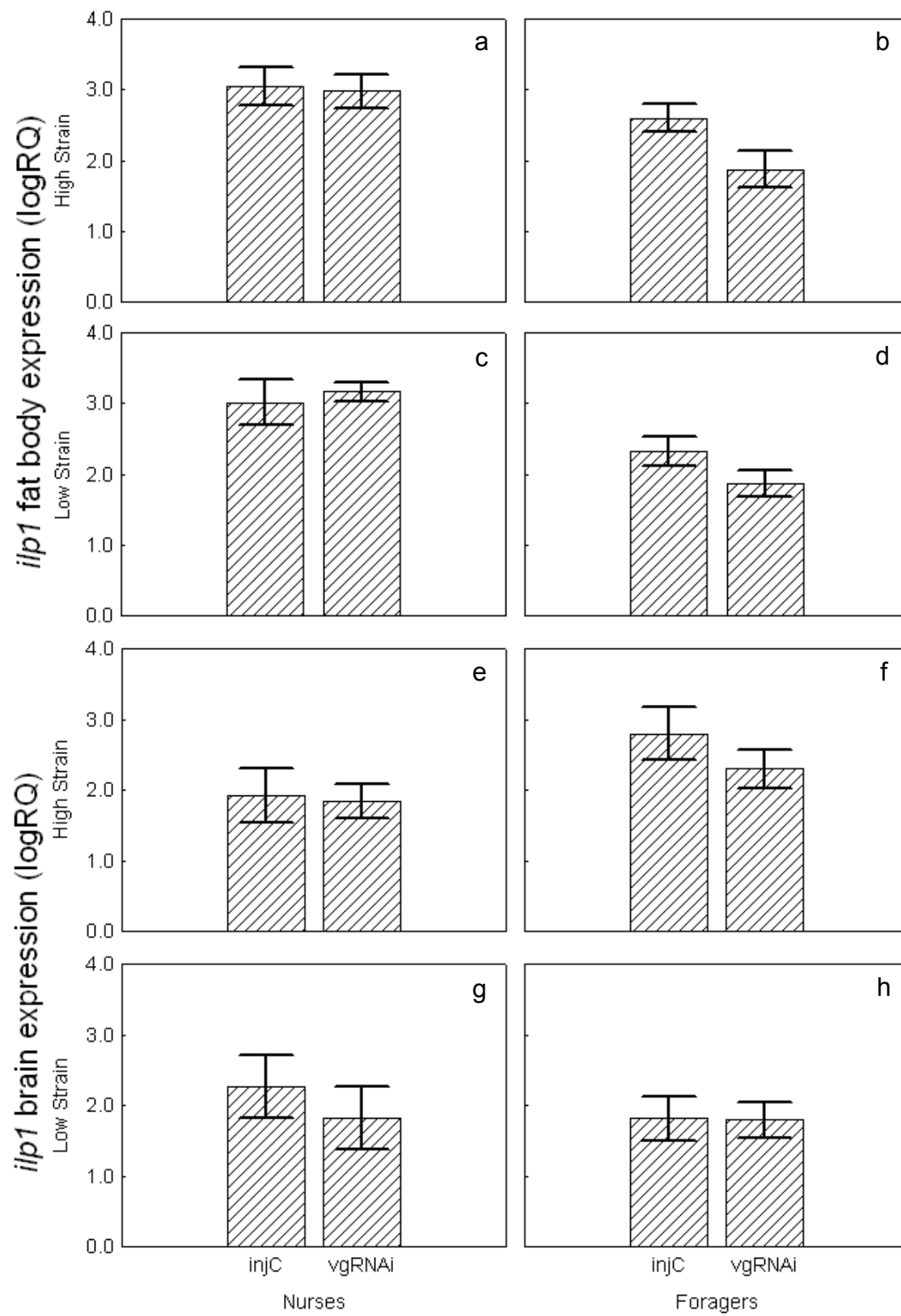


Figure 4



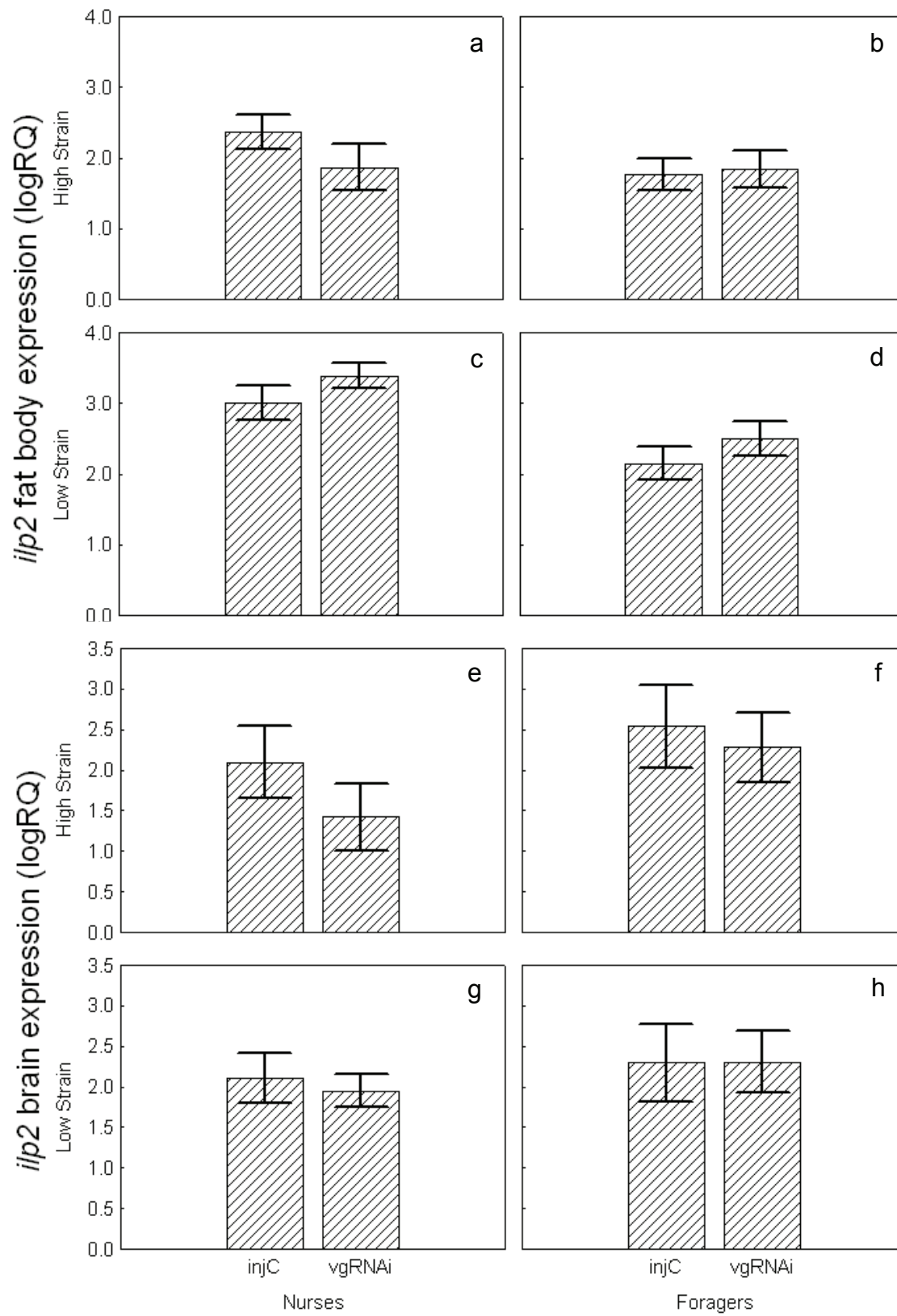


Figure 5

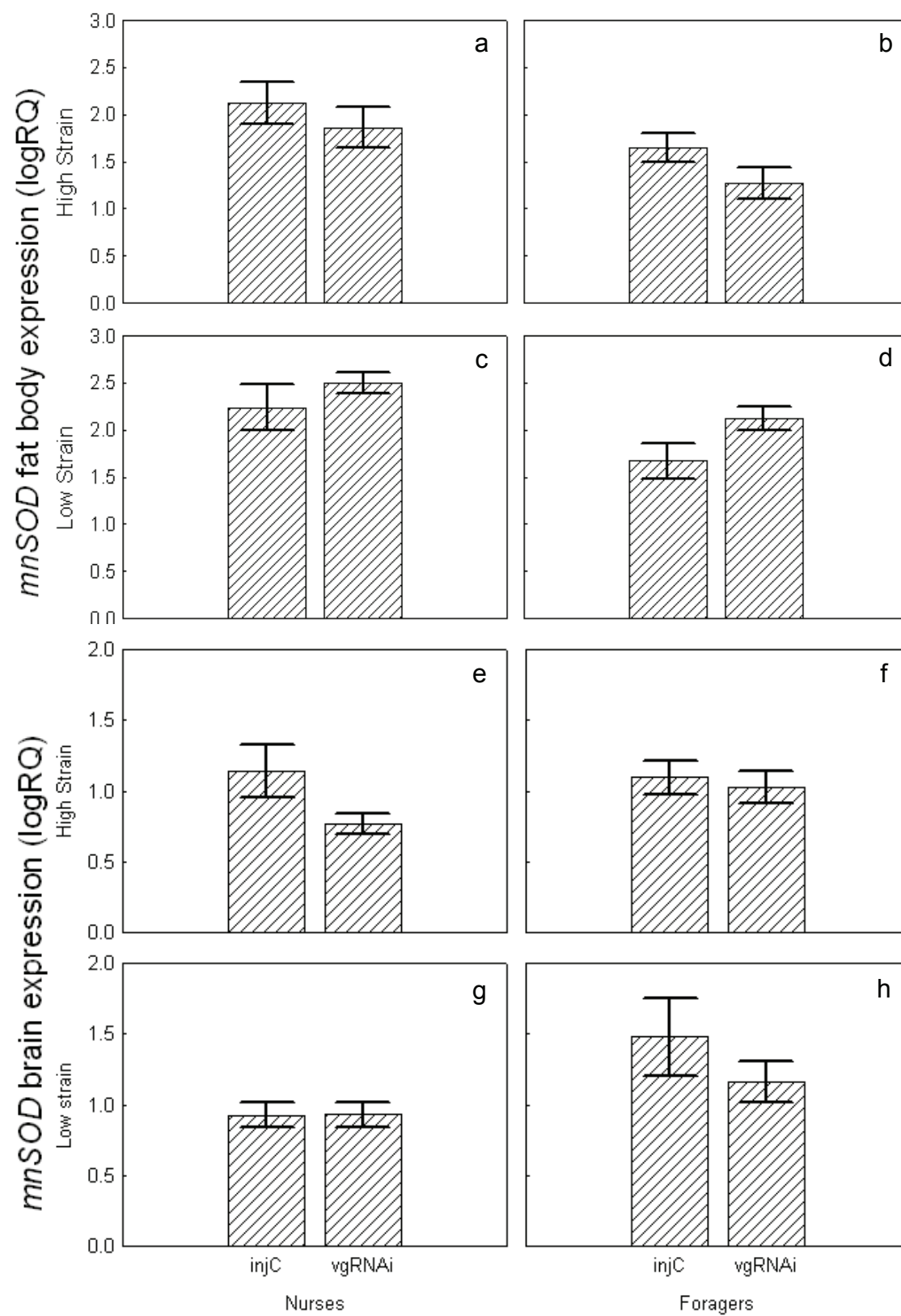


Figure 6

## SUPPLEMENTAL INFORMATION

Table S1. List of primers and accession numbers.

Gene	Primer Sequences	Accession Number
<i><math>\beta</math>-actin</i>	F: 5'-TGCCAACACTGTCCTTTCTG- 3' R: 5'-AGAATTGACCCACCAATCCA- 3'	AB023025
<i>vitellogenin</i>	F: 5'- GTTGGAGAGCAACATGCAGA - 3' R: 5'- TCGATCCATTCCCTTGATGGT - 3'	AJ517411
<i>insulin-like peptide 1</i>	F: 5'-CGATAGTCCTGGTCCGGTTTG- 3' R: 5'-CAAGCTGAGCATAGCTGCAC- 3'	GB17332-PA
<i>insulin-like peptide 2</i>	F: 5'- TTCCAGAAATGGAGATGGATG- 3' R: 5'-TAGGAGCGCAACTCCTCTGT- 3'	GB10174-PA
<i>manganese superoxide dismutase</i>	F: 5'- GGTGGTGGTCATTTGAATCATTG-3' R: 5'- AAGAAGTGCAGCGTCTGGTTTAC-3'	AY329356