# An Adaptive Framework to Assist in the Co-Creative Development of Sustainable Community Food Systems

By Jason Tibbetts & Eden Institute- Spring 2019



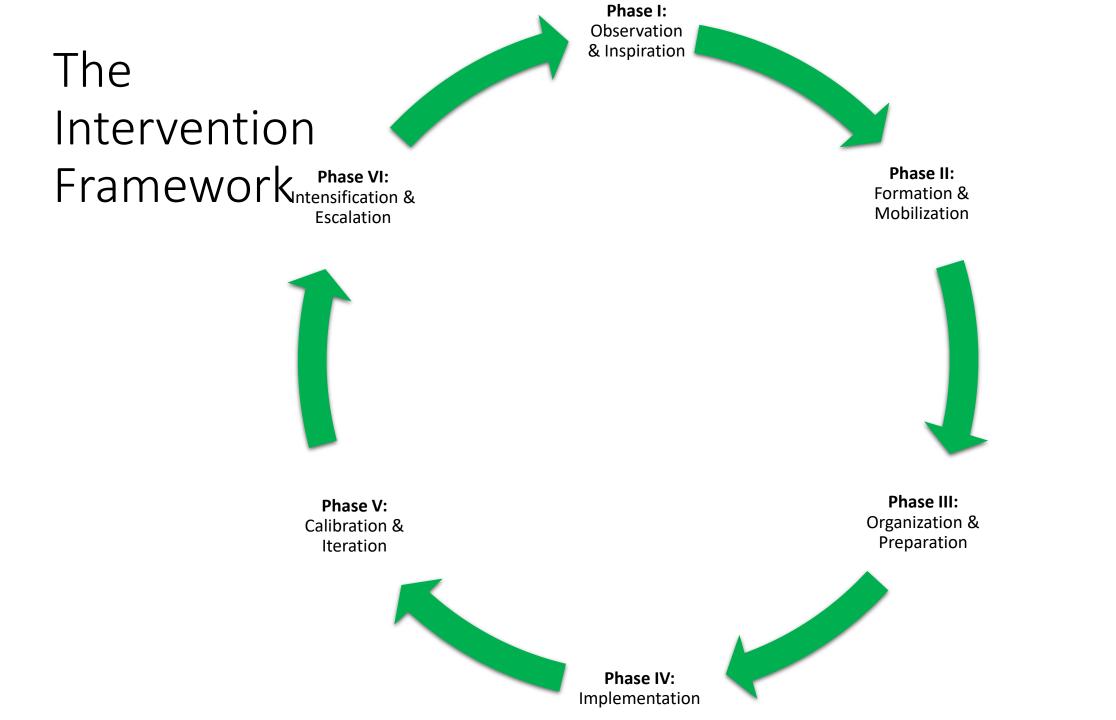
- 20+ years experience in the landscaping industry in the Phoenix area.
- Goal: Beautiful yards that produce food and pay for themselves
- Emphasis on ecological design
- In the process of a rebranding transition

#### What I set out to do

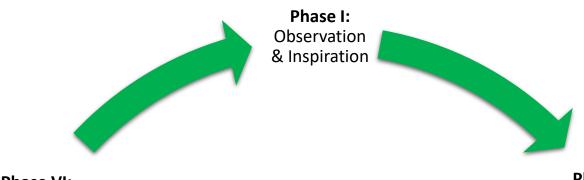
- Compare existing community intervention strategies.
- Identify leverage points where a community food system could be introduced.
- Create a "Frankenstein-type-protocol" for building community food systems.
- Address Food Insecurity and Unsustainable Landscapes.

### Comparative Assessment of Existing Strategies

- Assessment of 17 community engagement strategies
  - Strengths?
  - Weaknesses?
  - What phase of the intervention process does it belong?



#### The Phases



Phase VI: Intensification & Escalation

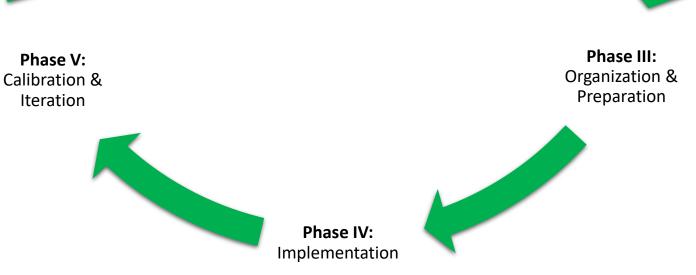
- 1. Observation & Inspiration
  - Initial Contact
  - Build Relationships of Trust
  - Listening Sessions
- 2. Formation & Mobilization
  - Organize Focus Groups
  - Visioning Workshops (what they want)
- 3. Organization & Preparation
  - Asset Inventory (what they have)
  - Pilot Project Planning (how to get there)

**Phase II:** Formation & Mobilization

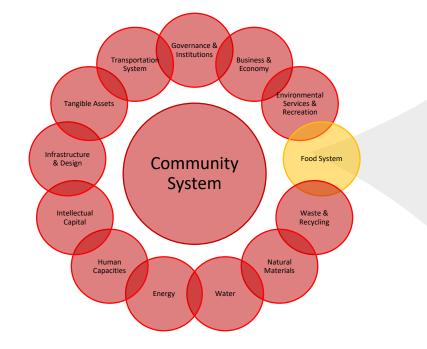


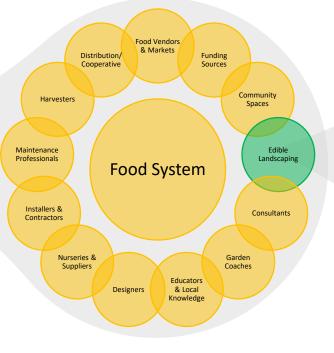
# The Phases

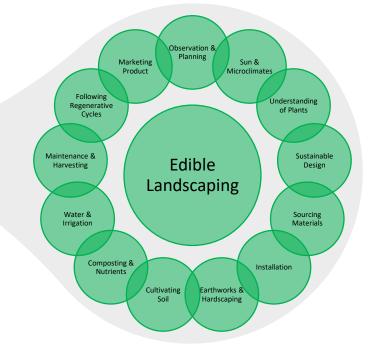
- 4. Implementation
  - Pilot Project Fulfillment
  - Collect Data
- 5. Calibration & Iteration
  - Systems Dynamics Model
  - Fine-Tune Process
- 6. Intensification & Escalation
  - Scale Community Projects
  - Scale Projects to Other Communities

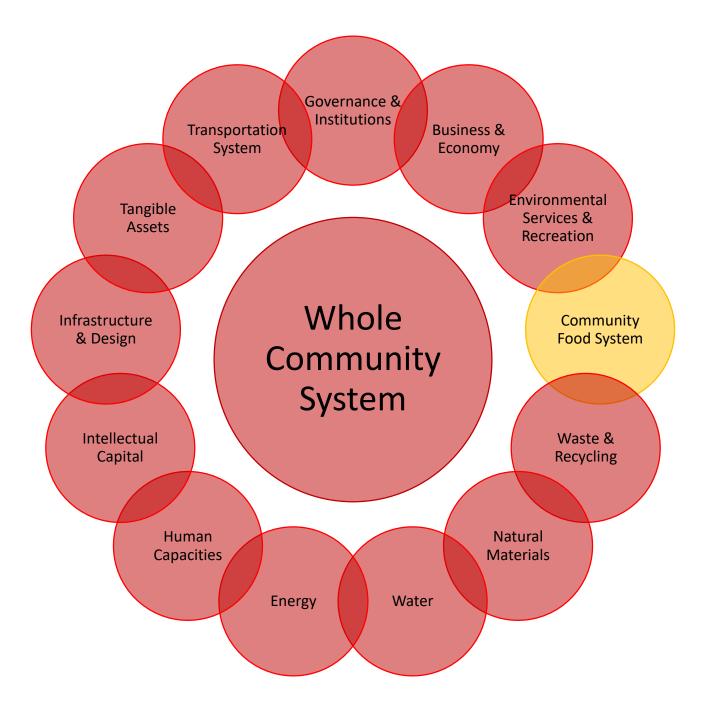


#### Nested Systems

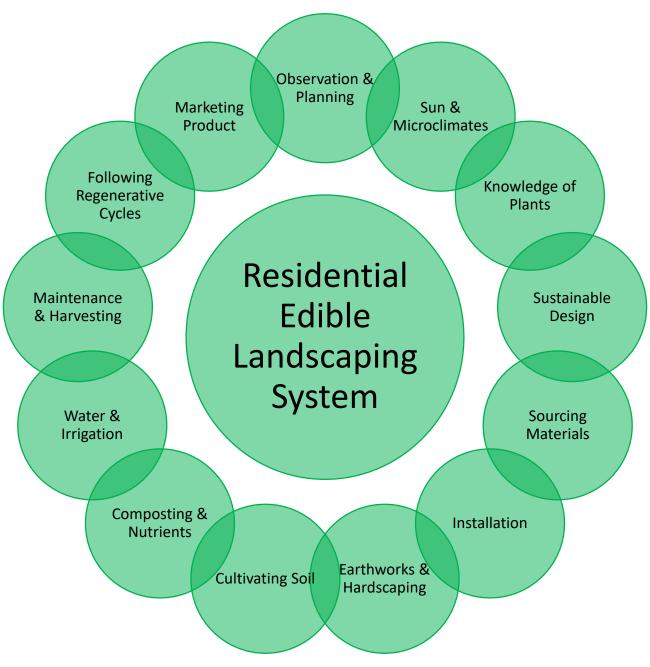












Based on Eden Institute's existing field experience

### Essential Aspects of Resident Relationships

- Love and an open heart
- Open mind- identify existing knowledge
- Humble disposition- build trust
- Set expectations upfront
- Maintain a co-creative environment
- Always seek to forfeit control of the process

### Accomplishments!

- Reviewed and analyzed existing frameworks and protocols
- Identified effective community intervention strategies
- learned what goes into building a holistic community intervention framework and protocol.
- Designed frameworks that represented each of the 3 systems
- Identified my own strengths and where my skills can be applied
  - Post-engagement relationship building, rather than initiating foundational contact.
  - Fine tuning existing community development work

#### Lessons Learned

✓ Acknowledge limited timeframe

✓ Recognize community system complexity

✓ Reporting demands attention

 $\checkmark$  Focus on the basics

✓ Co-design custom community protocols with residents.

### The Future Use of the Framework

- This framework will be used as a foundational process to follow and to develop custom protocols for community intervention
- The non-profit arm of Eden Institute (The Backyard Garden Foundation) will use the framework to guide the process of micro-loan financing for low-income community members to install edible landscaping projects.
- Provides a foundation to work in communities at different scales

## What can be built upon

- The completion of the Community Assets Map Workshop Game.
- Community Protocol Baseline Format
- Custom community protocols



# THANK YOU!