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The delicate balance in genetically engineering live vaccines.

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22 **KEY WORDS**

23 *Salmonella*

24 carrier

25 vaccine

26 foreign antigen

27 metabolic burden

28 over-attenuation

29

30

31 **ABBREVIATIONS**

32 GFP; green fluorescent protein

33 LD50; 50% lethal dose

34 RDAP; regulated delayed attenuation phenotype

35 RDAS; regulated delayed antigen synthesis

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37

38

39 **ABSTRACT**

40 Contemporary vaccine development relies less on empirical methods of vaccine
41 construction, and now employs a powerful array of precise engineering strategies to construct
42 immunogenic live vaccines. In this review, we will survey various engineering techniques used
43 to create attenuated vaccines, with an emphasis on recent advances and insights. We will
44 further explore the adaptation of attenuated strains to create multivalent vaccine platforms for
45 immunization against multiple unrelated pathogens. These carrier vaccines are engineered to
46 deliver sufficient levels of protective antigens to appropriate lymphoid inductive sites to elicit
47 both carrier-specific and foreign antigen-specific immunity. Although many of these
48 technologies were originally developed for use in *Salmonella* vaccines, application of the
49 essential logic of these approaches will be extended to development of other enteric vaccines
50 where possible. A central theme driving our discussion will stress that the ultimate success of
51 an engineered vaccine rests on achieving the proper balance between attenuation and
52 immunogenicity. Achieving this balance will avoid over-activation of inflammatory responses,
53 which results in unacceptable reactogenicity, but will retain sufficient metabolic fitness to enable
54 the live vaccine to reach deep tissue inductive sites and trigger protective immunity. The
55 breadth of examples presented herein will clearly demonstrate that genetic engineering offers
56 the potential for rapidly propelling vaccine development forward into novel applications and
57 therapies which will significantly expand the role of vaccines in public health.

58

59 INTRODUCTION

60 The recent explosion in the availability of genomic sequences for a wide variety of
61 pathogenic organisms, coupled with a rapid advance in powerful genetic engineering
62 technologies, now offers the opportunity of efficiently developing highly immunogenic and
63 protective vaccines against a wide variety of diseases. The pathogens against which these
64 vaccines are developed may be of viral, bacterial, parasitic, or fungal origin, and the resulting
65 vaccines can be engineered either for animal or human vaccination. In this review, we will focus
66 on the engineering of live bacterial vaccines, and we will use the genus *Salmonella* to illustrate
67 engineering strategies, which can in principle be applied to a variety of bacterial pathogens for
68 which relevant molecular biology and pathogenicity data are available. A central theme of this
69 review will be the importance of metabolic fitness and its impact on the immunogenicity and
70 protective efficacy of live vaccines. The application of engineering technologies to pathogens
71 without careful consideration of the balance between attenuation and immune responses can
72 yield vaccine candidates that have excellent safety characteristics but have lost the capacity to
73 reach immunological effector sites and consequently fail to induce protective immunity.
74 Strategies that have been recently developed to address this critical balance between safety
75 and immunogenicity will be emphasized within this context of metabolic fitness.

76

77 ENGINEERING of BACTERIA INTENDED AS HOMOLOGOUS VACCINES.

78 Attenuating strategies targeting virulence and metabolism. It is relatively easy to weaken
79 pathogens and engineer safe candidate attenuated vaccines. Given that these pathogens are
80 exquisitely adapted to grow and replicate within their hosts, engineering disruptions in their
81 intricate balance of metabolic and virulence mechanisms will certainly not require an inordinate
82 amount of technical prowess to create attenuated strains. However, assuring safety while still
83 achieving the immunogenicity and protective efficacy required with live vaccines has proven to
84 be a much more challenging proposition for vaccine development. In cases where virulence

85 factors such as toxins have been clearly defined, engineering deletions of such toxins has
86 proven to be quite successful in creating effective vaccines. Complete deletion of virulence
87 genes, rather than introduction of inactivating point mutations, is required to ensure that the
88 likelihood of reversion of the vaccine candidate back to a wildtype pathogen is very low; to
89 further reduce the possibility of reversion, introduction of one or more additional attenuating
90 deletions is usually carried out as well. This early strategy for vaccine design was successfully
91 applied by Tacket et al. almost a decade ago in the construction of an attenuated live cholera
92 vaccine [1]. To accomplish this, the wildtype *V. cholerae* classical Inaba strain 569B was
93 engineered for removal of both the catalytic subunit of cholera enterotoxin, as well as deletion of
94 a putative hemolysin virulence factor. When tested in volunteers, this vaccine was found to be
95 safe and highly immunogenic, with a protective efficacy of 91% against moderate to severe
96 diarrhea and 80% against any diarrhea, after challenge with 10^5 colony forming units (CFUs) of
97 fully virulent *Vibrio cholerae*.

98 In the case of *Salmonella* vaccines, attenuation of wildtype strains has focused both on
99 deletion of virulence factors as well as disruption of metabolic pathways, and the two serovars
100 of *Salmonella* with which most vaccine constructions have been carried out are *Salmonella*
101 *enterica* serovars Typhimurium and Typhi. *S. Typhimurium* typically causes a self-limiting
102 gastroenteritis in humans while *S. Typhi* is the etiologic agent of typhoid fever. In both serovars,
103 virulence factors have been found to be chromosomally encoded within clusters called
104 *Salmonella* Pathogenicity Islands (SPIs) which play critical roles in the manifestation of disease
105 [2]. Much attention has been devoted in particular to two distinct pathogenicity islands that
106 encode type III secretion systems (T3SS) that inject virulence proteins called effectors into
107 target eukaryotic cells, disrupting normal host cellular functions and facilitating *Salmonella*
108 invasion and systemic disease [3-5]. The SPI-1 T3SS externally targets eukaryotic host cells
109 and injects effectors that trigger actin rearrangements to enhance uptake of *Salmonella*. Then

110 using the SPI-2 T3SS, internalized *Salmonella* are able to inject additional effector proteins into
111 the cytoplasm essential for bacterial intracellular survival and replication [6].

112 In a study reported by Hindle et al. [7], attenuated vaccine candidates from both *S.*
113 *Typhimurium* (designated WT05) and *S. Typhi* (designated M01ZH09) were engineered such
114 that delivery of all SPI-2 effectors was disrupted by deletion of a critical structural protein *ssaV*
115 involved in the assembly of the effector injectisome apparatus. This deletion mutation was
116 accompanied by a further deletion in *aroC* involved in the aromatic amino acid biosynthesis
117 pathway, creating candidate vaccine strains which were then compared in a Phase 1 dose-
118 escalating clinical trial [7]. Both strains were shown to be safe, with negligible clinical symptoms
119 and no vaccine organisms detected in the blood. The *S. Typhi* M01ZH09 vaccine was shed
120 from the majority of volunteers for 3 days. However, the attenuated *S. Typhimurium* WT05 strain
121 established an unacceptably persistent colonization of volunteers with shedding for up to 3
122 weeks, and this strain was not pursued further. When evaluated in Phase 2 clinical trials [8],
123 single oral doses of M01ZH09 up to 1.7×10^{10} CFUs were found to be safe and immunogenic,
124 with 97.4% of subjects responding to vaccination with either IgG or IgA responses to *S. Typhi*
125 LPS, and 92.1% of those receiving a dose of 7.5×10^9 CFUs having a positive *S. Typhi* LPS-
126 specific ELISPOT response.

127 **Balancing safety and immunogenicity.** Live vaccines that are insufficiently attenuated elicit
128 unacceptable clinically defined adverse events in vaccinees and are considered unacceptably
129 reactogenic. As work with the attenuated M01ZH09 *S. Typhi* vaccine illustrates, attenuation
130 strategies targeting both virulence determinants and metabolic factors can be quite effective for
131 constructing safe and immunogenic live vaccines that perform well in clinical trials. However,
132 care must be taken to ensure that metabolic attenuation strategies do not result in the over-
133 attenuation of vaccines, with subsequent loss of immunogenicity resulting from the crippling of
134 metabolic fitness of the live vaccine. Genetic inactivation of too many critical genes, or
135 inappropriate selection of targets, can result in vaccine candidates that fail to colonize a host

136 sufficiently to engage innate and acquired immunity, and elicit durable protection. We have
137 previously reviewed the results of clinical trials conducted with attenuated *S. Typhi* candidate
138 vaccines, and noticed a striking relationship between reactogenicity and immunogenicity [9],
139 which we illustrate schematically in **Figure 1**. Fully virulent strains, as well as vaccine
140 candidates, which are insufficiently attenuated elicit unacceptable clinical symptoms (i.e. highly
141 reactogenic) but also tend to be highly immunogenic (**Figure 1A**). Vaccines that have been
142 genetically engineered to minimize reactogenicity may become insufficiently immunogenic
143 (**Figure 1B**). Ideally, the most promising live vaccines that perform well in clinical trials will
144 achieve a delicate balance between reactogenicity and immunogenicity (**Figure 1C**).

145 This concept is clearly illustrated by a series of attenuated *S. Typhi* candidate oral
146 vaccines engineered from the wildtype strain CDC10-80, all carrying a deletion in the *aroA* gene
147 critical to the aromatic amino acid biosynthesis pathway. When coupled with an additional
148 mutation in *aroD*, the resulting $\Delta aroA \Delta aroD$ strain proved to be insufficiently attenuated but
149 highly immunogenic (Figure 1A) [10]. When the triple deletion mutant $\Delta aroA \Delta aroD \Delta htrA$ was
150 constructed (by further deletion of *htrA* encoding a heat-shock serine protease), safety improved
151 at lower oral dosage levels but immunogenicity declined (Figure 1B); at higher oral doses which
152 improved immunogenicity, reactogenicity (i.e. fever and bacteremia) was unacceptably high
153 (Figure 1A) [10]. Combining $\Delta aroA$ with deletions in either *purA* (involved in the purine
154 biosynthesis pathway), or *phoP/phoQ* (a two-component environmental regulatory system of
155 virulence in *Salmonella*) dramatically reduced both reactogenicity and immunogenicity (Figure
156 1B) [11;12]. It was only when the *phoP/phoQ* deletion mutation alone was introduced into a
157 different parent strain of *S. Typhi* (Ty2) that it became possible to balance reactogenicity with
158 immunogenicity at high oral dosage levels (Figure 1C) to induce vaccine-specific immunity [13].
159 These observations clearly illustrate that the engineering of an attenuated live bacterial vaccine
160 requires a carefully crafted balance between attenuation and immunogenicity that is not always
161 attainable by deliberate engineering and may sometimes only be achieved by trial and error,

162 with clinical trials ultimately determining the fate of vaccines that animal models can only
163 suggest as promising candidates.

164 Over-attenuation and the subsequent failure of engineered strains to reach appropriate
165 immune inductive sites was encountered by Kong et al. [14] with efforts to construct attenuated
166 strains of *S. Typhimurium* by engineering modifications to lipopolysaccharide (LPS). LPS is the
167 major component of the outer membrane of *Salmonella*, and is a key virulence determinant that
168 confers protection against complement activation and killing by macrophages [15]. LPS is
169 comprised of a lipid A membrane anchor, a core oligosaccharide, and the outer O-antigen which
170 defines the various serovars of *Salmonella*. Since the enzymatic pathways involved in LPS
171 synthesis are well characterized for *Salmonella* [16], Kong et al. undertook a systematic
172 analysis of the effects of engineering truncations in O-antigen and core sugars of LPS on the
173 virulence and immunogenicity of *S. Typhimurium*. All of the resulting mutants tested were
174 shown to be avirulent in mice; the lethal dose of organisms resulting in death for 50% of a group
175 of orally challenged mice (LD50) was determined to be $>10^9$ CFU for all engineered strains. A
176 clear relationship emerged between the extent of truncating LPS and deep tissue colonization of
177 mice, and it was determined that deletion of LPS into the core oligosaccharide region resulted in
178 a severe drop in colonization while preservation of at least one sugar residue at the terminus of
179 the O-antigen was sufficient to enable significant colonization of the Peyer's patches, liver, and
180 spleen of orally and intranasally immunized mice. It was also conclusively demonstrated that
181 strains which successfully colonized deep tissues induced excellent serum antibody responses
182 against *S. Typhimurium* LPS [14].

183 **Attenuation achieved by addition as well as subtraction.** Up to this point, we have
184 considered only the construction of attenuated vaccine strains by deletion of native endogenous
185 functions, whether they be virulence determinants or metabolic factors. However, novel
186 approaches have recently been reported in which fully functional factors from foreign bacteria
187 have been engineered into a pathogenic strain with the intention of disrupting pathogenicity and

188 improving innate and adaptive immunity. This intriguing strategy has been applied to the
189 remodeling of the lipid A moiety of LPS which is responsible for the endotoxic activity of enteric
190 pathogens such as *Salmonella*. The lipid A moiety of LPS stimulates a strong innate immune
191 response via stimulation of the Toll-like receptor 4 (TLR4)-MD2 complex, and triggers a
192 vigorous inflammatory response that contributes to the reactogenicity of *Salmonella*. The
193 endotoxicity of lipid A is dependent on the number and length of hydrophobic acyl side chains
194 anchoring lipid A into the outer membrane [17], as well as the phosphorylation state of the
195 disaccharide backbone [18]. Lipid A is typically biphosphorylated in *Salmonella*, which enables
196 full induction of innate immunity through stimulation of TLR4-MD2. Kong et al. [19] reported that
197 insertion of foreign genes encoding non-homologous phosphatases into *S. Typhimurium*
198 resulted in attenuated strains with increased sensitivity to the bile salt deoxycholate and
199 reduced ability to colonize the deep tissues of mice after oral immunization. The LD50 for
200 engineered strains producing monophosphorylated lipid A increased 3-4 logs while strains with
201 totally non-phosphorylated lipid A were completely avirulent in mice. Despite the fact that
202 monophosphorylated strains still retained some virulence at high doses, this strategy may still
203 prove effective in reducing reactogenicity at high doses when combined with other attenuating
204 deletions in metabolic pathways.

205 LPS-remodeling strategies have also proven to be useful in the engineering of
206 attenuated strains of *Yersinia pestis*, the causative agent of plague. The lipid A membrane
207 anchor of *Y. pestis* LPS carries six hydrophobic side chains (hexa-acylated) when residing
208 outside its human host, but down-regulates acylation to a tetra-acylated form after infection in
209 response to the increase in temperature from ambient 26°C to 37°C. Hexa-acylated LPS is a
210 potent TLR4 agonist while tetra-acylated LPS binds poorly to TLR4-MD2, resulting in a
211 reduction in inflammatory responses. When *Y. pestis* was engineered for chromosomal
212 expression of a non-homologous acyl-transferase, forcing expression of hexa-acylated LPS at
213 37°C, the resulting strains were highly attenuated yet immunogenic when this mutation was

214 coupled with a metabolic deletion in a sugar utilization pathway. Mice immunized
215 subcutaneously or intranasally with this construct were protected against both subcutaneous
216 and intranasal challenge with fully virulent *Y. pestis* [20]. Interestingly, when attempts were
217 made to further attenuate engineered plague vaccines by reducing the phosphorylation state of
218 lipid A using a non-homologous phosphatase (an approach that proved successful when applied
219 to *Salmonella*), this strategy was unsuccessful with *Y. pestis* [21].

220 **Attenuation through replication.** Until recently, all attenuating strategies developed to date
221 had begun with a fully virulent pathogen and engineered insertion or deletion mutations into a
222 wildtype strain with the goal of creating a vaccine candidate that was sufficiently attenuated to
223 ensure safety but sufficiently robust to confer immunogenicity. A novel shift in this established
224 paradigm was first reported by Curtiss et al. in 2009 [22], in which candidate vaccines were
225 engineered to be fully virulent at the time of immunization, and to become attenuated as they
226 replicated within the host. This attenuation strategy effectively avoids the over-attenuation of
227 vaccines prior to reaching appropriate immune induction sites since the intricate balance
228 between virulence factors and metabolic pathways of the engineered pathogen remain
229 unchanged until limited replication within the host gradually manifests the attenuated state. This
230 biological transition from a fully virulent organism to an attenuated vaccine is referred to as a
231 regulated delayed attenuation phenotype (RDAP), and is engineered to be dependent on the
232 intracellular concentration of the sugar arabinose at the time of immunization. To accomplish
233 this requires the genetic targeting of several key metabolic chromosomal loci involved in the
234 intracellular replication and survival of *Salmonella*, whose transcription levels are re-engineered
235 to be controlled by the arabinose activator/repressor AraC [23]. In the presence of arabinose,
236 AraC binds arabinose and subsequently activates transcription of any genes transcriptionally
237 controlled by the arabinose promoter P_{BAD} ; in the absence of arabinose, AraC is incapable of
238 activating P_{BAD} and transcription ceases. Given that arabinose concentrations available to
239 vaccine organisms after immunization will be insufficient to ensure synthesis of these critical

240 regulatory proteins *in vivo*, loss of function will increase with every round of replication of
241 vaccine organisms until maximum attenuation occurs. Using this transcriptional control system,
242 gene cassettes encoding AraC linked to P_{BAD} were engineered by Curtiss et al. to replace the
243 natural promoters controlling genes involved in iron regulation (*fur*), catabolite repression (*crp*),
244 magnesium regulation of virulence factors (*phoPQ*), and stationary-phase protein expression
245 (*rpoS*). All engineered strains were confirmed *in vitro* not to grow in the absence of arabinose
246 on otherwise rich bacteriologic media. While strains carrying individually targeted regulatory
247 genes proved to be insufficiently attenuated in the mouse model at elevated oral doses [22],
248 later combinations of these mutations proved to yield highly immunogenic live vaccines in orally
249 immunized mice [24]. This attenuating strategy was recently introduced into *S. Typhi* strains in
250 anticipation of Phase 1 clinical trials [25] which have now been completed; candidate RDAP
251 vaccine strains were proven to be safe and immunogenic in orally vaccinated volunteers,
252 demonstrating that properly attenuated live *S. Typhi* vaccines such as RDAP vaccines can
253 retain the ability to undergo limited replication within humans without eliciting clinical symptoms
254 [26].

255

256 **FURTHER ENGINEERING of ATTENUATED STRAINS AS CARRIER VACCINES FOR** 257 **DELIVERY of FOREIGN ANTIGENS.**

258 **Foreign gene expression and metabolic stress.** It is clear from efforts to construct
259 attenuated live vaccines that disruption of the metabolism of a pathogen results in attenuation
260 and over-attenuation results in loss of immunogenicity. It therefore follows that attempts to
261 further engineer additional expression technologies into a candidate vaccine, which may further
262 impact already attenuated metabolic pathways, may destroy the efficacy of the resulting live
263 vaccine without sufficient attention being paid to maintaining the fitness of the vaccine strain.
264 This becomes a serious consideration in the development of live multivalent vaccines (hereafter
265 referred to as carrier vaccines) designed for immunization against several unrelated pathogens

266 by delivering additional protective antigens to the immune system. The efficacy of any live
267 carrier vaccine rests with its ability to present sufficient foreign antigen to the human immune
268 system to elicit the desired protective immune responses. However, unregulated expression of
269 foreign antigens diverts precious energy and metabolic resources away from the metabolism of
270 the vaccine and into synthesis of proteins from which the vaccine derives no selective
271 advantage either in growth or replication. As has been observed in clinical trials with RDAP
272 vaccines, after immunization, live vaccines undergo a limited number of replications which allow
273 limited colonization of lymphoid inductive sites to induce immune responses; further
274 compromise of the metabolism of the live vaccine by unrestricted synthesis of foreign antigens
275 will inevitably over-attenuate the vaccine and destroy immunogenicity.

276 The inevitable effect of foreign antigen synthesis on the metabolism of a live carrier
277 vaccine could in principle be exploited to reduce the reactogenicity and improve the safety of a
278 candidate vaccine with some residual reactogenicity (**Figure 1D**). While it is clear that over-
279 expression of a foreign antigen will over-attenuate the resulting carrier vaccine (**Figure 1E**),
280 careful attention to appropriate induction of foreign antigen synthesis, either by regulating the
281 timing, level of synthesis, or processing of the antigen could in principle restore the balance
282 between attenuation and immunogenicity to create a carrier vaccine with both excellent safety
283 and immunogenicity (**Figure 1F**).

284 The concept of over-expression of foreign antigens leading to attenuation of otherwise
285 metabolically fit organisms has been intentionally exploited recently to create carrier vaccines
286 directly from wildtype pathogens, a strategy referred to as Attenuating Gene Expression (AGE)
287 [27]. Support for this concept comes from the observation that over-expression of endogenous
288 native proteins such as flagella severely attenuates wildtype *S. Typhimurium* by disrupting the
289 bacterial outer membrane, resulting in elevated susceptibility to bile and an inability to replicate
290 within murine macrophages. Although attenuated, these engineered strains remained
291 immunogenic and conferred excellent protection against homologous challenge with fully

292 virulent *S. Typhimurium* [28]. Over-expression of native proteins was also confirmed to
293 attenuate *Y. pestis*, wherein over-expression the *caf* operon, encoding the essential virulence
294 capsule F1, was observed to dramatically reduce both intra-macrophage survival rates and the
295 infectivity of otherwise fully virulent *Y. pestis* [29]. Over-expression of the *caf* operon was
296 subsequently engineered as a foreign antigen gene cassette into wildtype *S. Typhimurium*,
297 resulting in a carrier strain with severely reduced survival in murine macrophages and complete
298 loss of virulence in mice. As expected, if expression of the *caf* operon was tightly regulated
299 using the native *Y. pestis* temperature regulated promoter, the resulting carrier strain displayed
300 excellent expression of the F1 capsule but also retained full virulence in mice [29]. Since such
301 over-expression of foreign proteins clearly exerts metabolic pressure on the carrier strain, a
302 selective advantage will arise for spontaneous deletion mutations arising that destroy foreign
303 antigen synthesis. Therefore, reliance solely on the AGE strategy for engineering carrier
304 vaccines will not be adequate and will require additional independently attenuating deletions to
305 ensure safety.

306 **Metabolic stress and instability of expression plasmids.** Expression and delivery of foreign
307 antigens by attenuated carrier vaccines can be accomplished either by plasmid-mediated
308 expression or by integration of foreign genes into the vaccine chromosome. When using
309 multicopy expression plasmids, induction of antigen expression can introduce sufficient
310 metabolic stress upon the carrier vaccine to result in a selective advantage for plasmid loss,
311 which eliminates this metabolic stress and allows a restoration of fitness. If rapid plasmid loss
312 occurs *in vivo* following immunization, antigen-specific immunity will be lost as well. Since the
313 use of antibiotics for plasmid maintenance (a practice commonly used under laboratory
314 conditions) is of little use *in vivo* and is currently discouraged by the Food and Drug
315 Administration for use with human oral vaccines, non-antibiotic strategies are needed for
316 ensuring plasmid maintenance *in vivo* and enhancing antigen-specific immunity. An effective
317 yet simple solution to this dilemma was devised in which a gene encoding an essential function

318 within the carrier vaccine was deleted from the chromosome and placed instead on a multicopy
319 expression plasmid. Loss of the plasmid would then result in a non-viable carrier vaccine,
320 thereby ensuring plasmid maintenance *in vivo* during limited replication and colonization of
321 inductive lymphoid tissues. When chromosomal targets for such deletions involve enzymatic
322 functions whose metabolic products can be added to the growth medium during *in vitro*
323 cultivation, construction of multivalent carrier vaccines becomes reasonably straightforward.
324 This strategy was exploited by Galán et al. [30] more than two decades ago by targeting a
325 metabolic pathway involved in the synthesis of the *S. Typhimurium* cell wall. The enzyme
326 aspartate β -semialdehyde dehydrogenase (Asd) is essential for the proper synthesis of the
327 bacterial cell wall and several amino acids [31], and loss of Asd activity results in lysis of the
328 bacterium resulting from an inability to correctly assemble the peptidoglycan layer of the cell
329 wall. Attenuated strains in which Asd-encoding plasmids have not yet been introduced can be
330 efficiently propagated by adding the metabolite diaminopimelic acid (DAP) to the growth
331 medium until Asd-stabilized plasmids have been introduced. Using this plasmid stabilization
332 strategy, attenuated strains of *S. Typhimurium* were constructed in which *asd* was encoded by
333 high copy number plasmids, and the resulting carrier strains were evaluated for plasmid
334 retention in orally immunized mice. For carrier strains recovered from deep tissues of
335 immunized mice, 99% of recovered vaccine organisms retained Asd-stabilized expression
336 plasmids *in vivo* (despite the very high copy number of these plasmids), compared to only 10%
337 of vaccine organisms retaining unstabilized lower copy number conventional plasmids after
338 recovery from mice [32].

339 This remarkably versatile strategy for plasmid maintenance was later expanded to
340 include non-catalytic proteins such as the single-stranded binding protein (SSB) which is
341 essential for DNA replication, recombination, and repair [33;34]. Since SSB produces no
342 metabolic products that can be added to cultures *in vitro*, chromosomal deletion of *ssb* required
343 the sequential use of temperature-sensitive suicide plasmids to establish this maintenance

344 system [35]. Use of SSB-stabilized plasmids in attenuated *S. Typhi* carrier vaccines ultimately
345 showed that antibody responses elicited in mice against foreign antigens delivered by *S. Typhi*
346 carrier vaccines were inversely related to the metabolic burden imposed by expression of the
347 foreign antigen, and that these responses were improved when antigens were expressed from
348 low-copy-number SSB-stabilized plasmids carried by less attenuated carrier vaccines [35].

349 **Minimizing metabolic stress by synchronizing antigen expression with metabolism.**

350 Success with plasmid maintenance systems that essentially guarantee plasmid stability *in vivo*
351 can quickly lead to additional problems with over-attenuation frequently associated with
352 plasmid-based delivery of foreign proteins. Due to the multicopy aspect of plasmids, when
353 foreign genes are induced there is a rapid rise in antigen synthesis (**Figure 2A**) [36] which tends
354 to slow growth rate and reduce the colonization capacity of the carrier vaccine due to the severe
355 diversion of metabolic resources [37]. Over the years, vaccine developers have created a
356 number of tools for reducing the effect of this antigen burst through tightly regulating control of
357 the transcription, translation, and export of foreign antigens. These techniques have been
358 reviewed elsewhere in considerable detail by ourselves [38-40] and other groups [41;42], and
359 will not be recapitulated here. Slightly more unconventional efforts to minimize the effects of
360 antigen burst have recently been reported in which an attempt is made to link the timing of
361 antigen synthesis directly to the physiology of the carrier vaccine.

362 One way to link the synthesis of foreign antigens to vaccine physiology is an extension
363 of the technique of regulated delayed attenuation, in which the timing of antigen synthesis is
364 intimately linked to replication of the vaccine *in vivo*. This strategy is referred to as regulated
365 delayed antigen synthesis (RDAS, **Figure 2B**) [43], and was created by engineering
366 modifications to the well characterized lactose repressor (LacI) transcriptional control system
367 frequently employed to control foreign antigen synthesis [44]. In the absence of lactose or other
368 synthetic sugar analogs, LacI binds to its cognate promoter and prevents transcription of the
369 downstream open reading frame; the binding of LacI to lactose or synthetic analogs causes an

370 allosteric shift in LacI conformation which derepresses transcription, with subsequent
371 commencement of foreign antigen synthesis. By replacing the natural *lacI* promoter with an
372 arabinose-controlled *araC* promoter, antigen synthesis is then linked to intracellular
373 concentrations of arabinose, in a strategy similar to the previously discussed delayed
374 attenuation system. Antigen synthesis is then ultimately linked to the replication and growth rate
375 of the bacterial strain, with diminishing intracellular concentrations of arabinose leading to a shift
376 in protein synthesis away from LacI expression and towards an increase in foreign antigen
377 synthesis (**Figure 2B**). Such an approach would theoretically allow remarkable diversity in the
378 timing of antigen delivery by a carrier vaccine. Antigen production in vaccine organisms
379 prepared in the presence of arabinose would be tightly repressed prior to immunization; after
380 oral administration, transient exposure to lactose after immunization could enable a quick but
381 temporary burst of foreign antigen production, with full and sustained induction occurring as the
382 vaccine grows and colonizes lymphoid tissues and intracellular LacI concentrations drop.

383 A thorough characterization of plasmid-based regulated delayed antigen synthesis in
384 attenuated *S. Typhimurium* carrier vaccines was described by Wang et al. [43], and this work
385 clearly demonstrated that the over-attenuating effects of poorly regulated antigen expression
386 from multicopy plasmids could be effectively overcome by an arabinose-controlled LacI-
387 mediated antigen gene expression system. When mice were orally immunized with RDAS
388 carrier vaccines delivering a protective pneumococcal surface protein (PspA) antigen from
389 *Streptococcus pneumoniae*, 52% of vaccinated animals were protected against challenge with
390 fully virulent *S. pneumoniae*, while only 21% of mice receiving vaccines constitutively over-
391 expressing the foreign antigen were protected [43].

392 In a related approach linking the timing of antigen synthesis directly to the physiology of
393 the carrier vaccine, initial studies have demonstrated the feasibility of controlling the timing of
394 foreign antigen expression encoded by chromosomally engineered expression cassettes,
395 without the need for plasmids. Although expression of foreign antigens exclusively from

396 chromosomally integrated gene cassettes offers the substantial advantage of minimizing any
397 metabolic burden associated either with multicopy expression plasmids or the foreign antigens
398 they encode, the challenge with this approach has been synthesizing sufficient levels of foreign
399 antigen capable of eliciting relevant immune responses despite the significant drop in copy
400 number of the cassettes encoding these antigens. Using a cassette encoding the model foreign
401 antigen green fluorescent protein (GFP), Wang et al. [36] described a novel chromosomal
402 expression strategy designed to compensate for the inherent disadvantage of lower gene
403 dosage (versus plasmid-based expression) by integrating a single GFP-encoding gene cassette
404 into multiple chromosomal sites already inactivated in an attenuated *S. Typhi* vaccine candidate.
405 Using GFP-encoding cassettes integrated into both *guaBA* (which displays growth-regulated
406 transcriptional control of antigen synthesis [45]) and *htrA* (which displays transcriptional control
407 of antigen synthesis in response to metabolic stress during growth [46]), cumulative synthesis of
408 GFP from these two integration sites was observed to be superior to single integrations. Most
409 importantly, it was demonstrated that GFP expression increased in a growth phase-dependent
410 manner, suggesting that foreign antigen synthesis could be “tuned” to the physiology of the
411 carrier vaccine [36]. This promising chromosomal expression technology is currently being
412 combined with plasmid-based expression from stabilized plasmids for delivery of several
413 protective antigens from *Y. pestis*, delivered by a single multivalent *S. Typhi* carrier vaccine.

414 **Site of antigen delivery and subsequent immune response.** In addition to tightly regulated
415 expression of foreign antigens, it is now clear that the manner in which these antigens are
416 delivered to the immune system can have a profound impact on the resulting immune
417 responses and ultimate success of a carrier vaccine. The induction and extent of mucosal,
418 humoral, or cellular immunity can be significantly influenced by whether foreign antigens are
419 expressed within the carrier vaccine or exported out of the live vaccine, as well as whether
420 antigens are expressed prior to host cell invasion or delivered by intracellular carriers. It is now
421 reasonably well established that antigen-specific humoral immunity can increase significantly

422 when antigens are exported either to the carrier surface or extracellularly into the surrounding
423 milieu, rather than remaining in the cytoplasm [47-49]. It has also been reported that cellular
424 immunity to surface antigens delivered by intracellular carriers is superior to immunity targeting
425 cytoplasmic antigens [50].

426 Cellular responses can also be improved by injection of foreign proteins from
427 intracellular carrier vaccines into the cytoplasm of antigen-presenting cells via *Salmonella* type
428 III secretion systems, a technique first described over a decade ago by Russmann et al [51].
429 Hegazy et al. [52] have further developed this approach by conducting a methodical analysis of
430 the translocation efficiency of a panel of SPI-2 effector proteins when used as carriers for
431 antigenic passenger domains fused to the carboxyl terminus of the SPI-2 carrier. They
432 observed that for *S. Typhimurium* carrier vaccines delivering passenger domains of listeriolysin
433 O (a protective antigen from *Listeria monocytogenes*) fused to SPI-2 effectors, translocation of
434 fusions into murine bone marrow-derived dendritic cells displayed varying efficiencies *in vitro*,
435 depending on the specific effector fusion involved. However, in mice orally immunized with
436 these carrier strains, stimulation of *L. monocytogenes* antigen-specific cytotoxic T-cells did not
437 strictly correlate with *in vitro* translocation efficiencies. This disparity may be a reflection of
438 artificial induction conditions used for *in vitro* expression, which may have little relevance to *in*
439 *vivo* microenvironmental induction conditions. However, it was clear from these studies that
440 choosing the right SPI-2 effector for translocation of a vaccine antigen can elicit robust levels of
441 cytotoxic immunity against intracellular pathogens.

442 **Antigen delivery by regulated lysis.** One rather extraordinary method for delivery of
443 intracellular antigens to lymphoid inductive sites is through outright lysis of the carrier vaccine to
444 release cytoplasmic contents including foreign proteins (depicted schematically in **Figure 2C**).
445 Success with this approach will depend on the timing of lysis, which must occur as vaccine
446 organisms are reaching inductive sites. Since delayed attenuation technologies proved that it
447 was possible to control the timing of induced attenuation to coincide with deep tissue

448 colonization and elicitation of protective immunity, it was considered plausible to adapt the
449 delayed phenotype strategy to achieve delayed lysis of a carrier vaccine and test the
450 immunogenicity of these novel constructs. Successful testing of this delayed lysis strategy was
451 first reported by Kong et al. [53] who genetically engineered a programmed lysis system based
452 on arabinose-controlled production of two key enzymes involved in the synthesis and
453 mechanical stability of the carrier vaccine cell wall. Diaminopimelic acid and muramic acid are
454 explicitly required to ensure the integrity of the peptidoglycan layer of the carrier vaccine cell
455 wall, and synthesis of these two components requires enzymes encoded by chromosomal *asd*
456 and *murA* genes respectively. The requirement for synthesis of aspartate β -semialdehyde
457 dehydrogenase (Asd) to ensure the integrity of the cell wall was first exploited for maintenance
458 of plasmids delivering foreign antigens (described above), with lysis of the vaccine resulting
459 from plasmid loss and cessation of Asd synthesis. To ensure complete lysis of vaccine
460 organisms and full release of cytoplasmic contents, arabinose-controlled synthesis of Asd was
461 coupled with additional arabinose-controlled synthesis of MurA. To establish exquisitely
462 stringent regulation of Asd and MurA synthesis, an arabinose-regulated anti-sense RNA system
463 was also engineered onto the antigen-expressing multicopy plasmid. In the absence of
464 arabinose, chromosomal transcription of both *asd* and *murA* ceased, as did transcription of an
465 additional chromosomally encoded repressor of the anti-sense-RNA system. Therefore,
466 cessation of both *asd* and *murA* transcription was simultaneously accompanied by induction of
467 high levels of antisense RNA synthesized from the expression plasmid, effectively blocking
468 residual translation from any lingering *asd* or *murA* transcripts. These concerted activities lead
469 to cell lysis and release of vaccine antigens [53]. In mice orally immunized with carrier vaccines
470 engineered for constitutive periplasmic synthesis of the *S. pneumoniae* protective PspA antigen,
471 coupled with delayed lysis to release PspA, excellent serum antibody responses against both
472 the foreign antigen and carrier-specific outer membrane proteins were reported. No viable
473 vaccine organisms were detected in host tissues after three weeks, demonstrating that these

474 engineered strains were able to proliferate long enough to stimulate humoral immunity but were
475 eventually completely cleared from the vaccinated host [53]. This last point may have relevance
476 to previous clinical trials in which orally administered *S. Typhimurium* WT05 vaccine strains
477 proved unacceptably attenuated and were shed for greater than three weeks from vaccinees [7].

478 The development of the delayed lysis strategy for carrier vaccines paves the way for
479 significant improvements in the use of carriers for delivery of DNA vaccines. Although several
480 early reports supported the feasibility of delivering DNA vaccines using attenuated carrier
481 strains to elicit immune responses [54-56], attempts to expand this vaccination strategy have
482 proven frustrating. The use of delayed lysis to improve DNA vaccine delivery and ensuing
483 immune responses has now been reported by Kong et al. [57]. In addition to the delayed lysis
484 strategy, additional vaccine modifications required for successful delivery of the DNA vaccine
485 involved: 1] increased expression of the SPI-1 activator HilA protein, resulting in a hyperinvasive
486 phenotype for the carrier strain to improve intracellular delivery of the DNA vaccine, 2]
487 inactivation of the SPI-2 effector protein SifA allowing *Salmonella* to escape from intracellular
488 vacuoles into the target cell cytoplasm, 3] inactivation of additional SPI-2 effectors which
489 normally induce apoptosis of eukaryotic cells by intracellular *Salmonella*, thereby allowing
490 sufficient time for DNA vaccines to traffic to the nucleus, and 4] insertion of multiple DNA
491 vaccine nuclear-targeting sequences to facilitate efficient delivery of the DNA vaccine to the
492 target cell nucleus after cytoplasmic lysis of the carrier. An optimized DNA vaccine encoding
493 the influenza hemagglutinin (HA) protective antigen, delivered by an optimized delayed lysis *S.*
494 *Typhimurium* carrier vaccine, induced complete protection in orally immunized mice against a
495 lethal intranasal challenge with 100 LD50s of fully virulent influenza virus [57]. Given that DNA
496 vaccines are virtually silent in carrier strains, plasmid-mediated metabolic attenuation of the
497 carrier is significantly reduced, and such vaccines have great potential in applications for which
498 conventional vaccination strategies have proven unsatisfactory.

499

500 **NOVEL APPLICATIONS of ENGINEERED VACCINES.**

501 **Engineered vaccines as “reagent strains”**. Aside from the conventional deployment of
502 engineered strains as live and carrier vaccines, several additional applications of these strains
503 have arisen which bear mention, including use in conjugate vaccine development and novel
504 approaches to cancer treatment and prevention. Conjugate vaccines represent a versatile
505 subunit vaccine strategy in which protective immunity can be targeted against capsular and
506 outer membrane polysaccharides of a variety of Gram-negative bacteria. Along with the
507 burgeoning interest in conjugate vaccines against pathogenic bacteria comes the problem of
508 economic and safe purification of the polysaccharide haptens and the carrier proteins from
509 which the conjugate vaccines are manufactured. Tennant et al. [58] have recently reported the
510 development of “reagent strains” which have been specifically engineered for efficient
511 purification of conjugate components from a single attenuated strain. These reagent strains can
512 then be used to develop homologous conjugate vaccines comprised of purified endotoxin-free
513 core-O-polysaccharides (COPS) chemically conjugated to purified flagellin monomers. Given
514 the simplicity of the approach, this technique was applied to the engineering of reagent strains
515 derived from both *S. Typhimurium* and *S. Enteritidis* pathogens. The engineering of these
516 reagent strains was accomplished with three key steps in which fully virulent pathogens were
517 first rendered auxotrophic for guanine by deletion of the chromosomal *guaBA* locus, followed by
518 a deletion of a master *clpP* regulatory locus which resulted in hyperflagellation of the reagent
519 strain. The final critical engineering step involved deletion of a FliD capping protein involved in
520 the polymerization of flagellin monomers into fully functional flagella; in the absence of FliD,
521 flagellin monomers were exported into the surrounding medium and could be efficiently purified
522 away from intact bacteria. When evaluated in mice, Simon et al. [59] observed that conjugate
523 vaccines developed against *S. Enteritidis* generated robust flagellin-specific antibody responses
524 and higher anti-LPS IgG responses than observed in mice immunized only with unconjugated
525 COPS. Most importantly, in mice challenged with fully virulent *S. Enteritidis*, conjugate vaccines

526 conferred 100% protection in vaccinated mice receiving fractional doses down to 0.25 μ g, and
527 90% efficacy in mice immunized with as little as 25 ng of conjugate vaccine [60]. Genetically
528 engineered reagent strains therefore represent a remarkably straightforward method from which
529 highly immunogenic homologous flagellin-based conjugate vaccines can be safely and
530 economically manufactured from a single attenuated strain.

531 **Engineered vaccines as interventions against cancer.** Another intriguing application of
532 engineered strains targets development of therapeutic interventions against metastatic cancer.
533 Vendrell et al. [61;62] have described in two recent studies, encouraging results using an
534 engineered *S. Typhi* attenuated vaccine candidate as a therapeutic intervention to promote
535 tumor reduction when injected directly into the tumor and surrounding draining lymph nodes.
536 This approach was used in mouse models of breast cancer [61] and T-cell lymphoma [62], and
537 in both cases resulted in significant infiltration of activated neutrophils not observed with
538 untreated tumors. A reduction in invasion of tumor cells into nearby tissue, along with a
539 reduction of potentially immunosuppressive T_{reg} cells into the draining lymph nodes,
540 accompanied delayed development of metastases and increased survival times in both studies
541 as well. In the case of immunotherapy against the mammary adenocarcinoma, significant
542 infiltration of neutrophils was observed in necrotic areas that formed micro-abscesses [61].
543 Remarkably, immunotherapy with the metastatic T-cell lymphoma resulted in complete tumor
544 regression in 10% of treated animals (3 out of 30 treated), which engendered tumor-specific
545 immunity when rechallenged with the homologous tumor (in 2 of the 3 re-challenged animals)
546 [62]. Interestingly, although the attenuated vaccine strain was engineered to be dependent on
547 guanine for growth, viable organisms were recovered from tumor tissues for up to 7 days after
548 injection in both studies; it was hypothesized that a nutrient-rich environment required by a
549 rapidly growing tumor might provide just enough benefit to vaccine organisms to enhance
550 persistence, which could theoretically enhance antitumor inflammatory responses and promote
551 tumor-specific cytotoxicity either directly or indirectly.

552 In addition to therapeutic interventions, work has also progressed in the development of
553 attenuated *Salmonella* carrier strains as therapeutic vaccines that target adaptive immunity in
554 addition to innate immunity for resolution of tumors. Xiong et al. [63] have reported the
555 construction of attenuated *S. Typhimurium* carrier vaccines for intracellular delivery of an
556 important tumor associated antigen, survivin, which is involved in tumor persistence,
557 proliferation, and invasion [64]. In these carrier vaccines, delivery of survivin is accomplished by
558 fusion to the T3SS SPI-2 effector protein SseF, which is translocated into host antigen
559 presenting cells to elicit antitumor activity. In this study, comparison of several strains
560 combining various deletion mutations to achieve attenuation demonstrated that properly
561 attenuated carrier vaccines were able to inhibit tumor growth in orally immunized mice
562 subcutaneously challenged with colon carcinoma cells or challenged by intracranial injection of
563 glioblastoma cells. The antitumor efficacy of these carrier vaccines was further improved in this
564 work by enhancing innate immunity through intraperitoneal co-administration of a ligand
565 adjuvant to stimulate natural killer T-cells [63].

566 Live attenuated cancer vaccines have also shown promise in a Phase 1 clinical trial in
567 which an attenuated strain of *Listeria monocytogenes* was evaluated in patients with late stage
568 metastatic cervical cancer. In this study [65], a streptomycin-resistant strain of *L.*
569 *monocytogenes* was attenuated by chromosomal deletion of an essential gene encoding a
570 master virulence regulator (PrfA), which was then placed on a multicopy plasmid to enhance
571 plasmid retention *in vivo*. Incomplete plasmid-based complementation of the chromosomal *prfA*
572 deletion mutation was reported to attenuate pathogenicity by 4-5 logs [66]. This expression
573 plasmid further encoded export of the human papillomavirus oncoprotein E7 (HPV-16 E7) fused
574 to listeriolysin O [67]. The carrier vaccine proved somewhat reactogenic in all patients receiving
575 intravenous infusions of two doses ranging from 1×10^9 to 1×10^{10} CFU and spaced three
576 weeks apart. However, 30% of patients experienced a reduction in tumor size, and overall

577 median survival was 347 days, versus a median survival time of 6-7 months for patients treated
578 by more conventional methods.

579

580 **CONCLUSIONS**

581 In this review, we have not attempted to provide an exhaustive recapitulation of
582 engineering techniques and strategies currently available for constructing attenuated live strains
583 and carrier vaccines. Rather, we have been intentionally selective in citing examples that
584 effectively illustrate the fundamental and central theme of this review in which we stress the
585 importance of metabolic fitness and its impact on the immunogenicity and protective efficacy of
586 live vaccines. We have highlighted a wide array of engineering techniques and strategies which
587 when properly and carefully applied can achieve the critical balance between safety and
588 immunogenicity that ultimately determines the success or failure of live vaccines in clinical trials.
589 We believe that with the availability of sufficient genomic data and armed with relevant data on
590 mechanisms of pathogenicity, today's vaccine developers may be constrained only by
591 imagination and persistence in creating highly immunogenic live attenuated vaccines against an
592 ever-increasing variety of emerging diseases of importance to public health.

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602 **ACKNOWLEDGEMENTS**

603 We are grateful to Sharon Tennant, Marcela Pasetti, and Josephine Clark-Curtiss for critically
604 reviewing the manuscript. This work was funded by grant U01 AI077911 (J.E.G.) and R01
605 AI060557 (R.C).

606

607 **CONFLICT of INTEREST STATEMENT.** Neither author has any financial or personal
608 relationships with any other people or organizations that could inappropriately influence the
609 integrity of this work.

610

611 **FIGURE LEGENDS**

612 **Figure 1. Balancing reactogenicity and immunogenicity in the development of live**
613 **vaccines.** Both the safety and immunogenicity of a live bacterial strain are schematically
614 represented in the left and right sides of each panel as a gradient of values. For safety, the
615 gradient extends from a region of unacceptable reactogenicity (red zone denoted by “R”) to a
616 region of acceptable non-reactogenicity (green zone denoted by “NR”); similarly, for
617 immunogenicity, the gradient extends from a region of minimal immunogenicity (red zone
618 designated as non-immunogenic, “NI”) to the desired region of immunogenicity (green zone
619 designated as immunogenic, “IM”). **Panels A-C** schematically represent construction of a
620 properly attenuated vaccine strain; and **Panels D-F** represent construction of a carrier vaccine
621 expressing additional protective antigens from unrelated pathogens. In this graphic, pathogenic
622 organisms are represented by **Panel A**, over-attenuated vaccine strains engineered from
623 pathogens are represented by **Panel B**, and properly engineered attenuated vaccines are
624 represented by **Panel C**. Given that expression of a foreign antigen can elevate metabolic
625 burden and increase attenuation, starting with a slightly reactogenic vaccine candidate (**Panel**
626 **D**) and over-expressing a foreign antigen (purple filled circle labeled “Ag”) will tip the balance
627 and result in a safe but non-immunogenic live vaccine (**Panel E**), while expression of sufficient

628 levels of foreign antigen to elicit immunogenicity without over-attenuating the carrier strain will
629 yield both a safe and immunogenic carrier vaccine (**Panel F**).

630

631 **Figure 2. Strategies for developing safe and immunogenic carrier vaccines.** Candidate
632 live vaccines are depicted as elongated circles, and the degree of attenuation is represented by
633 shades of blue in which deep shades represent non-attenuated strains with shades becoming
634 paler with increasing attenuation. Production of foreign antigen is depicted as red dots.
635 Immunization is represented as a black arrow extending across a vertical black line labeled
636 “host barriers”. **Panel A** depicts conventional strategies in which an attenuated strain is
637 engineered for tightly regulated expression of genes encoding foreign antigens after reaching
638 inductive sites within the host, resulting in a burst of antigen synthesis and an increase in
639 attenuation of the carrier vaccine. **Panel B** depicts the combined strategies of Regulated
640 Delayed Attenuation Phenotype (RDAP) and Regulated Delayed Antigen Synthesis (RDAS).
641 Fully invasive carrier vaccines are used for immunization, which undergo limited replication and
642 become increasingly attenuated with each round of replication (RDAP). As replication proceeds
643 and attenuation increases, synthesis of foreign antigen also begins to increase as vaccine
644 organisms reach lymphoid inductive sites (RDAS). Progression of both attenuation and antigen
645 synthesis is inextricably linked *in vivo* to depletion of intracellular levels of arabinose as limited
646 replication proceeds (see text for further details). **Panel C** depicts the combined strategies of
647 RDAP and regulated delayed lysis to improve delivery of foreign antigens (or DNA vaccines) to
648 immune inductive sites. As replication proceeds and attenuation increases (RDAP), regulated
649 induction of foreign antigen synthesis begins, accompanied by complete lysis and release of
650 cytoplasmic contents into antigen presenting cells as vaccine organisms reach lymphoid
651 inductive sites (see text for more details).

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Figure 1-revised
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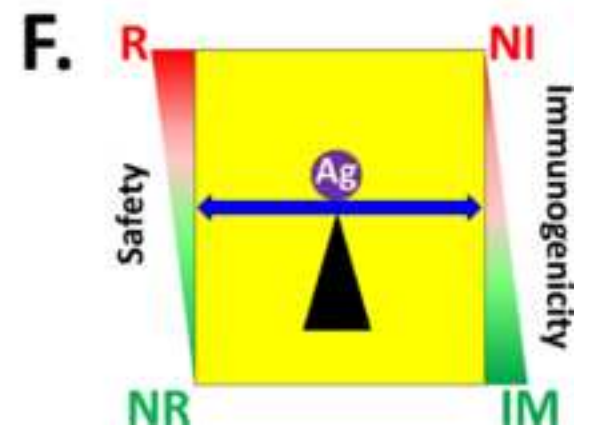
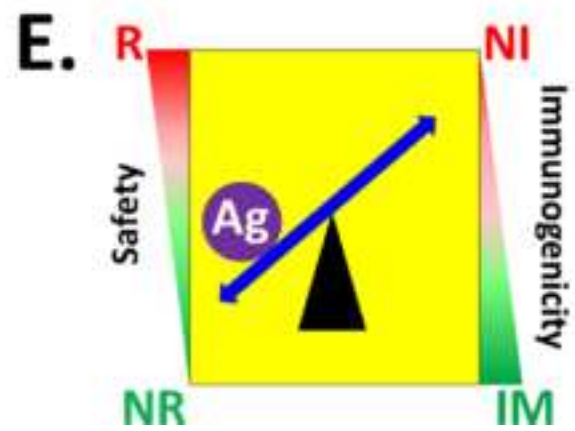
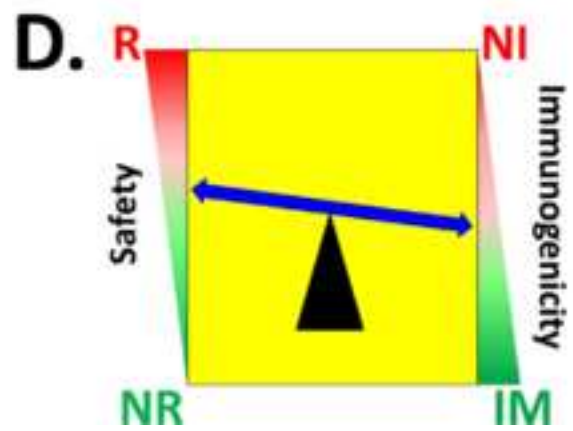
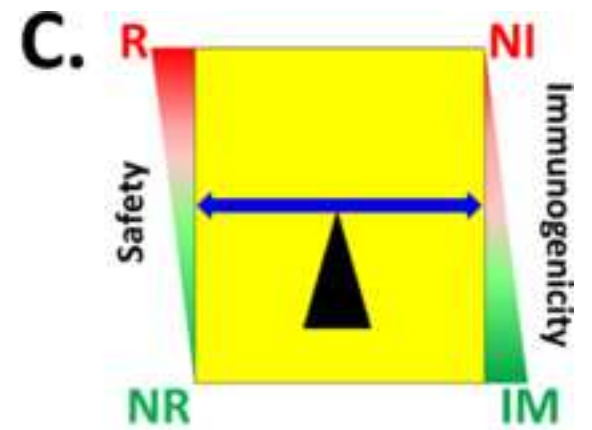
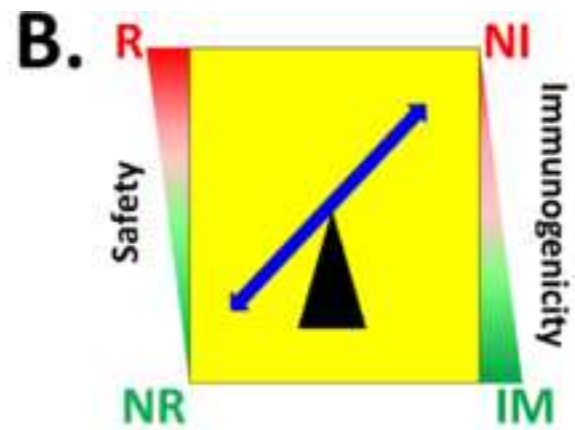
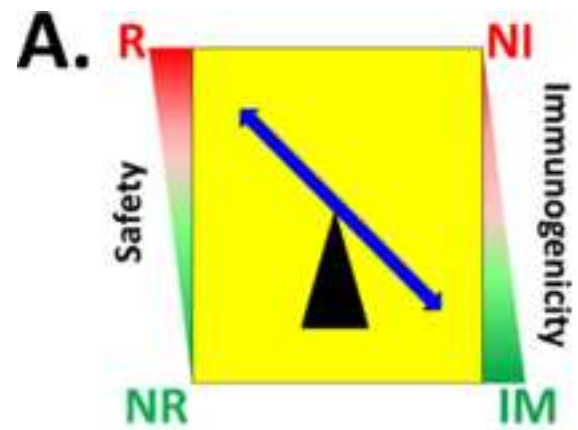


Figure 2
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